Empower. Grow. Lead.

Soar believes that every student has the potential to become a leader in their community and the right to unleash this potential.

The Soar Mentorship Program advances this mission by providing a strong support system for students to develop their self-confidence, entrepreneurial spirit, and civic contributions.

In addition, Soar provides a safe space that encourages students to explore new values and perspectives, while learning how to respectfully challenge others.

Soar has prepared an exciting curriculum this year that focuses on innovation, creativity, and leadership. Each lesson challenges students to problem solve, make informed decisions, and collaborate effectively.

For more information about the program or how to become a mentor, please contact:

Adal Regis, Co-Founder <u>SoarRegis@gmail.com</u>





Youth Mentorship Program

Nyack Middle School

Program

Soar is an after-school mentoring program designed to support and uplift youth of color.

Vision

By leveraging mentorship, positive role models, and collaboration, Soar advances the lives of students in three areas:

- 1 Academic Excellence
- 2 Community Engagement
- Personal and Leadership

 Development



With assistance from the district and with help from key stakeholders in the community, Soar will provide its participants with the lift necessary to put them on equal footing with their peers.

The 3 Pillars

Academic Excellence: In an effort to promote academic success, students will be matched with a mentor who will be heavily engaged in assisting them overcome any academic challenges they may face. Mentors and Program Directors collaborate to create a personalized Academic Action Plan for each student. In addition, students will receive tutoring and homework assistance from Mentors during each session.

Personal Development: Students will build strong and trusting relationships with the mentors. Community building and a reliable support system will encouraged students to express themselves freely, build healthy selfesteems, and foster emotional development.

Community Engagement: Students will learn the importance of community, altruism, and making social impact. Through community service projects, students will build healthy relationships with the community in which they live. Most of Soar's mentors are community leaders themselves and will serve, not only as role models, but also as a bridge to community partnerships for students. Additionally, mentees will engage in productive activities that will challenge their imagination and creativity while uncovering their natural talents.

Structure

This year-long program meets two days a week for two hours each: Tuesday and Thursday, between 3:00-4:50pm. The first hour is a Tutoring Hour where students will complete their homework with the assistance of the mentors. During the second hour, students will engage in dynamic and educational lessons that each focus on an important theme, while also advancing Soar's core values.