## **Examples of Effective Consequences**

## **Loss of Privileges**

- ✓ A parent takes a privilege away from the child to deal with disobedience.
- ✓ It is best if the privilege that you take away is related to the command you are giving but if not, you can take away any privilege that your child enjoys, like TV and videogames.
  - If you do not play gently with the blocks, I will take the blocks away.
  - If you do not share your cars with your sister, I will put the cars away.
  - o If you do not clean up your toys, you cannot watch TV.
- ✓ Be sure to give the child a warning and a second chance to stop the misbehavior before taking away the privilege.
- ✓ Loss of privilege should be for no more than 1 hour for young children.

## Natural or logical consequences to misbehavior

- ✓ A parent allows the child to suffer the consequences that naturally/logically occur from misbehavior.
  - If child is rough with her toys and breaks one, she then has a broken toy (parent should not replace it)—Natural
  - If child does not complete her morning routine on time, she does not have time to watch TV before school—Natural
  - If a child rips up his brother's coloring book, he has to give his brother his intact coloring book—Logical