Breakfast Menu

Pearl River Middle School



WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Whole Grain French Toast Slices Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	2 Ham Egg & Cheese Sandwich P Whole Grain Bagel with Cream Cheese P Yogurt Breakfast Pack P 100% Orange Tangerine Fat Free Chocolate	Sausage and Egg Sandwich Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk
6 Egg and Cheese Sandwich Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	7 Sausage and Egg Sandwich Yogurt Breakfast Pack (2) 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	8 Blueberry Muffin Egg and Cheese Sandwich Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk	9 Ham Egg & Cheese Sandwich P Whole Grain Bagel with Cream Cheese P Yogurt Breakfast Pack P 100% Orange Tangerine Fat Free Chocolate	10 Whole Grain French Toast Slices Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk
Sand Cheese Sandwich Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	14 Blueberry Muffin Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	15 Egg and Cheese Sandwich Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	16 Ham Egg & Cheese Sandwich P Whole Grain Bagel with Cream Cheese P Yogurt Breakfast Pack P 100% Orange Tangerine Fat Free Chocolate	17 Ham Egg & Cheese Sandwich P Yogurt Breakfast Pack P 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk
Sausage and Egg Sandwich Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	21 Chocolate Chip Muffin Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	22 Whole Grain French Toast Slices Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk	23 Ham Egg & Cheese Sandwich P Whole Grain Bagel with Cream Cheese P Yogurt Breakfast Pack P 100% Orange Tangerine Fat Free Chocolate	24 Maple Mini Waffles Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk Apple Slices
27 MEYORIAL Whitsons is Simply Po	28 WW Honey Bun Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk Apple Slices	29 Blueberry Muffin Egg and Cheese Sandwich Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk	30 Ham Egg & Cheese Sandwich P Whole Grain Bagel with Cream Cheese P Yogurt Breakfast Pack P 100% Orange Tangerine Fat Free Chocolate	Sausage and Egg Sandwich Yogurt Breakfast Pack 100% Orange Tangerine Fat Free Chocolate Milk 1% Milk
our menus are nutritiou	us and flavorful. View this menu	Breakfast Prices	Availab	le Daily

on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, sea-

food, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law

Regular: \$2.00 Reduced: \$0.00 Adult Breakfast \$3.00 plus Tax Milk Student \$.75

Available Dally

Assorted Reduced Sugar Breakfast Cereals Apple and Orange Juice Fresh Fruit (Apples and/or Oranges) Mixed Fruit

If you have any questions, please contact your food

service director Mike Canzone Adult Milk \$.75 Plus Tax

and U.S. Department of Agriculture (USDA)

Wegetarian

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