

# Curriculum to Help You Develop Social & Emotional Learning Skills

Save Time - Increase Engagement - Make a Difference



*Are You Struggling to Find a Curriculum That Really Works?*

- Is it time to engage your students in a whole new way?
- Do you need a curriculum that will save you time and produce results?
- Is it difficult to get teachers to adapt and engage with a new generation of students?

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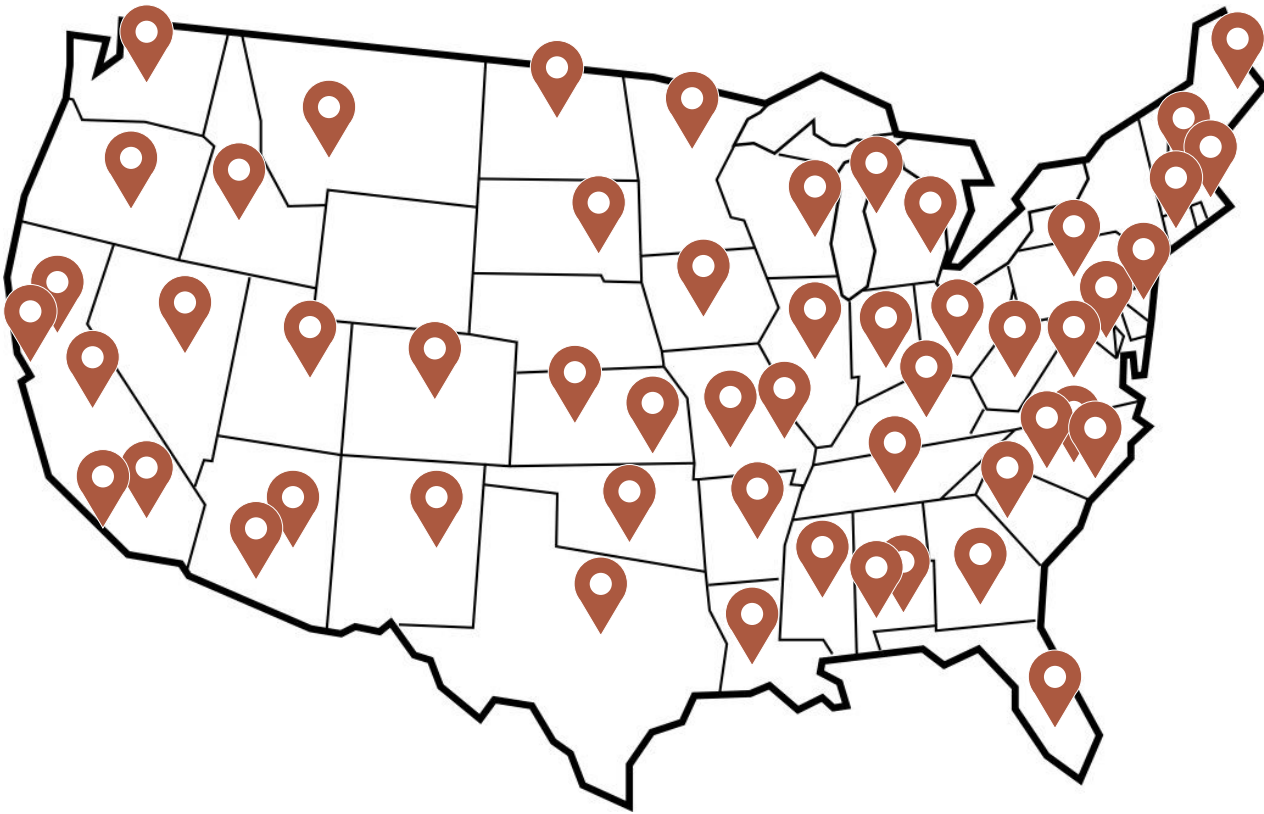
**Growing Leaders can help.**



**GROWING LEADERS**

# What We Do

Growing Leaders is a nonprofit organization that has equipped more than 10,000 schools and organizations worldwide with innovative tools and resources that develop skills in students to get them ready for real life.



*Growing Leaders is currently in 46 of the 50 states.*

Our most popular resource is the image-based leadership curriculum **Habitudes**.

**Habitudes** combines images, relatable stories, and experiences into leadership and life skills development for today's students

# *What is included with the Habitudes Curriculum?*



**Flexible  
Lesson Plans**



**Student & Teacher  
Training Videos**



**Customizable  
Slide Decks**



**Group  
Activities**



**Movie Clip  
Suggestions**



**Quick Start  
Lesson Guide**

*“Habitudes has it all. It has the implementation of why we’re doing this and the why behind ‘you should have integrity.’ We found something that the kids are hooked on immediately.”*

*- Julie Diaz, Principal of Travis High School*

# What Makes Habitudes for Social & Emotional Learning So Different?

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One course in the *Habitudes* series is *Habitudes for Social & Emotional Learning*. This course uses unique modules to teach life and leadership skills to students in a way that they will actually enjoy, engage with, and see results from. Each lesson follows a customized formula to best engage the Generation Z student. This simple formula is as follows:



**Engage** - Start with an opening activity to capture your participants' attention.



**Connect** - Ask critical questions to get participants to connect with the lesson.



**Habitude** - Teach the image by either showing the video or sharing the summary and a key story.



**Converse** - Utilize the discussion questions to start a class-wide conversation about the principle.



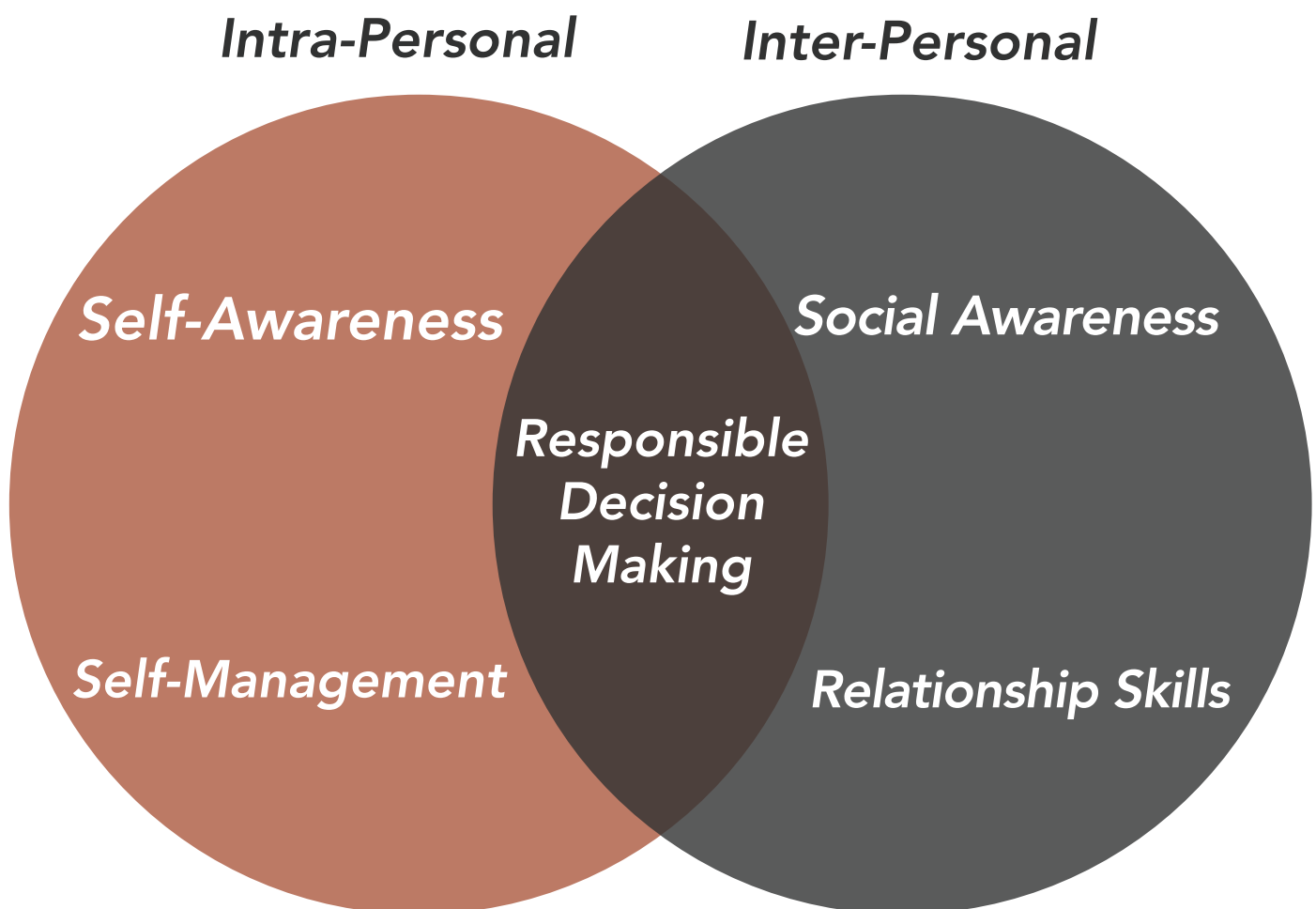
**Personalize** - Help your participants figure out how they will apply the Habitude to your context.



**Illustrate** - Cast a vision for how our world would change if everyone practiced this principle.

# ***Why Social & Emotional Learning?***

**Social and Emotional Learning (SEL) is the process through which people acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.**





# An Overview of Habitudes for Social & Emotional Learning

Teachers will be provided with facilitator materials to teach the following competencies:

## Course #1

- Identifying Emotions
- Accurate Self-Perception
- Recognizing Strengths
- Self-Efficacy
- Impulse Control
- Stress Management
- Self-Discipline
- Perspective-Taking
- Respect for Others
- Social Engagement
- Relationship-Building
- Evaluating Decisions
- Ethical Responsibility

## Course #3

- Empathy
- Appreciating Diversity
- Respect for Others
- Communication
- Social Engagement
- Relationship Building
- Team Work
- Perspective-Taking

## Course #2

- Self-motivation
- Goal Setting
- Organization Skills
- Impulse Control
- Stress Management
- Self-Discipline
- Identifying Emotions
- Accurate Self-Perception
- Recognizing Strengths
- Self-Confidence
- Self-Efficacy

## Course #4

- Identifying Problems
- Analyzing Situations
- Solving Problems
- Evaluating
- Reflecting
- Ethical Responsibility
- Relationship Building
- Self-Motivation
- Impulse Control
- Identifying Emotions

*"Habitudes was a great experience because we bonded as a class. I'm glad that the program was created because I can use it in my everyday life."*

**- Zayda, High School Student**

*"Habitudes affords me the opportunity to build deeper relationships with my students. The lessons are extremely relatable for both myself and my students. Almost every lesson sparks to areas where everyone could stand some improvement."*

**- Ashley, Middle School Teacher**

*"We are seeing students from all demographic engage in Habitudes lessons and having conversations on how to prepare for their life ahead of them."*

**- Billy, High School Principal**

# Course Implementation & Breakdown

The Habitudes for Social & Emotional Learning curriculum is divided into four individual courses. These courses were designed to be implemented over the course of three or four years. The charts below show the various implementation options available for using this curriculum:

	Year 1	Year 2	Year 3	Year 4
<b>Grade:</b>				
<b>6th</b>	Course 1	Course 1	Course 1	Course 1
<b>7th</b>	Course 1	Course 2	Course 2	Course 2
<b>8th</b>	Course 1	Course 2	Course 3	Course 3 Course 4

	Year 1	Year 2	Year 3	Year 4
<b>Grade:</b>				
<b>9th</b>	Course 1	Course 1	Course 1	Course 1
<b>10th</b>	Course 1	Course 2	Course 2	Course 2
<b>11th</b>	Course 1	Course 2	Course 3	Course 3
<b>12th</b>	Course 1	Course 2	Course 3	Course 4

# Training Options

In order to access the Habitudes teaching resources, we require a teacher training. These training options are designed as catalytic sparks to help you fully understand and maximize the implementation of Habitudes. Here are your three options for trainings:

(Click on option to learn more)



## Option #1

**Habitudes Intensive**  
**\$549**

## Option #2

Includes FREE Habitudes Intensive ticket. Valued at \$549.

### Virtual Training

1-4 people: 5+ people:  
**\$850 \$1,450**



## Option #3

**In-Person Kickoff Event**  
**\$4,500**  
(all-inclusive)





# Curriculum Pricing

Pricing for Habitudes for Social & Emotional Learning is based upon the number of students in your school or district. The investment is all-inclusive which means any teacher in your school will be able to access the teaching materials through our online platform, HabitudesOnline. The prices below are for an annual subscription where instructors can access all of the resources needed to develop social and emotional learning skills in your students.

<b>Number of Students</b>	<b>1st Course</b>	<b>Additional Course(s)</b>
1-30	\$299.00	\$299.00
31-60	\$500.00	\$299.00
61-150	\$750.00	\$299.00
150-300	\$1000.00	\$299.00
301-500	\$1750.00	\$299.00
501-1000	\$2500.00	\$299.00
1001-2000	\$3500.00	\$299.00
2001-3000	\$4500.00	\$299.00
3001-4000	\$5500.00	\$299.00

**Request a Custom Quote Today**

E-mail Number of Students & Option Number (previous page) to [Impact@growingleaders.com](mailto:Impact@growingleaders.com) or call 770-495-3332 to receive your quote