
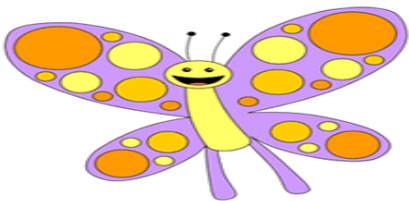


		Island Park Union Free School District LINCOLN ORENS MIDDLE SCHOOL MAY 2024 Lunch Menu		
Monday	Tuesday	Wednesday	Thursday	Friday
		1-May	2-May	3-May
		Chicken Tenders (S,W) Seasoned Rice (-) Carrots (-) Fresh Fruit/Fruit Cup	Pizza (M,S,W) Green Bean Salad (S) Fresh Fruit/ Fruit Cup	Brunch For Lunch Waffles (E,M,S,W) Cheese Stick (M) Fries (S) Fresh Fruit/Fruit Cup
6-May	7-May	8-May	9-May	10-May
Fiestada Beef Stuffed Sandwich (M,E,S,W) Seasoned Rice (-) Fiesta Bean Salad (S) Fresh Fruit/Fruit Cup	Grilled Cheese (M,W) Carrots (-) Fresh Fruit/Fruit Cup	Tangerine Chicken (E,S,W) Seasoned Rice (-) Broccoli (-) Fresh Fruit/Fruit Cup	Pizza (M,S,W) Tossed Salad (-) Fresh Fruit/Fruit Cup	Brunch For Lunch French Toast (E,M,S,W,SM) Sausage Pattie (-) Fries (S) Fresh Fruit/Fruit Cup
13-May	14-May	15-May	16-May	17-May
Chicken Pattie (S,W) on a Bun (S,W) Carrots Sticks (-) Fresh Fruit/Fruit Cup	Baked Pasta (W) w/Cheese (M) Broccoli (-) Fresh Fruit/Fruit Cup	Hamburger (S) on a Bun (S,W) Vegetarian Beans (-) Fresh Fruit/Fruit Cup	Pizza (M,S,W) Tossed Salad (-) Fresh Fruit/ Fruit Cup	Brunch For Lunch Pancakes (E,M,S,W) Canadian Ham (-) Fries (S) Fresh Fruit/Fruit Cup
20-May	21-May	22-May	23-May	24-May
Chicken Tenders (S,W) Sweet Potato Fries (S) Fresh Fruit/Fruit Cup	Mozzarella Sticks (M,W) Marinara Sauce (-) Fiesta Bean Salad (S) Fresh Fruit/Fruit Cup	Meatballs (S,W) w/Brown Gravy (-) Noodles (E,W) Green Beans (-) Fresh Fruit/Fruit Cup	Pizza (M,S,W) Tossed Salad (-) Fresh Fruit/ Fruit Cup	Brunch For Lunch Waffles (E,M,S,W) Sausage Pattie (-) Fries (S) Fresh Fruit/Fruit Cup
27-May	28-May	29-May	30-May	31-May
		Chicken Nuggets (S,W) Sweet Potatoes (-) Fresh Fruit/Fruit Cup	Pizza (M,S,W) Green Bean Salad (S) Fresh Fruit/Fruit Cup	Brunch For Lunch Egg Pattie (E,M,S) on a Roll (W) Sausage Pattie (-) Fries (S) Fresh Fruit/Fruit Cup
BREAKFAST AND LUNCH ARE FREE				
ALL MEALS SERVED WITH A CHOICE OF 1% LOWFAT, FAT FREE OR FAT FREE CHOCOLATE MILK				
LUNCH PRICE - FREE		BREAKFAST PRICE - FREE		
A La Carte items available for purchase:		Water, Juice, Bagged Chips, Ice Cream		
A COMPLETE MEAL INCLUDES:				
Whole Grain Bread/Grain, Meat/Meat Alternative, Choice of Vegetable, Choice of Fruit, Choice of Milk A minimum of THREE components must be chosen, ONE must be a fruit or vegetable				
Sandwiches available DAILY - Turkey, PBJ, Cheese, Tuna Salad, Egg Salad Weekly rotating alternate choices - Ham, Bologna, Salami				
Menu Key references for specific Allergens: M-Milk, SF-Seafood, P-Peanut, E-Egg, T-Treenut, S-Soybean, F-Fish, W-Wheat, SM-Sesame				
Menu subject to change without notice		This institution is an equal opportunity provider and employer		