March 2023 **Breakfast Menu**

Elementary and Middle School

Student Breakfast - \$2.00 Adult Meals - \$2.71+tax

Milk Choice:

Daily Offerings: Assorted Cereals (Cheerios & Lucky Charms)

*Accommodations for Special **Dietary Needs are Available** only to students with an annually completed "Special Dietary Needs Medical

Any questions please email: rosenthal-liana@aramark.com

WG- Whole Grain WW- Whole Wheat

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Mini WW Bagel

String Cheese

Apple Slices

Orange Juice



Mini WG Waffles

Banana

Apple Juice

Apple Nutri Grain Bar WG String Cheese Banana Orange Juice

Assorted Cereal Bowl

(Cheerios, Trix Reduced

Sugar, Lucky Charms)

Orange Wedges

Apple Juice

WG Apple Cinnamon Muffin Served with Graham Crackers Banana Orange Juice

WG Blueberry Muffin

Served with

Graham Crackers

Banana

Orange Juice

Strawberry WG **Toaster Pastry** String Cheese Orange Wedges Apple Juice

Yogurt Parfait

(Strawberries, Granola)

Apple Slices

Orange Juice

Skim, 1% or Fat Free Chocolate (Hormone & Antibiotic Free)

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Statement Form"

Menu is subject to Change

WG Apple Cinnamon Muffin Served with Graham Crackers Banana Orange Juice

14

Strawberry WG Toaster Pastry String Cheese Orange Wedges Apple Juice

15

Yogurt Parfait (Strawberries, Granola) Apple Slices Orange Juice

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2

9

Mini WW Bagel String Cheese Apple Slices Orange Juice

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10

Assorted Cereal Bowl (Cheerios, Trix Reduced Sugar, Lucky Charms) Orange Wedges Apple Juice

20

Yogurt Parfait (Strawberries, Granola) Apple Slices Orange Juice

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WG Blueberry Muffin Served with Graham Crackers Banana Apple Juice

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Mini WW Bagel String Cheese Apple Slices Orange Juice

23

Assorted Cereal Bowl (Cheerios, Trix Reduced Sugar, Lucky Charms) Orange Wedges Apple Juice

24

Mini WG Waffles Banana Apple Juice

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Strawberry WG Toaster Pastry String Cheese Orange Wedges Apple Juice

28

Yogurt Parfait (Strawberries, Granola) Apple Slices Orange Juice

29

Assorted Cereal Bowl (Cheerios, Trix Reduced Sugar, Lucky Charms) Orange Wedges Apple Juice

30

WG Blueberry Muffin Served with Graham Crackers Banana Apple Juice

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Mini WW Bagel String Cheese Apple Slices Orange Juice