

Steger School District 194

Menus for FEBRUARY 2021

Menus are subject to
change.

Monday, February 1

Breakfast
Cereal Kit

Lunch

Macaroni and Cheese
Fruit Cup
Broccoli
Milk

Tuesday, February 2

Breakfast
Cereal Kit

Lunch

Grilled Cheese
Fruit Cup
Carrots
Milk

Wednesday, February 3

Breakfast
Cereal Kit

Lunch

Chicken Nuggets
Fruit Cup
Cauliflower
Milk

Thursday, February 4

Breakfast
Cereal Kit

Lunch

Taco Salad
Fruit Cup
Black Beans
Milk

Friday, February 5

Breakfast
Cereal Kit

Lunch

Calzone
Fruit Cup
Corn
Milk

**The original value meal is
more valuable than ever!**

All of our complete meals are
NO CHARGE
for all students
Through June 8, 2021.
Available in schools if open or
at any remote serving location.

★ OUR NATION'S HISTORY ★

During the winter of 1919, Boston, Massachusetts, was devastated by a flood – but there was no water involved at all.

A fifty-foot tall wooden tank that held molasses broke apart, sending a forty-foot wave of the thick, dark sugary liquid hurtling through part of the town like a giant tsunami. The gooey wave of 2.3 million gallons of molasses moved at 35 miles per hour, killing 21 people and injuring many hundreds more.



The water in the harbor was still brown six months later, and some Bostonians swear that, on a warm summer day, you can still smell molasses in the air. Among the books for kids written about the disaster is *The Great Molasses Flood* by Beth Wagner Brust.

★ WITH LIBERTY & JUSTICE FOR ALL ★

Please cash the check!

Did you cash a stimulus check during the last year? Most folks did. Since March 2020, a number of steps have been taken to try to cushion the effect the pandemic has had on a lot of our families and our economy in general. But another “stimulus check” was issued to all of us that some have NOT cashed: no-charge School Meals for everyone up to the age of 18! School systems may be holding classes in person, on-line, or some combination of the two, so your free meals may be available at school, for curbside pick-up, or by some other means. But however you get the meals, we urge you to take advantage of THIS stimulus effort, too. Your family gets access to no-charge meals at school (and/or ready-to-eat food and heat-at-home meals through curbside distribution), plus lots of fresh fruit, veggies, milk, and more. AND you help support our farmers and other businesses that provide the food while at the same time helping our local child nutrition program and our school system weather the storm. See the details for our schools on this page and plan to use this fantastic resource during this trying time. For the good of your family, our schools, and our community, please cash this stimulus check, too!

School Meals
We serve education every day™

CURBSIDE CHOW

Always delicious. Always FREE for all students.
Always prepared for your family with love.

WHAT A nutritious variety of ready-to-eat and heat-at-home meals, plus fresh fruit, veggies, milk, and lots more

WHEN Every Monday 8:00 am until 10:00 am

WHERE Columbia Central Door #9

????? Got questions? Call 708-753-4715
email Rdiehl@sd.org

YEAR OF THE OX



2021

The Chinese New Year begins with the new moon on February 12. 2021 is the Year of the Ox.

Monday, February 8

Breakfast
Cereal Kit

Lunch
Spaghetti W/ Meat Sauce
Fruit Cup
Broccoli
Milk

Tuesday, February 9

Breakfast
Cereal Kit

Lunch
Ham and Cheese Sandwich
Fruit Cup
Carrots
Milk

Wednesday, February 10

Breakfast
Cereal Kit

Lunch
Chicken Patty
Fruit Cup
Celery
Milk

Thursday, February 11


Breakfast
Cereal Kit

Lunch
Jammer
Fruit Cup
Red Beans
Milk

Friday, February 12

Breakfast
Cereal Kit

Lunch
Bosco Stick
Fruit Cup
Peas
Milk



Happy Valentine's Day, February 14! Remember to shower the people you love with love! It's more important than ever, and you'll feel better, too!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

International Polar Bear Day



February 27

Take time to learn more about these awesome animals and their struggle to survive in our warming world!

Presidents' Day



No School
Monday, Feb. 15

Tuesday, February 16

Breakfast
Cereal Kit

Lunch
Chili
Fruit Cup
Broccoli
Milk

Wednesday, February 17

Breakfast
Cereal Kit

Lunch
Turkey and Cheese Sandwich
Fruit Cup
Carrots
Milk

Thursday, February 18

Breakfast
Cereal Kit

Lunch
Cheeseburger
Fruit Cup
Cauliflower
Milk

Friday, February 19

Breakfast
Cereal Kit

Lunch
Taco
Fruit Cup
Black Beans
Milk

Monday, February 22

Breakfast
Cereal Kit

Lunch
Alfredo Pasta
Fruit Cup
Broccoli
Milk

Tuesday, February 23

Breakfast
Cereal Kit

Lunch
Meatballs and Breadstick
Fruit Cup
Carrots
Milk

Wednesday, February 24

Breakfast
Cereal Kit

Lunch
Hotdog
Fruit Cup
Celery
Milk

Thursday, February 25

Breakfast
Cereal Kit

Lunch
Chef Salad
Fruit Cup
Red Beans
Milk

Friday, February 26

Breakfast
Cereal Kit

Lunch
Chef's Choice
Fruit Cup
Peas
Milk