

OCTOBER 2019

Steger School District 194

	Monday	Tuesday	Wednesday	Thursday	Friday
***	Z	Cinnamon Swirlz	Breakfast Pizza	Ham and Cheese Sandwich	Chef's Choice
	Cereal Bowl	Sausage and Cheese Bagel	Blueberry Pancakes	Breakfast Sliders	Chef's Choice
	NO SCHOOL	Cereal Bowl	Egg and Cheese Sandwich	Sausage and Egg Taco	Chef's Choice
	Cereal Bowl	Confetti Pancakes	Breakfast Tornado	French Toast	Chef's Choice
	Cereal Bowl	Maple Pancakes	Breakfast Burrito	Cereal Bowl	



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Columbia Central

	Monday	Tuesday	Wednesday	Thursday	Friday
		Walking Taco OR Cheese Quesadilla	BBQ Chicken Flatbread OR Chili Cheese Wrap	Chicken Ala King OR Meatballs and Breadstick	Chefs Choice
M	g .	Black Eyed Peas Fruit Milk	Sliced Tomatoes Fruit Milk	Broccoli Fruit Milk	Corn Fruit Milk
T	Chicken Patty OR Cheeseburger	Cheesy Bean Twister OR Baja Fish Taco	Alfredo Pasta OR Philly Cheese Steak	Hotdog OR Ham and Cheese Panini	Cheese Pizza OR Buffalo Chicken Pizza
	Green Peas Fruit Milk	Black Beans Fruit Milk	Spinach Salad Fruit Milk	Sweet Potato Fries Fruit Milk	Cauliflower Fruit Milk
	NO NO	Nacho W/ Meat and Cheese OR Chicken and Cheese Quesadilla	Garlic Parmesan Flatbread OR Twisted Breadsticks	Meatball Sub OR Macaroni and Cheese	Cheese Pizza OR Sausage Pizza
	SCHOOL	Pinto Beans Fruit Milk	Sliced Red Peppers Fruit Milk	Romaine Salad Fruit Milk	Corn Fruit Milk
-	Chicken Patty OR Cheeseburger	Chicken Taco OR Beef and Bean Burrito	Meatloaf OR Toasted Cheese Sandwich	Italian Sub OR Bosco Sticks	Cheese Pizza OR Pepperoni Pizza
	Brussel Sprouts Fruit Milk	Refried Beans Fruit Milk	Collard Greens Fruit Milk	Carrot Sticks Fruit Milk	Peas Fruit Milk
	Chicken Tenders OR Crispy Chicken Leg	Taco Pie OR Meat and Cheese Taco	BBQ Chicken Pizza Wedge OR Turkey and Gravy	NO LUNCH SERVED	
-	Broccoli Fruit Milk	Black Beans Fruit Milk	Mashed Potato Fruit Milk	SERVEU	