

My Sleep Study

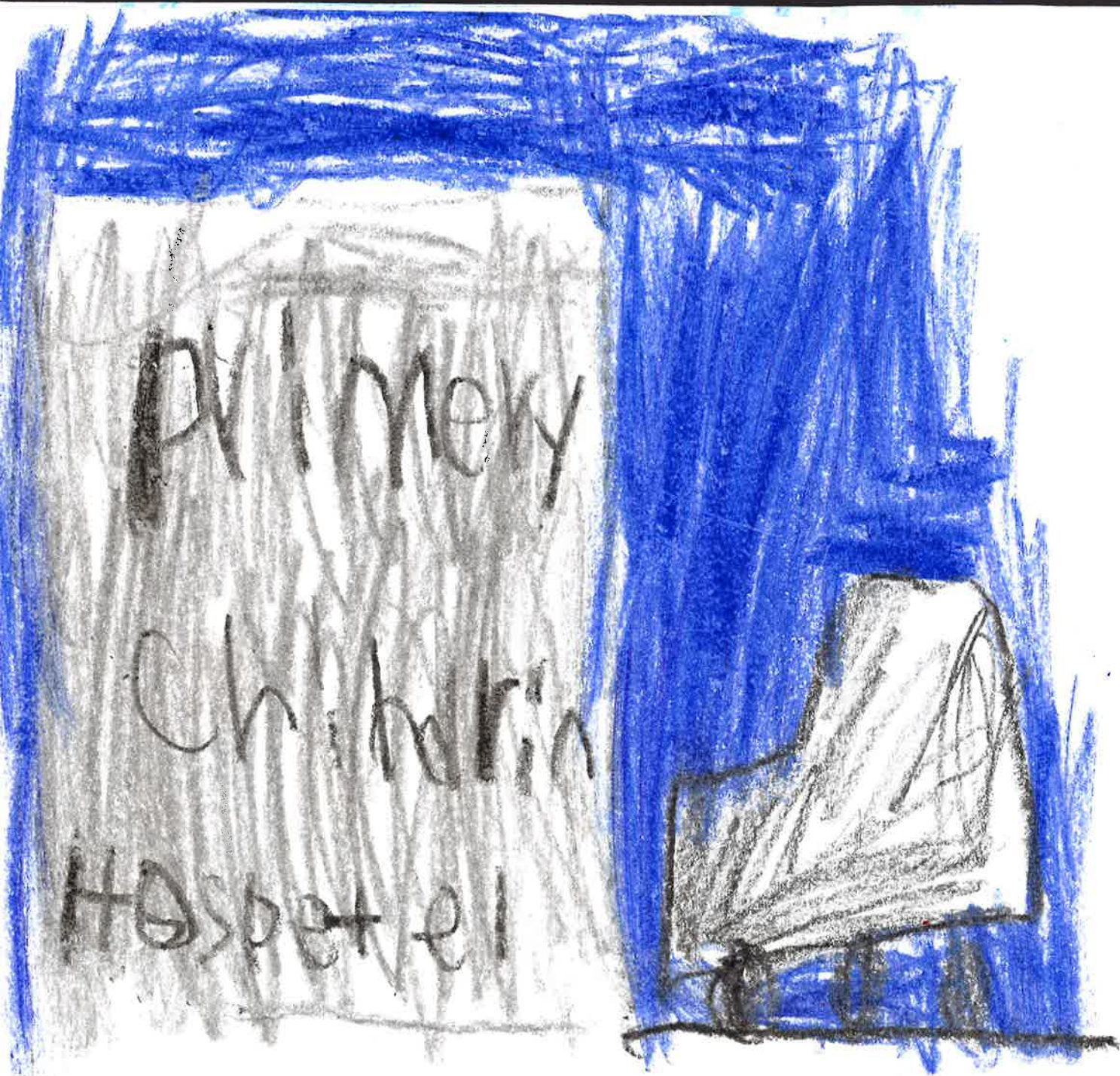




I heard I had to go to Salt Lake for a sleep study I was scared. My dad showed me videos on his phone of other people doing a sleep study. I was not as scared as I was after I saw the videos!



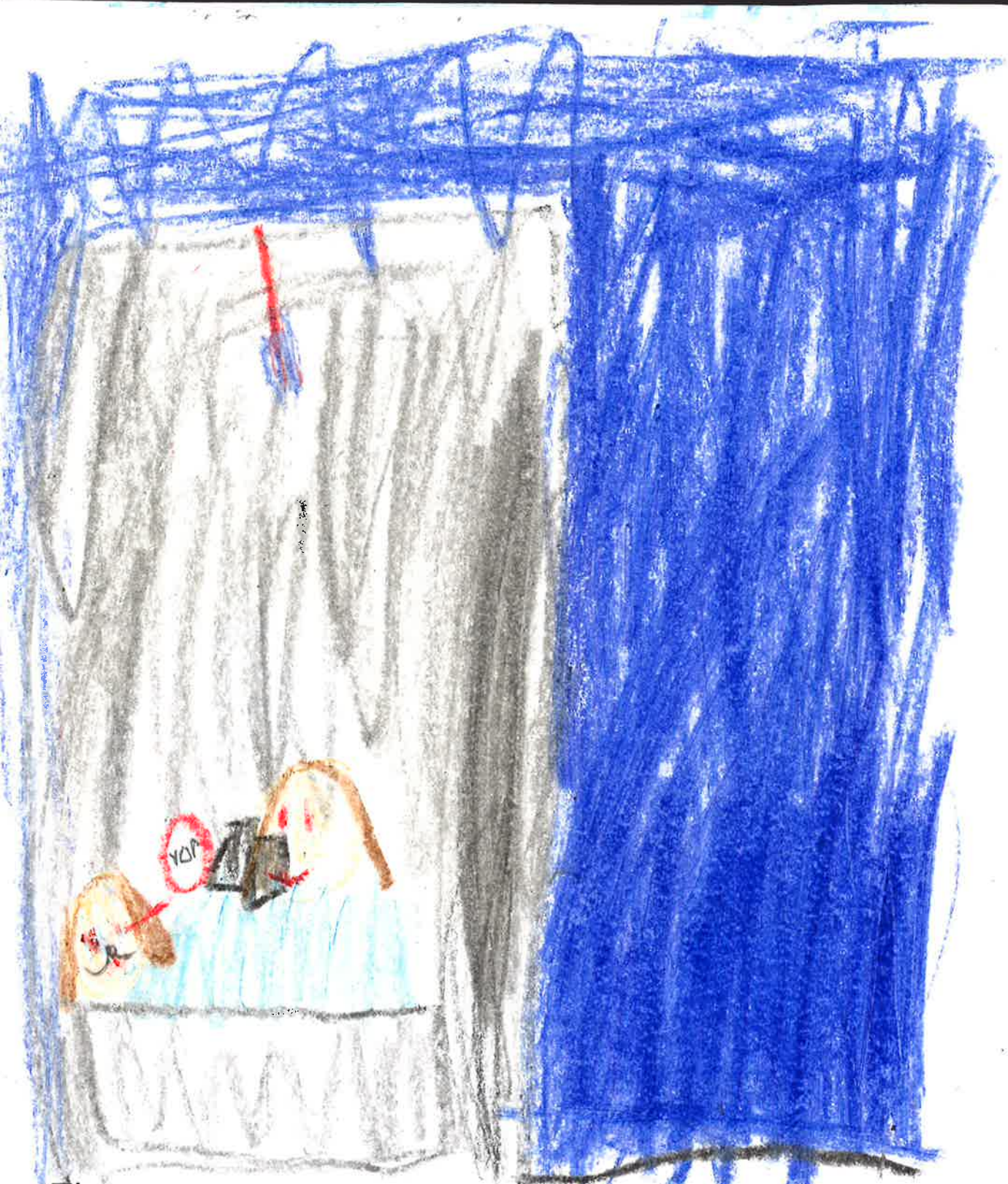
A few days later I packed my bag because it was time to go. I put my bag in the car. It was a really long drive. My mom packed me snacks like cheese, yogurt, and apples. The apples were so juicy. I played on my Kindle Fire.



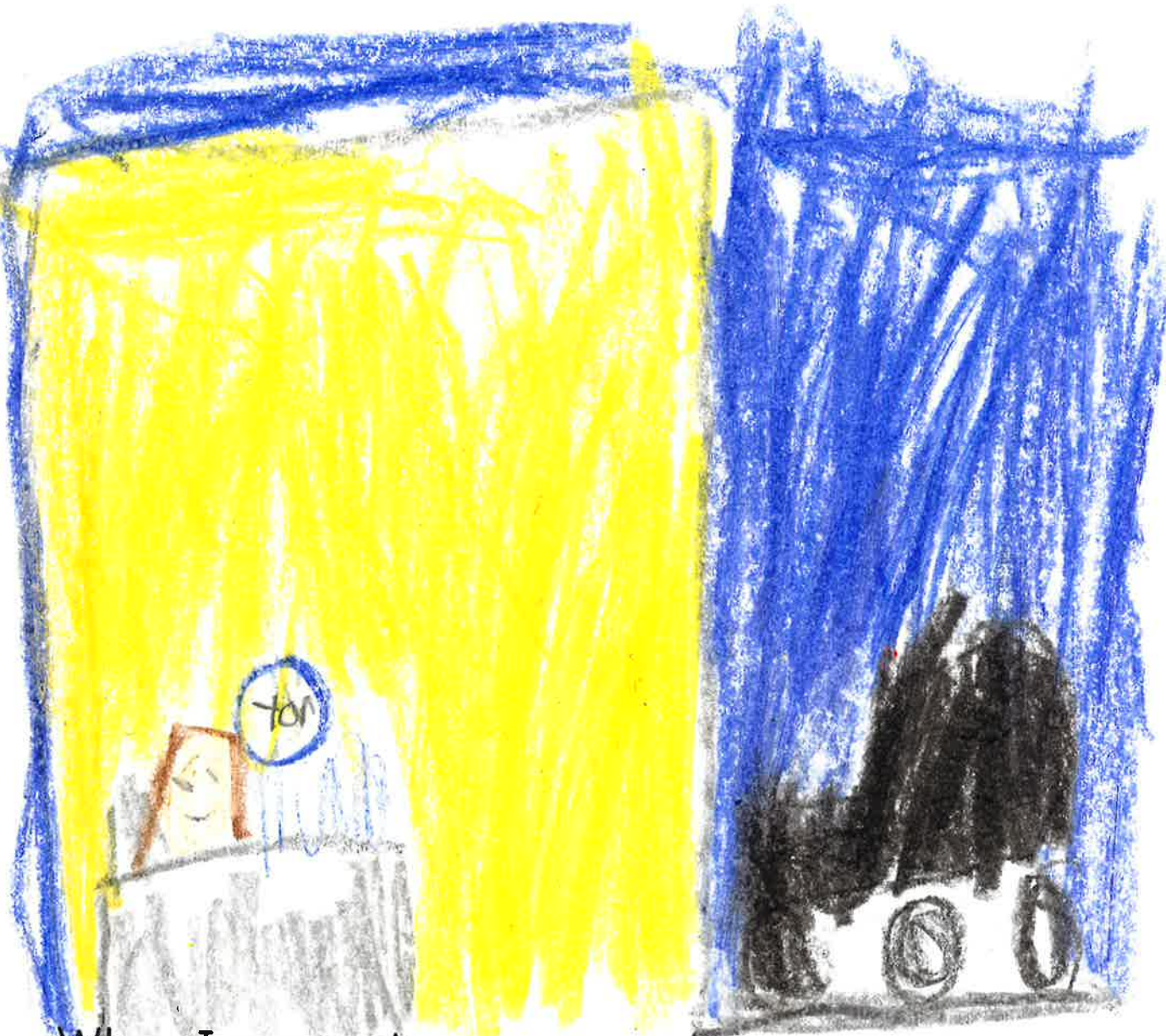
When we finally got to Salt Lake it was nighttime. I was SO excited to get out of the car. My mom, dad, brother and I got out of the car. We walked inside Primary Children's Hospital. We waited for someone to come get us.



When they finally came and got us, they took me to my room for the night. I climbed into my bed and they put so many wires on me. I had wires on my belly, back, legs, neck face, and even in my hair! My finger even glowed and I had tubes in my nose! The wires on my neck itched.



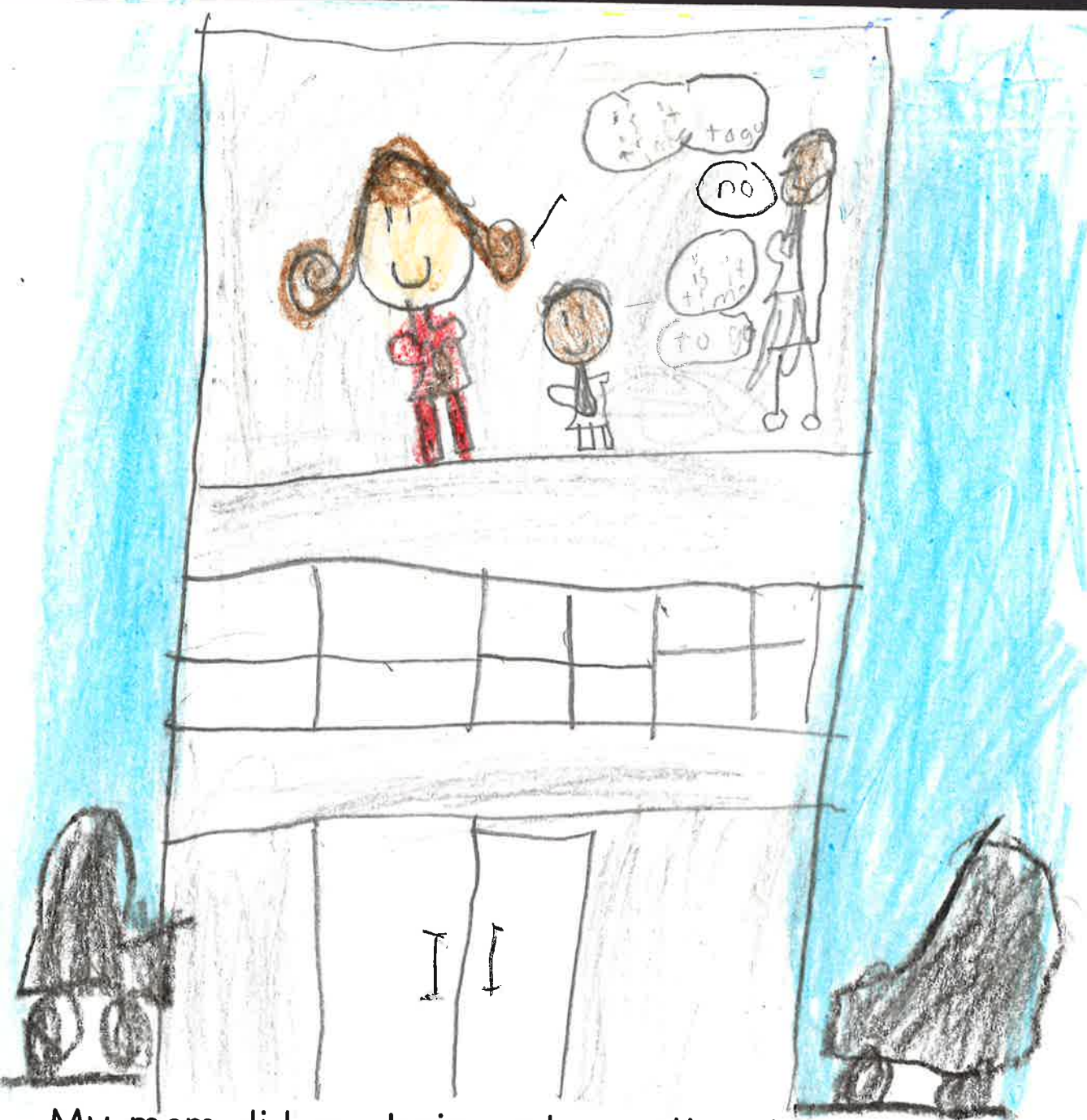
Then my mom read me a really short story. It reminded me of a story that you would read to a baby. My mom gave me a hug and I went to sleep.



When I was woken up the next morning it was 6 o'clock and they took the wires off of me. We left and went to the hotel room so I could shower. I had sticky stuff on me from the wires. After I got out of the shower, there was still sticky stuff on me so my mom gave me a washcloth to try to get it off. I went back to bed after my shower.



When I woke up again, I played on my dad's phone. We had yummy doughnuts for breakfast along with orange juice and a banana.



My mom did my hair and we all got dressed. My mom and dad got all of our bags packed and put them into the car while my brother and I played. My brother and I kept asking if it was time to go because my reward for doing the sleep study was going to Cornbelly's.



Finally it was time to go to Cornbelly's. My Grandma and Grandpa came to Cornbelly's too and I had no idea they were going to be there.



At Cornbelly's, I got to go on the rock wall and a bungee thing. We had lunch and then I went on a spider web where I scraped my knee. Then we went in a corn maze.



I also went on a hamster ride. I got into a big tube and rolled around in it. It was a lot of fun! Then we went down a big slide. The last thing we did at Cornbelly's was get a cookie. There were many different kinds of cookies. I got a chocolate chip cookie.



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We left Salt Lake and went to Park City where we met Faith and Gabe to eat with them. I had a quesadilla and French fries. I kind of liked my food. I got a chocolate cheesecake for dessert and then we headed home.



I took a nap in the car. When I woke up, I played on my Kindle Fire. I even had to get a blanket because it was cold in the car. We finally got to our house and went straight to bed. I will never forget when I had my sleep study and fun at Cornbelly's.