## August 2022

## **BARNWELL WARHORSES**

# BREAKFAST/LUNCH

August 2022	DAN			SNEAKI AST/LONCI
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 B 123	3 RUCEUST	4	Happy New School Year!
8	9	10 Back To School	11	1: WELCOME BACK TO SCHOOL!
15	16	17	18	19
Hot Dog on a Bun	Salisbury Steak or	Smoked Sausage or	Spaghetti or	Chick Filet or
Or Corn Dog	Ham & Cheese on Bun	Turkey & Cheese Sub	Peanut Butter & Jelly	Fish Filet on Wheat Bun
Baked Beans	Baked Potato	Cabbage	Sandwich	Lettuce, Tomato, Pickles
Cole Slaw	/Sour Cream	Red Rice	Breadstick	California Blend
Apple	Carrots	Green Beans	Corn	Potato Tots
Fruit Juice	Roll Dinconnla Tidhita	Dinner Roll	Tossed Salad Strawberries	Peaches
	Pineapple Tidbits Fruit Juice	Fresh Grapes Fruit Juice	Fruit Juice	Fruit Juice
	Fruit Juice	Fruit Juice	Fruit Juice	BRK:
BRK:	BRK:	BRK:	BRK:	Sausage, Egg & Cheese Burrito
Banana Muffin	Blueberry Pancake	Sausage Biscuit	Yogurt & Graham Crackers	Fruit Juice/Fruit Cup
Fruit Juice/Sidekick	Fresh Fruit	Fruit Juice/Sidekick	Fresh Fruit	The suce fruit cup
22	23	24	25	2
Meatball Sub on a Bun	Chicken Fajita / Wrap or	Beef-A-Roni or	Chicken Tenders or	Cheese Pizza or
Or Tuna Sandwich	Ham & Cheese on Bun	Turkey & Cheese Sub	Peanut Butter & Jelly	Pepperoni Pizza or
Vegetable Blend	Red Peppers Green	Cheese Biscuit	Sandwich	Sausage Pizza
Sweet Potato Patty	Peppers, Onions, Salsa	Tossed Salad	Mustard Greens	Corn
Apple Cobbler	French Fries	Green Beans	Succotash	Potato Wedges
Fruit Juice	Refried Beans	Pineapple tidbits	Dinner roll	Strawberry Cup
Turesuice	Orange	Fruit Juice	Banana	Fruit Juice
	Fruit Juice	T ut suice	Fruit Juice	
BRK:	BRK:	BRK:	BRK:	BRK:
Pancake Pup	Cinnamon Crunch Bar	Sausage Biscuit	Apple Strudel	Chicken Biscuit
Fruit cup/Juice	Fruit Juice/Sidekick	Fresh Fruit	Fresh Fruit	Fruit cup/Juice
29	30	31	Sept 1	Sept
			Country Fried Steak or	Chicken Nuggets
Hamburger or	Turkey Wrap or	Pulled Pork or	Country Fried Steak Of	88
Hamburger or Cheeseburger on a Wheat	Turkey Wrap or Ham & Cheese on Bun	Pulled Pork or Turkey & Cheese Sub	Peanut Butter & Jelly	Or Fish Nuggets
-			Peanut Butter & Jelly Sandwich	
Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle	Ham & Cheese on Bun Lettuce, Tomato, Pickle Sweet Potato Fries	Turkey & Cheese Sub Green Beans Carrots	Peanut Butter & Jelly Sandwich Broccoli & Cheese	Or Fish Nuggets Garlic Mashed Potatoes Roll
Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle Baked Beans	Ham & Cheese on Bun Lettuce, Tomato, Pickle Sweet Potato Fries Corn on the Cob	Turkey & Cheese Sub Green Beans Carrots Biscuit	Peanut Butter & Jelly Sandwich Broccoli & Cheese Black-eyed Peas	Or Fish Nuggets Garlic Mashed Potatoes Roll Veggie Cup
Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle	Ham & Cheese on Bun Lettuce, Tomato, Pickle Sweet Potato Fries Corn on the Cob Strawberry Cup	Turkey & Cheese Sub Green Beans Carrots	Peanut Butter & Jelly Sandwich Broccoli & Cheese Black-eyed Peas Rice	Or Fish Nuggets Garlic Mashed Potatoes Roll
Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle Baked Beans Fries Apple	Ham & Cheese on Bun Lettuce, Tomato, Pickle Sweet Potato Fries Corn on the Cob	Turkey & Cheese Sub Green Beans Carrots Biscuit	Peanut Butter & Jelly Sandwich Broccoli & Cheese Black-eyed Peas Rice Peach Cup	Or Fish Nuggets Garlic Mashed Potatoes Roll Veggie Cup
Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle Baked Beans Fries	Ham & Cheese on Bun Lettuce, Tomato, Pickle Sweet Potato Fries Corn on the Cob Strawberry Cup	Turkey & Cheese Sub Green Beans Carrots Biscuit Apple Cobbler	Peanut Butter & Jelly Sandwich Broccoli & Cheese Black-eyed Peas Rice	Or Fish Nuggets Garlic Mashed Potatoes Roll Veggie Cup Diced Pears
Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle Baked Beans Fries Apple Fruit Juice	Ham & Cheese on Bun Lettuce, Tomato, Pickle Sweet Potato Fries Corn on the Cob Strawberry Cup Fruit Juice	Turkey & Cheese Sub Green Beans Carrots Biscuit Apple Cobbler Fruit Juice	Peanut Butter & Jelly Sandwich Broccoli & Cheese Black-eyed Peas Rice Peach Cup Fresh Fruit	Or Fish Nuggets Garlic Mashed Potatoes Roll Veggie Cup Diced Pears Fruit Juice
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Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle Baked Beans Fries Apple Fruit Juice	Ham & Cheese on Bun Lettuce, Tomato, Pickle Sweet Potato Fries Corn on the Cob Strawberry Cup Fruit Juice	Turkey & Cheese Sub Green Beans Carrots Biscuit Apple Cobbler Fruit Juice	Peanut Butter & Jelly Sandwich Broccoli & Cheese Black-eyed Peas Rice Peach Cup Fresh Fruit	Or Fish Nuggets Garlic Mashed Potatoes Roll Veggie Cup Diced Pears Fruit Juice

#### CHEF SALADS SERVED FOR LUNCH AS SECOND ENTRE' TUES - THUR AT BARNWELL HIGH AND GUINYARD BUTLER MIDDLE

### MILK CHOICE SERVED DAILY FOR BREAKFAST AND LUNCH

