

March 2023 Breakfast Menu High School

Student Breakfast - \$2.00
Adult Meals - \$2.71+tax

Milk Choice:

Skim, 1% or Fat Free Chocolate
(Hormone & Antibiotic Free)

Daily Breakfast Offerings

Assorted Whole Grain Muffins
(Banana, Blueberry, Chocolate Chip),
Yogurt Parfait with
Fresh Fruit & Granola,
WG Reduced Sugar Cereals served
with Cheese Stick, Fresh Fruit, Milk &
100% Fruit Juice

***Accommodations for Special Dietary
Needs are available only to students
with an annually completed
"Special Dietary Needs Medical
Statement Form"**

Menu is subject to change

WG- Whole Grain
WW- Whole Wheat

Any questions please email:
rosenthal-liana@aramark.com



1

Waffle Wednesday
Homemade
Belgium Waffle
Turkey Bacon
Orange Wedges
Apple Juice

2

Bacon, (pork) Egg and
Cheese WG Wrap
Banana
Orange Juice

3

Ranchero Breakfast Pizza
Scramble Eggs, Cheddar
Cheese, and Salsa
on a WG Pizza Crust
Grapes
Apple Juice

6

Sausage (Chicken)
Egg and Cheese on a
WG Roll
Apple Slices
Orange Juice

7

Apple Frudel
String Cheese
Banana
Apple Juice

8

Waffle Wednesday
Homemade
Belgium Waffle
Turkey Bacon
Orange Wedges
Apple Juice

9

Bacon, (pork) Egg and
Cheese WG Wrap
Banana
Orange Juice

10

Ranchero Breakfast Pizza
Scramble Eggs, Cheddar
Cheese, and Salsa
on a WG Pizza Crust
Grapes
Apple Juice

13

Sausage (Chicken)
Egg and Cheese on a
WG Roll
Apple Slices
Orange Juice

14

Apple Frudel
String Cheese
Banana
Apple Juice

15

Waffle Wednesday
Homemade
Belgium Waffle
Turkey Bacon
Orange Wedges
Apple Juice

16

Bacon, (pork) Egg and
Cheese WG Wrap
Banana
Orange Juice

17

Ranchero Breakfast Pizza
Scramble Eggs, Cheddar
Cheese, and Salsa
on a WG Pizza Crust
Grapes
Apple Juice

20

Sausage (Chicken)
Egg and Cheese on a
WG Roll
Apple Slices
Orange Juice

21

Apple Frudel
String Cheese
Banana
Apple Juice

22

Waffle Wednesday
Homemade
Belgium Waffle
Turkey Bacon
Orange Wedges
Apple Juice

23

Bacon, (pork) Egg and
Cheese WG Wrap
Banana
Orange Juice

24

Ranchero Breakfast Pizza
Scramble Eggs, Cheddar
Cheese, and Salsa
on a WG Pizza Crust
Grapes
Apple Juice

27

Sausage (Chicken)
Egg and Cheese on a
WG Roll
Apple Slices
Orange Juice

28

Apple Frudel
String Cheese
Banana
Apple Juice

29

Waffle Wednesday
Homemade
Belgium Waffle
Turkey Bacon
Orange Wedges
Apple Juice

30

Bacon, (pork) Egg and
Cheese WG Wrap
Banana
Orange Juice

31

Ranchero Breakfast Pizza
Scramble Eggs, Cheddar
Cheese, and Salsa
on a WG Pizza Crust
Grapes
Apple Juice