




		Island Park Union Free School District <b>LINCOLN ORENS MIDDLE SCHOOL</b> <b>APRIL 2024 Lunch Menu</b>		
Monday 1-Apr	Tuesday 2-Apr	Wednesday 3-Apr	Thursday 4-Apr	Friday 5-Apr
	<b>Chicken Nuggets (S,W)</b> Sweet Potato Fries (S) Carrots (-) Fresh Fruit/Fruit Cup	<b>Turkey Taco (-)</b> Tostitos (-) Vegetarian Beans (-) Shredded Cheese(M) Fresh Fruit/Fruit Cup	<b>Pizza (M,S,W)</b> Tossed Salad (-) Fresh Fruit/ Fruit Cup	<b>Brunch For Lunch</b> <b>French Toast</b> (E,M,S,W,SM) Canadian Ham (-) Fries (S) Fresh Fruit/Fruit Cup
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
<b>Chicken Tenders (S,W)</b> Seasoned Rice (-) Carrots (-) Fresh Fruit/Fruit Cup	<b>Mozzarella Sticks (M,W)</b> Marinara Sauce (-) Green Beans (-) Fresh Fruit/Fruit Cup	<b>Hamburger (S)</b> <b>on a Bun (S,W)</b> Fiesta Bean Salad (S) Fresh Fruit/Fruit Cup	<b>Pizza (M,S,W)</b> Tossed Salad (-) Fresh Fruit/Fruit Cup	<b>Brunch For Lunch</b> <b>Egg Pattie (E,M,S) on a Roll (W)</b> Sausage Pattie (-) Fries (S) Fresh Fruit/Fruit Cup
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
<b>Oven Roasted Chicken (-)</b> Sweet Potatoes (-) Bean Salad (S) Fresh Fruit/Fruit Cup	<b>Lasagne Rollups (M,W)</b> Meatballs (S,W) Broccoli (-) Fresh Fruit/Fruit Cup	<b>Mac &amp; Cheese (M,W)</b> Carrots (-) Fresh Fruit/Fruit Cup	<b>Pizza (M,S,W)</b> Green Bean Salad (S) Fresh Fruit/ Fruit Cup	<b>Brunch For Lunch</b> <b>Pancakes (E,M,S,W)</b> Sausage Pattie (-) Fries (S) Fresh Fruit/Fruit Cup
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
				
29-Apr	30-Apr			
				
BREAKFAST AND LUNCH ARE FREE				
ALL MEALS SERVED WITH A CHOICE OF 1% LOWFAT, FAT FREE OR FAT FREE CHOCOLATE MILK				
LUNCH PRICE - FREE		BREAKFAST PRICE - FREE		
A La Carte items available for purchase:		Water, Juice, Bagged Chips, Ice Cream		
A COMPLETE MEAL INCLUDES:				
Whole Grain Bread/Grain, Meat/Meat Alternative, Choice of Vegetable, Choice of Fruit, Choice of Milk A minimum of THREE components must be chosen, ONE must be a fruit or vegetable				
Sandwiches available DAILY - Turkey, PBJ, Cheese, Tuna Salad, Egg Salad Weekly rotating alternate choices - Ham, Bologna, Salami				
Menu Key references for specific Allergens: M-Milk, SF-Seafood, P-Peanut, E-Egg, T-Treenut, S-Soybean, F-Fish, W-Wheat,SM-Sesame				
Menu subject to change without notice		This institution is an equal opportunity provider and employer		