

# December 2022 Breakfast Menu High School



**Student Breakfast - \$2.00**  
**Adult Meals - \$2.71+tax)**

**Milk Choice:**  
**Skim, 1% or Fat Free Chocolate**  
**Hormone & Antibiotic Free**

\*Accommodations for Special Dietary Needs are Available Only to Students with an annually completed "Special Dietary Needs Medical Stmt. Form"

**Daily Breakfast Offerings**  
**Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip) Yogurt Parfait with Fresh fruit & Granola WG Reduced Sugar Cereals served with Cheese Stick Fresh Fruit, Milk & 100% Fruit Juice.**

**Any questions please email:**  
[zadorin-jennifer@aramark.com](mailto:zadorin-jennifer@aramark.com)



This institution is an equal opportunity provider.

1

Bacon, (pork) Egg and  
Cheese WG Wrap  
Banana  
Orange Juice

2

Ranchero Breakfast Pizza  
Scramble Eggs, Cheddar  
Cheese, and Salsa  
on a WG Pizza Crust  
Grapes  
Apple Juice

5

Sausage (Chicken)  
Egg and Cheese on a  
WG Roll  
Apple Slices  
Orange Juice

6

Apple Frudel  
String Cheese  
Banana  
Apple Juice

7

**Waffle Wednesday**  
Homemade  
Belgium Waffle  
Turkey Bacon  
Orange Wedges  
Apple Juice

8

Bacon, (pork) Egg and  
Cheese WG Wrap  
Banana  
Orange Juice

9

Ranchero Breakfast Pizza  
Scramble Eggs, Cheddar  
Cheese, and Salsa  
on a WG Pizza Crust  
Grapes  
Apple Juice

12

Sausage (Chicken)  
Egg and Cheese on a  
WG Roll  
Apple Slices  
Orange Juice

13

Apple Frudel  
String Cheese  
Banana  
Apple Juice

14

**Waffle Wednesday**  
Homemade  
Belgium Waffle  
Turkey Bacon  
Orange Wedges  
Apple Juice

15

Bacon, (pork) Egg and  
Cheese WG Wrap  
Banana  
Orange Juice

16

Ranchero Breakfast Pizza  
Scramble Eggs, Cheddar  
Cheese, and Salsa  
on a WG Pizza Crust  
Grapes  
Apple Juice

19

Sausage (Chicken)  
Egg and Cheese on a  
WG Roll  
Apple Slices  
Orange Juice

20

Apple Frudel  
String Cheese  
Banana  
Apple Juice

21

**Waffle Wednesday**  
Homemade  
Belgium Waffle  
Turkey Bacon  
Orange Wedges  
Apple Juice

22

Bacon, (pork) Egg and  
Cheese WG Wrap  
Banana  
Orange Juice

23

Ranchero Breakfast Pizza  
Scramble Eggs, Cheddar  
Cheese, and Salsa  
on a WG Pizza Crust  
Grapes  
Apple Juice

26

**Winter Recess**  
**School Closed**

27

**Winter Recess**  
**School Closed**

28

**Winter Recess**  
**School Closed**

29

**Winter Recess**  
**School Closed**

30

**Winter Recess**  
**School Closed**