refresh. refuel. relax. **Pearl River**

All Beef Hot Dogs

Steamed Green Beans Fruit Juice **Choice of Milk**

Bacon Cheeseburger

2

Veggie Baked Beans Apple Sauce Choice of Milk

Cheese Filled Breadsticks

Marinara Sauce Steamed Broccoli **Apple Slices** Choice of Milk

BBQ Rib Sandwich

4

11

Seasoned Carrots Apple Sauce Choice of Milk

Middle School Menu **JUNE 2021**

Lunch Includes

3 of the 5 Components Choice of Fruit, Vegetable, Grain, Meat or Meat Alternate and Milk

Milk Choice:

Skim, 1% or Fat Free Chocolate Hormone & Antibiotic Free

All School Meals Are Free to All Students Until 6/30/21

Available Daily:

Chicken Patty, Burgers, Pizza, and Assortment of Salads

Gluten Free Meals are Available Only to Students with **Documented Restrictions** Please See Separate Gluten Free Menu

BLT Sandwich

Tomato Soup Steamed Broccoli Fruit Cup in Juice **Choice of Milk**

Meatball Hero

Seasoned Green Beans Fresh Orange Choice of Milk

Loaded Tater Bites w/ Popcorn Chicken

> Kick'n Pintos Fresh Orange Choice of Milk

10 **Beef Nachos**

Salsa and Sour Cream

Black Beans Fresh Apple Choice of Milk Corn Dog

Steamed Green Beans Apple Slices Choice of Milk

Chicken Tenders

WG Bread Stick

Steamed Broccoli **Apple Slices Choice of Milk**

Mac and Cheese

3 Bean Salad Fresh Apple Choice of Milk **Buffalo Chicken**

Steamed Carrots Fruit Cup in Juice

Choice of Milk

Flatbread

Philly Cheese Steak Sandwich

Steamed Green Beans Fresh Apple Choice of Milk

Breakfast for Lunch Mini Pancakes

> Chicken Sausage **Tater Tots Apple Sauce** Choice of Milk

Breakfast for Lunch French Toast Sticks

> Chicken Sausage **Tater Tots Apple Sauce** Choice of Milk

22

Beef Burrito

Black Beans Fruit Cup in Juice **Choice of Milk**

Early Dismissal

23

No Lunches Served

24

17

Early Dismissal

No Lunches Served

25

Early Dismissal

No Lunches Served

aramark

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HAVE A GREAT SUMMER!!

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Please Practice Social Distancing Masks are Required in Food Service Areas