



NUTRITION NEWS: May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!

SIDEKICKS		Student Lunch	\$3.50
Milk	\$0.50	Adult Lunch	\$4.00
Lemonade	\$0.50	Beverage Choice: Your Meal Comes with the Choice of: Flavored/Unflavored Low Fat Milk , Iced Tea, or Water	
Spring Water 8oz	\$0.50		
Soup w/ Crackers	\$1.50		
Baked Cookie	\$0.50		
Baked Chips	\$0.75		
Fresh Fruit	\$0.75		
Fruit Cup or Fruit Juice	\$0.50		

Maschio's Swap Outs

Monday: Popcorn Chicken

Tuesday: Hot Ham and Cheese

Wednesday: Turkey, Cheese, and Bacon Sandwich

Thursday: Cheeseburger

Maschio's Swap Outs Available Daily

Grilled Chicken Caesar Salad with a Dinner Roll

Chef Salad with a Dinner Roll

Monday	Tuesday	Wednesday	Thursday	Friday
26 Welcome Back! Cheeseburger on a Bun Lettuce & Tomato Curly Fries Fresh or Chilled Fruit	27 Chicken Tenders Buttered Noodles Sweet Peas Fresh or Chilled Fruit	28 Sausage, Egg & Cheese Sandwich Hash Brown Fresh or Chilled Fruit	29 Pierogies Green Beans Dinner Roll Fresh or Chilled Fruit	30 School Closed
2 Labor Day School Closed	3 Taco Tuesday! Walking Taco Sour Cream, Salsa, Lettuce & Tomato Sweet Corn Fresh or Chilled Fruit	4 Pasta Alfredo w/ Chicken & Broccoli Italian Bread Fresh or Chilled Fruit	5 Chicken Fries Mashed Potatoes Carrots Fresh or Chilled Fruit	6 Cheese Pizza Caesar Salad Fresh or chilled Fruit
9 Meatball Parm Sandwich Tater Tots Veggie Dippers Fresh or Chilled Fruit	10 Macaroni & Cheese Dinner Roll Sweet Peas Fresh or Chilled Fruit	11 Hot Dog on a Bun Snack Bag Pickles Fresh or Chilled Fruit	12 French Toast Sticks Bacon Hash Brown Fresh or Chilled Fruit	13 Cheese Pizza Garden Salad Fresh or chilled Fruit
16 Pizza Crunchers Veggie Dippers Pudding Fresh or Chilled Fruit	17 Cheeseburger on a Bun Lettuce & Tomato Sweet Potato Fries Fresh or Chilled Fruit	18 Popcorn Chicken Rice Pilaf Sweet Peas Fresh or Chilled Fruit	19 Loaded Nachos Meat, Cheese, Salsa, & Sour Cream Sweet Corn Fresh or Chilled Fruit	20 Cheese Pizza Caesar Salad Fresh or chilled Fruit
23 Pasta Marinara Italian Bread Green Beans Fresh or Chilled Fruit	24 Grilled Chicken Sandwich Lettuce & Tomato Sweet Potato Fries Fresh or Chilled Fruit	25 Grilled Cheese Sandwich Tater Tots Pickles Fresh or Chilled Fruit	26 Half Day	27 Cheese Pizza Garden Salad Fresh or chilled Fruit
30 Blueberry Pancakes Sausage Hash Brown Fresh or Chilled Fruit				

Connect with us!

Questions or Concerns?

Please Visit www.MaschioFood.com
 or Call Maschio's Food Services at: 610-373-3316

MENU SUBJECT TO CHANGE

Maschio's Food Services, Inc.
 "This institution is an equal opportunity provider"