



Pearl River Middle School Menu December 2020

Lunch Includes

3 of the 5 Components

Choice of Fruit, Vegetable, Grain,
Meat or Meat Alternate and Milk

Milk Choice:

Skim, 1% or Fat Free Chocolate
Hormone & Antibiotic Free

Gluten Free Meals are Available

**Only to Students with
Documented Restrictions**

Available Daily:

Chicken Patty, Burgers, Pizza,
and Assortment of Salads

**All School Meals Are Free to
All Students Until 6/30/21**

**Please Practice Social Distancing
Masks are Required in Food Service
Areas**



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1

Philly Cheese Steak Sandwich

Seasoned Green
Beans
Apple Slices
Choice of Milk

2

See Pick Up Menu

3

Chicken and Cheese Quesadilla

Salsa and Sour Cream
Roasted Corn
Black Beans
Apple Slices
Choice of Milk

4

Breakfast for Lunch French Toast Sticks

Chicken Sausage
Hash Brown Patty
Fruit Cup in Juice
Choice of Milk

7

BBQ Rib Sandwich

Seasoned Green
Beans
Apple Sauce
Choice of Milk

8

Crunchy Beef Tacos

Salsa and Sour Cream
Rice
Black Beans
Fresh Apple
Choice of Milk

9

See Pick Up Menu

10

Bacon Cheese Burger

Steamed Carrots
Apple Sauce
Choice of Milk

11

Grilled Cheese

Tomato Soup
Steamed Broccoli
Fruit Cup in Juice
Choice of Milk

14

Chicken Caesar Salad

Fruit Cup in Juice
Choice of Milk

15

Meatball Hero

Seasoned Green
Beans
Fresh Orange
Choice of Milk

16

See Pick Up Menu

17

Breakfast for Lunch Mini Maple Blast Pancakes

Chicken Sausage
Hash Brown Patty
Apple Sauce
Choice of Milk

18

Backyard Burger Cheese, Curly Fries & BBQ Sauce

Veggie Baked Beans
Seasoned Carrots
Fruit Juice
Choice of Milk

21

Popcorn Chicken

WG Dinner Roll
Steamed Broccoli
Apple Slices
Choice of Milk

22

Beef Burrito

Roasted Corn
Fruit Cup in Juice
Choice of Milk

23

See Pick Up Menu

24

School Closed
Winter Recess

25

School Closed
Winter Recess

28

School Closed
Winter Recess

29

School Closed
Winter Recess

30

School Closed
Winter Recess

31

School Closed
Winter Recess