BARNWELL WARHORSES

JANUARY 2022	DAR	INWELL WARHO	KSES	BREAKFAST/LUNCH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pizza Corn Potato Wedges Strawberry Cup Fruit Juice	Meatball Sub on a Bun Vegetable Blend Sweet Potato Patty Apple Cobbler Fruit Juice	6 Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle Fries Raisins Fruit Juice	7 Chicken Nuggets Mashed Potatoes Carrots Peach Cup Fruit Juice
IN-SERVICE NO SCHOOL	BRK : Pop Tart Fruit cup/Juice	BRK : Sausage Biscuit Fresh Fruit	BRK: Breakfast Pizza Fresh Fruit	BRK: Pancake Pup Fruit cup/Juice
Hot Dog on a Bun Baked Beans Cole Slaw Diced Pears Fruit Juice BRK: Banana Muffin Fruit Juice Sidekick	Salisbury Steak Baked Potato /Sour Cream Carrots Roll Pineapple Tidbits Fruit Juice BRK: Blueberry Pancake Fresh Fruit	Smoked Sausage Cabbage Red Rice Green Beans Dinner Roll Fresh Grapes Fruit Juice BRK: Sausage Biscuit Fruit Juice/Sidekick	Spaghetti Breadstick Corn Tossed Salad Strawberries Fruit Punch Juice BRK: Yogurt & Graham Crackers	IN-SERVICE NO SCHOOL
HOLIDAY – NO SCHOOL ** Martin Luther King Jr. Day ** ** ** ** ** ** ** ** **	Chicken Fajita / Wrap Red Peppers Green Peppers, Onions, Salsa French Fries Refried Beans Oranges Fruit Juiced BRK: Cinnamon Crunch Bar Fruit Juice/Sidekick	Meatball Sub on a Bun Vegetable Blend Sweet Potato Patty Apple Cobbler Fruit Juice BRK: Sausage Biscuit Fresh Fruit	Fresh Fruit 20 Roasted Chicken Rice & Gravy Mustard Greens Strawberries Pineapple Tidbits Dinner roll Fruit Juice BRK: Apple Strudel Fresh Fruit	Pizza Corn Potato Wedges Strawberry Cup Fruit Juice BRK: Chicken Biscuit Fruit cup/Juice
Cheeseburger on a Wheat Bun Lettuce, Tomato, Pickle Fries Fresh Fruit Fruit Juice BRK: Breakfast Pizza Fresh Fruit	Country Fried Steak Macaroni & Cheese Green Beans Carrots Biscuit Pineapple Fruit Juice BRK: Chocolate Chip Muffin Fruit Juice Sidekick	Grilled Cheese Sandwich Vegetable Beef Soup Corn on the Cob Spiced Apples Fruit Juice BRK: Sausage Biscuit Fruit cup Fruit Juice	Baked Chicken Strip Brown Rice & Gravy Black Eyed Peas Collard Greens Cornbread Peach Cup Fruit Juice BRK: Blueberry Sausage Biscuit Fresh Fruit	Popcorn Chicken Garlic Mashed Potatoes Roll Veggie Cup Diced Pears Fruit Juice BRK: Pancake Pup Fruit Juice Sidekick
Taco Salad w/Chips Lettuce, Tomato, Cheese Refried Beans Cinnamon Roll Peach Cup Fruit Juice BRK: Sausage Biscuit Fruit Juice Fruit Juice	FEB 1 Chicken Alfredo Egg Noodles Sweet Potato Patty Sweet Peas Dinner Roll Fruit Cocktail Fruit Juice BRK: Apple Cinnamon Muffin Fresh Fruit	FEB 2 Meatloaf Baby Carrots Mashed Potatoes Wheat Roll Orange Fruit Juice BRK: Chicken Biscuit Fruit cup Fruit Juice	FEB 3 Chicken Tenders Mustard Greens Rice & Gravy Biscuit Succotash Strawberries Fruit Juice BRK: Cherry Strudel Fresh Fruit	FEB 4 BBQ Pork on a Bun Fries Italian Green Beans Applesauce Fruit Juice BRK: Pizza Bagel Fruit Juice Sidekick

This institution is an equal opportunity provider.

Menu subject to change.

