



# Pearl River Elementary School Menu April 2019

## Lunch Includes:

Fresh Fruit, Canned Fruit or 100% Fruit Juice & Vegetable

## Milk Choice:

1%, Skim or Chocolate Skim Hormone & Antibiotic Free.

## Lunch Alternatives:

Garden Salad, Bagel Lunch w/Yogurt or Cheese Stick

**Sandwich choices:** Turkey, Bologna, Ham, Cheese or PB&J

Lunch \$2.50 Reduced .25  
Allergies or Dietary Needs  
Email: spina-eileen@aramark.com



This institution is an equal opportunity provider.

# SPRING



Daily Gluten Free Options  
Chicken Patty or Garden Salad with Yogurt  
**Must Be Ordered One Day in Advance**



April 2 National PB&J Day

April 4 National Carrot Day

**1** Chicken Patty on a Bun  
Broccoli Pears  
GF Chicken Patty

**2** Eggo Waffles, Hash Brown Patty  
Carrot Coins Applesauce

**3** Nacho Platter Seasoned Beef, Cheese Sauce, Tortilla Chips & Cucumber Tomato Salad

**4** Mac & Cheese Dinner Roll Diced Carrots Apple Slices  
GF Pasta with Cheese

**5** Fresh Baked Cheese or Pepperoni Pizza  
Green Beans GF Pizza

**8** Cheese Ravioli Green Beans Pears  
GF Garden Salad with Yogurt

**9** Blueberry Muffin with Yogurt Baby Carrots Peaches  
GF Muffin & Yogurt

**10** Grilled Cheese Tomato Soup, Applesauce

**11** Fresh Baked Cheese or Pepperoni Pizza Green Beans Apple Slices  
GF Pizza

**12** Parent Teacher Conference Noon Dismissal

**15** Beef Hot Dog Baked Fries and Baked Beans  
GF Garden Salad with Egg

**16** French Toast Sticks Hash Brown Patty Applesauce  
GF Egg on a Bun

**17** Hamburger or Cheeseburger Baked Fries, Peaches  
GF Hamburger

**18** Fresh Baked Cheese or Pepperoni Pizza Broccoli  
GF Pizza

**19** Spring Break  
School Closed 4/19 – 4/28

**29** Chicken Nuggets, Tater Tots  
Yogurt Parfait Apple

**30** Egg & Cheese on a Bagel w/ or wo Bacon Diced Carrots Applesauce  
GF Egg on a Bun

