

APRIL 2023

Gluten-Free Menu

Student Breakfast - \$2.00

Student Lunch

Elem- \$3.00

MS/HS- \$3.25

Adult Meals

Breakfast- \$2.71+tax

Lunch- \$5.02+tax

Lunch Includes:

3 of the 5 Components

**Choice of Fruit, Vegetable, Grain, Meat
or Meat Alternate and Milk**

Milk Choice:

**Skim, 1% or Fat Free Chocolate
(Hormone & Antibiotic Free)**

***Accommodations for Special Dietary
Needs are available only to students
with an annually completed
"Special Dietary Needs Medical
Statement Form"**

**Any questions please email:
rosenthal-iana@aramark.com**

Menu is subject to Change

3

SCHOOLS CLOSED
NO LUNCH

4

SCHOOLS CLOSED
NO LUNCH

5

SCHOOLS
CLOSED
NO LUNCH

6

SCHOOLS CLOSED
NO LUNCH

7

SCHOOLS
CLOSED
NO LUNCH

10

SCHOOLS CLOSED
NO LUNCH

11

GF Cheerios
Banana
Apple Juice

Chicken Patty
on a GF Bun
Oven Baked Zucchini
Squash
Fresh Strawberries

12

GF Bagel w/ Butter
Orange Wedges
Apple Juice

GF Turkey & Cheese Wrap
3 Bean Salad
Watermelon

13

GF Blueberry Muffin
Apple Slices
Orange Juice

Gluten Free
Chicken Tenders
Corn
Fresh Cantaloupe

14

GF Honey Cheerios
Orange Wedges
Apple Juice

GF Cheese Pizza
Baby Carrots
Apple Slices

17

GF Cheerios
Banana
Orange Juice

Chicken Patty
on a GF Bun
Tater Tots
Blueberries

18

GF Bagel w/ Butter
Orange Wedges
Apple Juice

GF Turkey & Cheese Wrap
3 Bean Salad
Apple Slices

19

GF Lucky Charms Cereal
Apple Slices
Orange Juice

Beef Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Strawberries

20

GF Blueberry Muffin
Banana
Apple Juice

GF Chicken Tenders
Steamed Broccoli
Fresh Pineapple

21

GF Honey Cheerios
Orange Wedges
Apple Juice

GF Cheese Pizza
Baby Carrots
Fresh Honeydew Melon

24

GF Cheerios
Apple Slices
Orange Juice

Chicken Patty
on a GF Bun
Seasoned Corn
Fresh Pineapple

25

GF Bagel w/ Butter
Banana
Apple Juice

GF Turkey & Cheese Wrap
3 Bean Salad
Fresh Strawberries

26

GF Blueberry Muffin
Apple Slices
Orange Juice

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Cantaloupe

27

GF Lucky Charms Cereal
Apple Slices
Orange Juice

Beef Cheeseburger
On a GF Bun
Steamed Broccoli
Fresh Strawberries

28

GF Honey Cheerios
Orange Wedges
Apple Juice

GF Cheese Pizza
Baby Carrots
Apple Slices

31

GF Bagel w/ Butter
Orange Wedges
Apple Juice

GF Turkey & Cheese Wrap
3 Bean Salad
Watermelon

