2019 PCPS Summer Camps

Passionate Educators

Powhatan County Public Schools showcase a summer staff that includes highly-engaging educators excited about learning and skilled at equipping students to become life-long learners.

Diverse Offerings

The camp offerings target all learners and span a wide-range of curricula. Our camp focus is the whole student and developing multi-faceted skills including teamwork, problem solving, collaboration, flexibility, written and spoken communication, as well as goal setting.

Times and Locations

Summer Camps will be held at Powhatan High School or Flat Rock Elementary School. Please see the camp descriptions for the specific location of your camp. Camp hours are 8:00 A.M. – 12:30 P.M.(Flat Rock Elementary School) /12:45 P.M. (Powhatan High School). There will be a 15-minute snack break during the day. Snacks are not provided.

Bus transportation is available for summer camp pick up and drop off for Powhatan High School and Flat Rock Elementary School during the month of July only. The buses will make stops at specific areas throughout the county. The bus routes will be posted online and at each camp location prior to the start of camp so you can decide the bus stop that is the most convenient for you.

Some camps have a minimum enrollment requirement. If a camp does not meet minimum enrollment requirements, parents will be notified and monies will be refunded.

Registration and Payment

Camp registrations and payments need to be made by <u>May 31, 2019</u>. Payments can be made by cash, check, or online. **Online payments will not be available until April 16.** Checks need to be made payable to Powhatan High School. Online payments can be made using credit or debit cards through your school's website. **Camp payments are non-refundable.** <u>Students will not be considered registered until payment has been received.</u> Please send registration and payments to:

Powhatan High School C/O Tracey Ingle 1800 Judes Ferry Road Powhatan, Virginia 23139

You can register online at:

If you have any questions, please contact Tracey Ingle at (804)598-5730, ext. 505, or by email at tracey.ingle@powhatan.k12.va.us.

Enrichment Camp Offerings

El Mundo Hispanohablante - Spanish Language and Culture

Instructor: Diana Erazo <u>diana.erazo@powhatan.k12.va.us</u>

Location: Flat Rock Elementary School

Dates: July 15-18 Grade(s): Rising 1-5

Description: This camp is a terrific way for students to learn the Spanish language and culture

while enjoying summer fun. It is designed to immerse the student in the Spanish language and culture through the 5 senses. Each day we will have a theme to focus the language and cultural learning. The students will learn and practice new vocabulary and utilize that vocabulary while experiencing the culture through a

culinary dish, an art project, singing, dancing, and games.

Cost: \$90.00

Fun with Science and STEM

Instructor: Barbara Adcock barbara.adcock@powhatan.k12.va.us

Location: Flat Rock Elementary School

Dates: July 8-11 Grade(s): Rising 4-6

Description: Explore a different science topic each day! Explore electricity, pneumatics, and

other wind energies. Explore, design, and create!

Cost: \$50.00

Harry Potter: A Week at Hogwarts

Instructor: Carol Mack carol.mack@powhatan.k12.va.us

Location: Flat Rock Elementary School

Dates: July 15-18 Grade(s): Rising 3-5

Description: Have you always dreamed of finding a Hogwarts letter on your doorstep? Have you ever

had an urge to follow flying spiders or flying keys? This is the camp for you! Join us to find out if you are a true Gryffindor at heart or is there a Slytherin just dying to come out. We will produce our patronuses, create our own wands, compete in a scavenger hunt and visit Honeydukes to try your first chocolate frog! Only potential witches and

wizards, please. Muggles need not apply.

Cost: \$100.00

Heads Up Camp

Instructor: Pat Butler <u>pat.butler@powhatan.k12.va.us</u>

Location: Powhatan High School

Dates: July 15-18 Grade(s): Rising 4-8

Description: Campers will have fun while learning braiding techniques and using a curling

iron or wand! Come and practice creating the latest hairstyles!

Hands On Camp

Instructor: Pat Butler <u>pat.butler@powhatan.k12.va.us</u>

Location: Powhatan High School

Dates: July 22-25 Grade(s): Rising 4-8

Description: Campers will have fun while learning how to give manicures and pedicures.

There will also be opportunities to practice with creative nail art!

Cost: \$90.00

Le Monde Francophone - French Language and Culture

Instructor: Diana Erazo diana.erazo@powhatan.k12.va.us

Location: Flat Rock Elementary School

Dates: July 22-25 Grade(s): Rising 1-5

Description: This camp is a terrific way for students to learn the French language and culture

while enjoying summer fun. It is designed to immerse the student in the French language and culture through the 5 senses. Each day we will have a theme to focus the language and cultural learning. The students will learn and practice new vocabulary and utilize that vocabulary while experiencing the culture through a

culinary dish, an art project, singing, dancing, and games.

Cost: \$90.00

Mindfulness Matters

Instructor: Zannatul Ferdous zannatul.ferdous@powhatan.k12.va.us

Location: Flat Rock Elementary School **Dates:** July 8-11 or July 15-18

Grade(s): Rising K-8

Description: Relax and reflect at a summer camp unlike any other. At Mindfulness Matters, you will

learn the importance of being in the moment while accepting your own thoughts, feelings, and bodily emotions. You'll get to learn and practice mindfulness tools (yoga, deep breathing, nature walks, creating artwork, expressing gratitude and more) to help reduce stress and anxiety that may come with everyday life. And lastly, you will leave feeling

more in control and empowered for the new school year!

Cost: \$90.00

Music Beats and Bots Camp

Instructor: Terry Phillips <u>terry.phillips@powhatan.k12.va.us</u>

Location: Flat Rock Elementary School

Dates: July 8-11 Grade(s): Rising 3-7

Description: Participants will learn how to control technology using robots, circuits and music. Each

day, students will compose melodies while creating instruments from ordinary objects. Students will also explore musical apps and programs to develop coding and instrumental skills. Each student will create a musical instrument/inventions to keep for the summer.

Percussion Power Camp

Instructor: Terry Phillips <u>terry.phillips@powhatan.k12.va.us</u>

Location: Flat Rock Elementary School

Dates: July 15-18 Grade(s): Rising 3-6

Description: Students will explore percussion instruments from around the world while learning

bucket drumming, boom whackers, hand bells and rhythm band. Participants will perform individually and with a group. Rhythmic notation will be reinforced using various genres of music. Each student will have drum sticks and Music journal to keep for the summer.

Cost: \$90.00

Yarn Crafts and Sewing Camp

Instructor: Terry Phillips <u>terry.phillips@powhatan.k12.va.us</u>

Location: Flat Rock Elementary School

Dates: July 22-25 Grades: Rising 2-6

Description: Campers will be introduced to Sew Cool machines, crocheting, and needle point.

Participants will be able to create plushies, purses, quiet books, pencil cases and various yarn crafts and projects. Each student will have yarn, sewing projects, and crocheting

tools to keep for the summer.

Athletic Camps

Boys and Girls Basketball Camp

Instructors: Steve Washburn - <u>steve.washburn@powhatan.k12.va.us</u> and Kristy Henderson

kristy.henderson@powhatan.k12.va.us

Location: Powhatan High School **Dates:** June 24-27 OR July 8-11

Grade(s): Rising 2-8

Description: Participants will learn the basics of basketball

Cost: \$90.00

Boys and Girls Cross Country Camp

Instructor: Paul Smartschan paul.smartschan@powhatan.k12.va.us and Jean Wood

jean.wood@powhatan.k12.va.us

Location: Powhatan High School

Dates: June 24-27 Grade(s): Rising 2-8

Description: This youth running camp will help all participants become faster, smarter runners

through their inclusion in activities such as training stations (proper strengthening, form, breathing, etc. will be taught) and exciting time-trial events, games and activities. Over the four days, campers will learn skills and strategies from experienced coaches and high school cross country volunteers while they engage in fun activities such as relay race, strengthening endeavors like tug-of-war and a battle rope, and running games like capture the flag and an obstacle course. Campers of all speeds and running experience levels are

encouraged to participate and will benefit both physically and mentally from the

experience.

Cost: \$90.00

DANCE CAMPS

*Access the specific dance camp registration form/flyer online at this link:

Questions: Contact Jenn.lyman4@gmail.com

Elite Speed and Agility Camp

Instructor: Keilah Tyson <u>Keilah.tyson@powhatan.k12.va.us</u>

Location: Powhatan High School

Dates: July 8-11, July 15-18, OR July 22-25

Age(s): Ages 10-18 years old

Description: In all sports there is one thing that is universal and that is proper sprinting

mechanics. In majority of the sports we love we have to RUN. There aren't too many people with the skill and knowledge to teach proper running technique. During this camp, will provide information on how to be a more efficient runner while also teaching each individual athlete about their gait! Part of the camp will take place in the classroom learning about angles and watching videos on mechanics. The second half will be outside

on the track for execution of the drills we studied on that specific day.

Cost: \$70.00 for 3-day camp, \$90.00 for 4-day camp

Girls Field Hockey Camp

Instructor: Stephanie Brooks stephanie.brooks@powhatan.k12.va.us

Location: Powhatan High School

Dates: July 15-18 Grade(s): Rising 5-12

Description: Participants will learn the basics of field hockey. This camp is for beginners and

intermediate level players. Anyone interested in learning more about the sport is

welcome.

Cost: \$90.00

Play with a Pro: Ultimate Frisbee Camp

Instructor: Chuck Cantone chuck.cantone@powhatan.k12.va.us

Location: Powhatan High School

Dates: July 1-3 (three day camp) and July 8-11

Grade(s): Rising 2-12

Description: Want to learn a fun and exciting new sport? Come learn how to play ultimate frisbee with

Coach Cantone, a semi-professional athlete in the AUDL (American Ultimate Disc League) who also teaches French and World Languages at the middle school in his spare time. No experience necessary to sign up. *Each student who signs up will receive his or

her very own frisbee.

Cost: \$70.00 for three day camp; \$90.00 for four day camp

Girls Volleyball Skills Camp

Instructor: Cindy Bryant cindy.bryant@powhatan.k12.va.us

Location: Powhatan High School

Dates: July 15-18 Grade(s): Rising 3-8

Description: Players will have fun learning the basic volleyball skills and essentials of teamwork

as they interact with JV and Varsity players and coaches.

Cost: \$90.00

Boys and Girls Lacrosse Camp

Instructor(s): Laura Camp- laurawcamp@gmail.com and Joe Niles -joe.niles6892@gmail.com

Location: Powhatan High School

Dates: July 22-25 Grade(s): Rising 4-8

Description: This camp is offered for beginner and intermediate players. Participants will learn the

fundamentals of lacrosse through station work, drills, stickwork and small sided games.

Girls Equipment Required: stick, goggles and mouthguard. Boys Equipment

Required: stick, chest pads, gloves and helmet and mouthguard.

Registration Form

Complete and Return Registration Form with Payment to Tracey Ingle by MAY 21, 2019

Camper's Name:		Age:	Grade:	
Date of Birth:	School:			
Address:				
Parent's Name:		Phone Number:		
Email Address:				
Emergency Contact Name/l	Phone Number:			
Camper's T-Shirt Size:				

Please place a check beside the camp(s) for which you are registering.

ENRICHMENT CAMPS		
Mindfulness Matters	July 8-11 OR July 15-18	\$90.00
Music Beats and Bots	July 8-11	\$90.00
Fun with Science and STEM	July 8-11	\$50.00
Harry Potter: A Week at Hogwarts	July 15-18	\$100.00
Heads Up Camp	July 15-18	\$90.00
El Mundo Hispanohablante - Spanish Language and Culture	July 15-18	\$90.00
Percussion and Power Camp	July 15-18	\$90.00
Hands On Camp	July 22-25	\$90.00
Le Monde Francophone- French Language and Culture	July 22-25	\$90.00
Yarn Crafts and Sewing Camp	July 22-25	\$90.00

ATHLETIC CAMPS		
Boys and Girls Basketball Camp	June 24-27 OR July 8-11 (circle one)	\$90.00
Boys and Girls Cross Country Camp	June 24-27	\$90.00
Girls Field Hockey Camp	July 15-18	\$90.00
Elite Speed and Agility Camp	July 8-11 OR July 15-18 OR July 22-25 (circle one)	\$90.00
Girls Volleyball Camp	July 15-18	\$90.00
Boys and Girls Lacrosse Camp	July 22-25	\$90.00
Dance Camp* See Dance Camp Paper Flyer	*see flyer	*see flyer
Play with a Pro: Ultimate Frisbee Camp	July 1-3 OR July 8-11 (circle one)	\$70.00 for 3-day camp, \$90.00 for 4-day camp

Please return the completed form with cash or check payment to Tracey Ingle at:

Powhatan High School C/O Tracey Ingle 1800 Judes Ferry Road Powhatan, VA 23139

You may also register and pay online. Register online using this link: http://tinyurl.com/2019Camps.

Payment can be made online using MySchoolBucks. A link to this payment system is located on your school's website. Payment is expected within <u>three days</u> of submitting an online registration.

***CAMP PAYMENTS ARE NON-REFUNDABLE

In accordance with federal laws, the laws of the Commonwealth of Virginia and the policies of the Powhatan County School Board, the Powhatan County Public School Division does not discriminate on the basis of sex, race, color, age, religion, disabilities, or national origin in the provision of employment and services. Powhatan County Public Schools is an equal opportunity employer. The Section 504 and Title IX Coordinators may be reached at 2320 Skaggs Road, Powhatan, Virginia 23139 and (804)598-5700.