

December 2022 Elementary Lunch Menu

Student Lunch \$3.00
Adult Meals - \$5.02+tax

Lunch Includes:
3 of the 5 Components
Choice of Fruit, Vegetable, Grain, Meat or
Meat Alternate and Milk

Milk Choice:
Skim, 1% or Fat Free Chocolate
Hormone & Antibiotic Free

Lunch Alternatives:
Whole Grain Bagel w/ Yogurt
Turkey, Ham, Cheese, or PB&J Sandwich
Grilled Chicken or Garden Salad

***Accommodations for Special Dietary
Needs are Available Only to Students
with an annually completed
"Special Dietary Needs Medical Stmt. Form"**

Any questions please email:
zadorin-jennifer@aramark.com

Menu is subject to Change

WG- Whole Grain
WW- Whole Wheat



1
Chicken Patty
Parmesan
on a WG roll
Steamed Carrots
Fresh Pineapple

2
Cheese / Pepperoni
(Pork & Beef)
WG Pizza
Garden Salad
Fresh Honeydew Melon

5
MEATLESS MONDAY
Cheese Quesadilla
Vegetarian Baked Beans
Fresh Blueberries

6
WG French Toast Sticks
Turkey Sausage
Tater Tots
Banana

7
Beef Hamburger /
Cheeseburger
on a WG Bun
Sweet Potato Fries
Watermelon

8
WG Breaded Chicken
Nuggets and a
WG Dinner Roll
Green Beans
Fresh Pineapple

9
Cheese / Pepperoni
(Pork & Beef)
WG Pizza
Garden Salad
Fresh Honeydew Melon

12
MEATLESS MONDAY
Grilled Cheese on
WG Bread
Steamed Carrots
Apple Slices

13
Meatball Parmesan
on a WG roll
Green Beans
Fresh Pineapple

14
WG Breaded Chicken
Nuggets and a
WG Dinner Roll
Sweet Corn
Fresh Pineapple

15
Nachos With Chicken
Taco Meat, Cheese
Sauce & Salsa
Vegetarian Baked Beans
Banana

16
Cheese / Pepperoni
(Pork & Beef)
WG Pizza
Garden Salad
Fresh Honeydew Melon

19
MEATLESS MONDAY
Pizza Sticks WG
with Sauce
Roasted Cauliflower
Fresh Cantaloupe

20
Beef Hamburger /
Cheeseburger
on a WG Bun
Kickin Pinto Beans
Apple Slices

21
Cheesy Baked
WG Penne Pasta
Seasoned Broccoli
WG Dinner Roll
Fresh Strawberries

22
Beef Hot Dog
on a WG Roll
Oven baked French Fries
Orange Wedges

23
Cheese / Pepperoni
(Pork & Beef)
WG Pizza
Tomato Cucumber Salad
Fresh Honeydew Melon

26
Winter Recess
School Closed

27
Winter Recess
School Closed

28
Winter Recess
School Closed

29
Winter Recess
School Closed

30
Winter Recess
School Closed

