

Lunch Menu

Elementary

May
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



6 Grilled Cheese Sandwich
Steamed Peas
Cucumber Coins
Applesauce

7 Chicken & Cheese Quesadilla
Cheese Quesadilla
Side of Beans
Salsa
Chilled Red Pepper Strips
Fresh Orange

8 Chicken Nuggets
Oven Baked Fries
Dinner Rolls
Celery Sticks
Mixed Fruit

9 Meatball Dunkers
Dinner Rolls
Sautéed Zucchini
Fresh NY Local Apple

10 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese
Roasted Asparagus
Romaine Lettuce
Ranch Dressing
Fresh Banana

13 Crispy Chicken Sandwich
Steamed Peas
Oven Baked Fries
Applesauce

14 Soft Tacos
Shredded Cheddar Cheese
Side of Beans
Salsa
Grape Tomatoes
Fresh Orange

15 Homemade Mac & Cheese
Green Beans
Diced Peaches

16 Egg and Cheese Sandwich
Potato Puffs
Fresh NY Local Apple
Served on WW Bagel

17 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese
Roasted Asparagus
Side Salad
Fresh Banana

20 Grilled Cheese Sandwich
Tomato Soup
Oven Baked Fries
Side Salad
Applesauce

21 Nachos Grande
Side of Beans
Salsa
Shredded Cheddar Cheese
Cucumber Coins
Fresh Orange

22 Wing Shack Chicken
Wings
Dinner Rolls
Green Beans
Mixed Fruit

23 Cheeseburger
NY Beef Burger
Steamed Carrots
Crispy Potato Puffs
Fresh NY Local Apple

24 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese
Spinach Salad
Ranch Dressing
Fresh Banana

27

28 Chicken & Cheese Quesadilla
Cheese Quesadilla
Side of Beans
Salsa
Chilled Red Pepper Strips
Fresh Orange

29 Chicken Nuggets
Oven Baked Fries
Dinner Rolls
Celery Sticks
Mixed Fruit



30 Cinnamon French Toast
Syrup
Sausage Patty
Fresh NY Local Apple

31 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese
Spinach Salad
Ranch Dressing
Fresh Banana



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Prices

\$3.00

Milk: \$0.75

If you have any questions or would like more info contact our Food Service Director
Mike Canzone canzonem@whitsons.com

Adult Price \$5.50

Lunch Daily Offerings: Romaine Side Salad W/Dressing

Grab and Go Sandwiches: Turkey and Cheese, Ham and Cheese, PB&J, Cheese Sandwiches all on WG breads. Bagel Meal with Cheese Stick and Yogurt. Entree Salads: Garden with Crispy Chicken, Caesar with Chicken and Cheese, Garden with Deli Meat, Garden with Cheese, (Offered with WG Rolls). Apples & Oranges Choice of 1% White Milk, Skim Milk or Fat Free Chocolate Milk

