



Pearl River High School April 2019

Lunch includes...
Entrée, Vegetable,
and/or side Veggies,
Variety of Fruit or 100%
Fruit Juice, Milk
(Antibiotic & Hormone
Free).

Daily Options...

Made to order Deli:

Sandwiches and Paninis. With
Lettuce, Tomatoes, Onion, and
pickles

Special Sandwich of the day.

Salads: Made to Order.

Grill: Chicken Patties, Burgers &
Spicy Patties.

Pizza: Cheese, Pepperoni &
Special.

Yogurt parfaits

Lunch \$2.75 Reduced .25

Allergies/Dietary Needs

Email: spina-eileen@aramark.com



**Waffle
Wednesday**
Grab N Go
Freshly made on
site Belgium
Waffles

**Smoothie
Tuesday**
Grab N Go
Freshly made on
site Smoothies

Daily Gluten Free
Options
Chicken Patty,
Hamburger or
Garden Salad with
Yogurt
**MUST BE ORDERED
by 8:30AM**

April 12
**National
Grilled Cheese Day**

Fish Friday
Fish Patty
Sandwich

1
Potato Pierogis
With Grilled
Onions, Sour
Cream, Green
Beans
Applesauce

2
Nuggets & Tots
Peas & Carrots
Tomato Cucumber
Salad

3
Fuel Special
Enchilada Stacker
Layers of Beef,
Cheese & Beans

4
Bacon Burger &
Tots
Baby Carrots
Applesauce
GF Nuggets

5
French Toast
Sticks
Hash Brown
Patty
Applesauce

8
Meatball Parm
on a Hoagie
Broccoli
Applesauce
GF Pizza

9
BBQ Steakhouse
Burger
Steak Fries
Peas & Carrots
GF Quinoa,
Chicken & Broccoli

10
Roasted Chicken
Diced Potatoes
Sweet Corn
Apple

11
Baked Ziti
with Marinara
Sauce
Dinner Roll,
Green Beans
GF Pasta with
Sauce

12
Grilled Cheese and
Tater Tots
Diced Carrots
Apples
GF Nuggets

15
Chicken Tenders
Mashed Potatoes
Corn
Baby Carrots
GF Pizza

16
Fuel Special
Southwest Stacker
Layers of Chicken,
Cheese and Salsa

17
Buffalo Chicken
Flatbread
Roasted Broccoli
GF Grilled Chicken
Lettuce & Tomatoe

18
Homemade
Mac N Cheese
Dinner Roll
Peaches
GF Pasta with
Sauce

19
Spring Break
4/19- 4/28

29
Chicken Bacon
Ranch Flatbread
Curley Fries
Cole Slaw
GF Pizza

30
Roasted BBQ
Chicken
Baked BBQ Beans
Homemade
Cornbread

