



**Mental Health Association
of Rockland County**
Connecting people. Educating families. Rebuilding lives.

- **FOR PARENTS** of teens in High School or entering High School who have emotional challenges or disability
- Separate groups for **TEENS**
- Groups held concurrently in adjacent rooms

Parents may attend with or without their teen. Teens may attend with parental permission)

PARENTS support one another and share success stories and concerns with other parents of teens with an Emotional Disability OR parents of teens in Therapeutic High Schools. Hear from professionals and counselors on subjects related to your teen.

TEENS, let's talk about topics of interest to YOU while we socialize and play games, watch videos and eat!

**REFRESHMENTS
will be served**



Wednesday Sept. 12

PARENT SUPPORT GROUP

**TEEN GROUP HELD
AT THE SAME TIME**

Date: **September 12, 2018**

Time: **6:30 PM - 8:00 PM**

Place: **MHA Administrative Offices
Thomas P. Morahan Wellness Center
140 Route 303
Valley Cottage, NY 10989**

RSVP: **Madlen Setian, Facilitator
(845) 267-2172, ext. 281 or
Kathy Abramson, ext. 278**

DIRECTIONS: Take NY State Thruway to exit 12; Follow signs to Route 303 North. Drive 1.7 miles north on Route 303 and make right turn into parking lot at 140 Route 303. (Across from the Foodtown Shopping Center and Valley Cottage Post Office.) Entrance is in front of building. From Haverstraw: Take Route 9W south to Route 303 South. Pass light at Lake Road, continue on 303 south—MHA is about 1.8 miles south on your left at 140 Route 303. (Across from Foodtown Shopping Center and Valley Cottage Post Office.)