



# Are you okay?

We are here to support you. At Lincoln Everybody has a Somebody.

**If you are in crisis and need immediate attention, call 988.**

**988**

Suicide & Crisis Lifeline

Text or Call 988

[nycwell.cityofnewyork.us/en/](https://nycwell.cityofnewyork.us/en/)

**The Trevor Project**

1-866-488-7386

[www.thetrevorproject.org/](https://www.thetrevorproject.org/)

**NYC teenspace**

Free online therapy for NYC teens.

[www.talkspace.com/coverage/nyc](https://www.talkspace.com/coverage/nyc)

<b>ALHS Mental Wellness Champions</b>	<b>Reach out via Chat on Microsoft Teams</b>
<b>Ms. Jessica Carey</b> (Rm B46) <i>Supports: All Students, Computer Science Crew</i>	<b>Teams Chat:</b> jcarey3
<b>Ms. Keshia Donatien</b> (SBST) <i>Supports: Counseling</i>	<b>Teams Chat:</b> kdonatien
<b>Ms. Karanfilian</b> (Rm 113) <i>Supports: Counseling, Trauma, and Suicidal Risk</i>	<b>Teams Chat:</b> zkaranfilian
<b>Ms. Kim Maharaj-Mariano</b> (Rm 150) <i>Supports: Counseling, Trauma, and Suicidal Risk</i>	<b>Teams Chat:</b> kmaharajmariano
<b>Mr. Jim Martucci</b> (SBST) <i>Supports: Counseling, LGBTQ, and Transitional Support.</i>	<b>Teams Chat:</b> jmartuc2 <b>Call:</b> (347) 849-0814
<b>Ms. Nancy Moshen</b> (Rm 314) <i>Supports: Counseling, mental wellness and Multi- language Learners</i>	<b>Teams chat:</b> nabdelmohsen
<b>Ms. Ketsie Roberts</b> (Rm 101) <i>Supports: All students, Mediation, and Anger Management</i>	<b>Teams Chat:</b> krobert25
<b>Mr. Scarborough</b> (Rm 113) <i>Supports: Substance Abuse Prevention and Intervention, Vet Science Crew</i>	<b>Teams Chat:</b> jscarborough4
<b>NYU Clinic at Abraham Lincoln High School</b> (Rm B8)	<b>Call:</b> (718)-333-5800
<b>Ms. Stephanie Santoro</b> Mental health counselor with Lincoln's NYU Langone Student Clinic	<b>Email:</b> <a href="mailto:Stephanie.Santoro@nyulangne.org">Stephanie.Santoro@nyulangne.org</a>
<b>Ms. Catherine Schloth</b> Mental Health Counselor with Lincoln's NYU Langone Student Clinic	<b>Email:</b> <a href="mailto:catherine.schloth@nyulangone.org">catherine.schloth@nyulangone.org</a>
<b>Dr. Elizabeth Janopaul-Naylor, MD</b> <i>Child &amp; Adolescent Psychiatrist, Ambulatory Behavioral Health Services, NYU Langone</i>	<b>Call:</b> (718)-333-7590