

LUNCH

APRIL 2021
Child Nutrition UPK

HOT
LUNCH MENU

Monday

Tuesday

Wednesday

Thursday

Friday



Cheese Pizza
Steamed Spinach, $\frac{1}{2}$ cup
Chickpea Salad, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

NO SCHOOL
ON Friday or
Monday!
Happy LOOOOOOOOONG WEEKEND!

EASTER BREAK



EASTER BREAK



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Grilled Cheese Sandwich
Steamed Carrots, $\frac{1}{2}$ cup
French Fries, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

12

Penne Pasta with
Beef Meatballs
Marinara Sauce 2oz
Green Beans, $\frac{3}{4}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

13

Brunch for Lunch
Egg & Cheese on a
WG English Muffin
Hash Browns $\frac{1}{2}$ cup
Green Pepper Strips, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

14

Teriyaki Breaded
Chicken Smackers
with Brown Rice
Steamed Broccoli, $\frac{3}{4}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

15

Cheese Pizza
Steamed Spinach, $\frac{1}{2}$ cup
Chickpea Salad, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

16

Roasted Chicken Pieces
WG Breadstick
Brown Rice $\frac{1}{2}$ cup
Kidney Beans, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

19

Baked Macaroni
& Cheese
Carrot Coins, $\frac{1}{2}$ cup
Steamed Broccoli, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

20

Chicken Patty on a Bun
Honey Mustard & BBQ Sauce
Potato Wedges- $\frac{3}{4}$ cup
Fresh Seasonal Fruit, $\frac{1}{2}$ cup
Choice of Milk

21

Beef Tacos on
a Soft Tortilla Shell
Shredded Lettuce
Sweet Potato Fries, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

22

Sicilian Pizza
Steamed Zucchini, $\frac{3}{4}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

23

Chicken Parmesan
on a Bun
Green Beans, $\frac{3}{4}$ cup
Steamed Carrots, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

26

Chicken Fajita w/ cheese
on Soft Shell
Black Bean Salad, $\frac{1}{2}$ cup
Roasted Corn, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

27

Beef Cheeseburger on Bun
Celery Sticks, $\frac{1}{2}$ cup
Potato Wedges $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

28

Chicken Nuggets with
Sweet Potato Fries, $\frac{1}{2}$ cup
Steamed Broccoli, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

29

Mozzarella Sticks
Rotini Pasta
Marinara Sauce
Steamed Spinach, $\frac{3}{4}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

30

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NYSED have
granted free
Breakfast and free
Lunch to ALL
students until
further notice

Assorted Fruit

Fresh Fruit-1 Piece
ex (apple, banana,
orange)

Frozen Fruit Cup $\frac{1}{2}$
cup

Prepared Fruit Cup
 $\frac{1}{2}$ cup
Ex. (pear, pear,
peaches, ap-
plesauce)