

Pearl River Elementary School Menu Sept. 2020

Lunch Includes

3 of the 5 Components Choice of Fruit or Juice, Vegetable, Grain, Meat or Meat Alternate and Milk

Milk Choice:

1%, Skim or Chocolate Skim (Hormone & Antibiotic Free)

Garden Salad, Bagel Lunch w/Yogurt or Cheese Stick

Sandwich Choices:

Turkey, Ham, Cheese or PB&J

Gluten Free Meals are Available Only to Students with **Documented Food Restrictions**

Lunch \$2.50 Reduced .00

aramark)

Complete Lunch \$2.50

Reduced Lunch \$0.00

Welcome

Back

Students

& Staff!

Labor Day

School Closed

Chicken Nuggets

Dinner Roll

Seasoned Broccoli

Apple Slices

8

1

See Pick Up Menu

9

2

See Pick Up Menu

10

3

See Pick Up Menu

11

See Pick Up Menu

Hamburger or Cheeseburger

Veggie Baked Beans **Seasoned Carrots Fruit Cup**

On a WG Bun

16

See Pick Up Menu

17

Homemade Mac & Cheese

Breadstick **Green Beans** Fruit Juice

18

Popcorn Chicken

Dinner Roll **Mashed Potatoes** Fruit Cup

Lunch Alternatives:

21

14

Popcorn Chicken

Dinner Roll Mashed Potatoes Fruit Cup

22

15

All Beef Hot Dog On a WG Bun

Seasoned Carrots Fruit Juice

23

See Pick Up Menu

24

Chicken Nuggets

Dinner Roll Seasoned Green Beans **Apple Slices**

25

Hamburger or Cheeseburger On a WG Bun

Veggie Baked Beans Steamed Seasoned **Broccoli Fruit Cup**

28

Yom Kippur

School Closed

29

Hamburger or Cheeseburger On a WG Bun

Veggie Baked Beans Baby Carrots Fruit Cup

30

See Pick Up Menu



Ala Carte Snacks & **Beverages** Spring Water-\$1.00 Capri Sun-\$1.00

Baked Chips-\$1.00 Rice Krispy Treat-\$1.35

This institution is an equal opportunity provider.