



# Pearl River Elementary School Menu January 2021

## Lunch Includes

3 of the 5 Components  
Choice of Fruit or Juice,  
Vegetable, Grain, Meat or Meat  
Alternate and Milk

## Milk Choice:

1%, Skim or Chocolate Skim  
(Hormone & Antibiotic Free)

## Lunch Alternatives:

Bagel Lunch w/Yogurt

## Sandwich Choices:

Turkey, Cheese or PB&J

## Salad Choices:

Grilled Chicken Salad or  
Garden Salad

Gluten Free Meals are Available Only  
to Students with Documented Food  
Restrictions

All School Meals Are Free to All  
Students Until 6/30/21



This institution is an equal opportunity provider.

1  
School Closed  
Winter Recess

4  
See Pick Up Menu

5  
See Pick Up Menu

6  
See Pick Up Menu

7  
See Pick Up Menu

8  
See Pick Up Menu

11  
Cheese Filled  
Breadsticks  
Marinara Sauce  
Apple Slices  
Choice of Milk

12  
Fresh Baked Cheese  
or Pepperoni Pizza  
Baby Carrots  
Fruit Cup in Juice  
Choice of Milk

13  
See Pick Up Menu

14  
Popcorn Chicken  
WG Dinner Roll  
Steamed Broccoli  
Apple Sauce  
Choice of Milk

15  
Hamburger or  
Cheeseburger  
On a WG Bun  
Veggie Baked Beans  
Apple Slices  
Choice of Milk

18  
School Closed  
MLK Jr. Day

19  
Chicken Nuggets  
WG Dinner Roll  
Seasoned Broccoli  
Fruit Cup in Juice  
Choice of Milk

20  
See Pick Up Menu

21  
Corn Dog  
Veggie Baked Beans  
Apple Slices  
Choice of Milk

22  
Fresh Baked  
Cheese or  
Pepperoni Pizza  
Baby Carrots  
Fruit Cup in Juice  
Choice of Milk

25  
Chicken Patty  
Sandwich  
On a WG Bun  
Veggie Baked Beans  
Fruit Cup in Juice  
Choice of Milk

26  
Fresh Baked Cheese  
or Pepperoni Pizza  
Baby Carrots  
Fruit Cup in Juice  
Choice of Milk

27  
See Pick Up Menu

28  
Breakfast for Lunch  
Mini Maple Burst  
Pancakes  
Chicken Sausage  
Apple Slices  
Choice of Milk

29  
Cheese Filled  
Breadsticks  
Marinara Sauce  
Apple Slices  
Choice of Milk