














Upson-Lee Middle School

February 2024 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	Cruciferous Vegetables: Cabbage Broccoli Cauliflower		1	2
			Meatball Sub w/ Chips OR Wrap/Sandwich Celery w/ Dip Side Salad	Crispy Chicken Sandwich Spicy Chicken Sandwich French Fries Baked Beans
5	6	7	8	9 #SuperBowl
Chili w/ Fritos & Cheese OR PBJ Sandwich Fresh Mixed Veggie Cup w/ Dip Dragon Punch Juice	Cheeseburger OR Wrap/Sandwich French Fries Steamed Broccoli	Nachos OR PBJ Sandwich Refried Beans Lettuce, Tomato, Salsa	Breaded Beef Patty w/ Roll OR Wrap/Sandwich Creamy Potatoes Early Peas	Tailgate Tacos OR Draft Pick PBJ Kick-Off Veggies Corn, Lettuce, Tomatoes, Onions
				
12	13	14 #Valentines	15	16
Chicken Alfredo w/ Breadstick OR PBJ Sandwich Steamed Cabbage Black-eyed Peas	Chicken Fajita Burrito OR Wrap/Sandwich Mexican Corn Salsa	"Heart~y" Nuggets w/ Roll OR PBJ Sandwich Cheesy Broccoli Baby Carrots w/ Dip	Sweet & Sour Meatballs w/ Rice OR Wrap/Sandwich Stir Fry Veggies Sun Splash Juice	BBQ Cheesy Tots OR PBJ w/ Chips Fresh Veggies w/ Ranch Dragon Punch Juice
19	20	21	22	23
		Winter Break		
26	27	28 #NationalPancakeDay	29	
Chicken Fajita Burrito OR Wrap/Sandwich Mexican Corn Salsa	Poppy Seed Chicken w/ Rice OR Wrap/Sandwich Steamed Cabbage Roasted Carrots	Pancakes w/ Sausage OR PBJ Sandwich Hash Brown Sun Splash Juice	Meatball Sub w/ Chips OR Wrap/Sandwich Broccoli Bites w/ Dip Baked Beans	
UL Pizzeria & Grab & Go				
Pepperoni	Cheese	Pepperoni	Assorted Pizza	Stuffed Cheese Sticks
Chef Salad w/ Crackers	Garden Salad w/ Crackers	Tuna Salad Croissant	Chef Salad w/ Crackers	Garden Salad w/ Crackers
Breakfast Grab & Go <i>A variety of options available daily on our Grab-N-Go Lines at each entrance location.</i> <i>Yogurt Parfaits, Pop tart options, Assorted Cereal/Granola Bars, Apple Frudels, Multigrain Bars, Assorted Breakfast Pastries, and various other options.</i> <i>A hot breakfast option is available in the cafeteria.</i>				
Chicken Biscuit	French Toast w/ Sausage	Sausage Biscuit	Steak Biscuit	Biscuits w/ Gravy
Menu's are subject to change based on availability of items with distributors. "USDA is an equal opportunity provider and employer."				
All lunch meals are served with vegetable, fruit, and milk options. All breakfast meals are served with fruit, juice and milk options				