



Mahopac High School

December 2021

**ALL
STUDENTS
EAT FREE
EVERY DAY**



1
Buffalo
Chicken Patty-Bun
Baked Beans
Fresh Apple



2
Egg & Cheese
WG Roll
Sliced Cucumbers
Banana

3
Cheese Pizza
Sauté' Zucchini
Strawberry Cup

6
Oven Baked
Mozzarella Sticks
Tomato Dipping
Sauce
Tater Tots
Fresh Apple

7
Beef Hot Dog
WG Bun
Oven Baked Fries
Baked Beans
Fresh Orange

8
WG French Toast
Sticks W/ Chicken
Sausage
Celery Sticks,
Banana

9
Chicken Nachos
W/ Tostito Scoops
Brown Rice
Red Pepper Strips
Salsa
Sliced Pineapple

10
Oven Roasted BBQ
Chicken
Dinner Roll
Mashed Potatoes
Broccoli
Berry Cup

13
Chicken Tenders
BBQ Dipping Sauce
Dinner Roll
Baked Beans
Fresh Orange

14
Oven Baked Pizza
Sticks
Dipping Sauce
Broccoli
Apple Slices

15
Crispy Chicken
Sandwich
Oven Baked Fries
Banana

16
Chicken & Cheese
Burrito
Brown Rice
Grape Tomatoes
Peach Cup

17
WG Cheese Pizza
Cauliflower
Grapes

20
WG French Toast
Sticks W/ Chicken
Sausage
Hash Browns
Apple Slices

21
Oven Baked WG
Chicken Nuggets
Baked Beans
Sweet Corn
Dinner Roll
Peach Cup

22 **Holiday Special**
Open Faced
Roasted Turkey
Sandwich W/
Gravy
Sweet Potato
Broccoli
Applesauce



23
WG Cheese Pizza
Sliced Cucumbers
Fresh Melon

24 **CLOSED**
Holiday Recess

27 **CLOSED**
Holiday Recess

28 **CLOSED**
Holiday Recess

29 **CLOSED**
Holiday Recess



30
Part Time HELP
wanted in the
cafeteria. Earn while
your children learn!
Call 628-3256
x11891



31 **Daily Milk
Choice**
**1%
Skim
Fat Free
Chocolate**



More info...

Lunch Price -FREE to ALL

If you have a food allergy, please speak to the nurse or food server about it

**** = Pork Product, WG = Whole Grain**

This institution is an equal opportunity provider.



Available Daily

Alternate Lunch: Turkey & Cheese or Ham & Cheese Sandwich or Pizza Lunch. Carrot sticks, assorted fresh fruit and 100% fruit juice.

**ALL MEALS WILL BE PREPACKED FOR
GRAB AND GO**

MENU SUBJECT TO CHANGE