

Health Screenings and Immunizations Needed For The 2020-21 School Year

Dear Tuckahoe Union Free School District Community,

As we begin to prepare for the 2020-21 school year, our primary concern remains the health and safety of our students. To that end, please be aware of the following health screening and immunization requirements needed to officially start the new school year:

Health Screenings and Immunizations Needed For The 2020-21 School Year, 2020 Health Examination Form (physicals) forms must be submitted at the start of the following grade levels for a child to attend school:

K, 1, 3, 5, 7, 9, and 11

All new students to the District (regardless of incoming grade level)

Please submit all Health Physicals and immunizations forms along with any other medical forms (see below) needed for the student prior to the start of the 2020/2021 school year. They can be submitted via email to https://dischools.org for K-5 and https://dischools.org for 6-12 postal mail to William E Cottle School Attn School Nurse or TMS/THS Attn School Nurse.

The Health Packet tab has all forms needed. If the student has any of the noted conditions below please print forms accordingly. Food allergy care plans, Asthma care plans, Seizure care plan, Diabetes care plan, OTC/prescription medicine authorization all can be printed out from the TUFSO Health page. https://www.tuckahoeschools.org/school_nurse_information.

Immunizations Required 2020/2021 School Year: K to 5th Grade

(Dtap/DTP/Tdap) 5 doses or 4 doses if the 4th dose was received at 4 years old or older. Hepatitis B vaccine 3 doses

Measles, Mumps and Rubella vaccine (MMR) 2 doses

Polio vaccine (IPV/OPV) 4 doses or 3 doses if the 3rd dose was received at 4 years old or older. Varicella (Chickenpox) vaccine 2 doses

Additional Immunizations Required 2020/2021 School Year Grades 6-12

Rising 6th graders (current 5th grade students) All students who are moving up to the 6th grade in the fall are required to receive a Tdap vaccination when turning 11 years old. Proof of vaccination or proof of an appointment to be vaccinated is required within 30 days of school starting, or within 30 days of your child's 11th birthday, to avoid exclusion from school.

Rising 7th graders (current 6th grade students) All students moving up to the 7th grade are required to receive the first dose of the meningococcal vaccine within two weeks of school starting in the fall. Proof of vaccination is required within 14 days of school starting to avoid exclusion from school.

RIsing 12th graders (current 11th grade students) All students moving up to the 12th grade in September are required to receive the second dose of the meningococcal vaccine. Proof of vaccination or proof of an appointment to be vaccinated is required within 30 days of school starting to avoid exclusion from school. 2019-20 School Year New York State Immunization Requirements for School Entrance/At

Fiona Higgins RN

WEC School Nurse

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Parent/Guardian Notification Regarding the Completion of the Required School Health Examination Form Effective 1/31/2021

Dear Parent/Guardian,

Date:

Education Law requires all New York State (NYS) public school students to have a health exam when they are a new student in a school district and when they enter Pre-K or Kindergarten, and grades 1, 3, 5, 7, 9, and 11.

Beginning on 1/31/21, schools cannot accept the health exam if it is not on the required form or the required health record equivalent.

We have attached a letter and copy of the required form with instructions for your health care provider (HCP). The form and instructions are also on the nurses/health office page on the school website at https://www.tuckahoeschools.org/. Please share the attached papers at your child's next visit for a health exam with the health care provider (HCP).

If you have questions, please contact:

Fiona Higgins RN
WEC School Nurse
Higgins@tuckahoeschools.org
Phone: (914) 337-5376 ext 1282

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Linda Poulos RN
TMS/THS School Nurse
Poulosl@tuckahoeschools.org
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Health Care Provider Notification Regarding the Completion of the Required School Health Examination Form Effective 1/31/2021

Dear Healthcare Provider,

Education Law requires all New York State (NYS) public school students to have a health exam as a new entrant, in Pre-K or Kindergarten, and grades 1, 3, 5, 7, 9, and 11.

Effective 2/1/21, all health examinations performed for school must be documented on the NYS Required Health Examination Form or an electronic health record equivalent form - pursuant to Education Law. The form will be available on the NYSDOH Health Commerce System (HCS) in mid-February.

ONLY the approved form or an electronic health record equivalent form will be accepted by schools for health examinations conducted on or after 1/31/2021.

Students who present a physical exam that is not acceptable will be required to have the parent/guardian contact your office to complete the correct form. We ask that you comply with Education Law and document a health exam on the correct form or electronic health record equivalent.

Please note the components on the health exam form are required in NYS Law.

The <u>Instructions for Completion of New York State School Health Examination Form</u> (included in this packet) provides directions to healthcare providers on the required components and the required presentation order of those components for an electronic health record form to be an equivalent form.

Thank you for assisting your patients and families by providing the documentation required by NYS Education Law.

Sincerely,

Dr. Amy Goodman Superintendent of Schools

Instructions for Completion of New York State School Health Examination Form

This form is to be completed in its entirety, except fields designated as optional, by the private provider or school medical director. NYSED requires a physical exam for new entrants and students in grades pre-K or K, 1, 3, 5, 7, 9, and 11; annually for inter-scholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-school special education (CPSE). The date of examination must be not more than 12 months prior to the start of the school year and noted on form.

Health History

Chronic medical conditions should be listed in patient's problem list.

- ICD-10 codes should accompany diagnoses ONLY for patients who have Medicaid and have an Individualized Education Plan
 (IEP) for special education in school and receive related services (i.e. nursing, social worker/psychologist, PT/OT/ST, or
 special transportation).
- Asthma, Seizure disorders, life threatening allergies and Diabetes must be included if diagnosed, and each require a separately attached care plan:
 - O Diabetes- requires a Diabetes Medical Management Plan (DMMP) specifying the type of diabetes and most recent hemoglobin A1c (include date), See NYSDOH Diabetes Medical Management Plan;
 - Seizure disorders care plans should include date of last known seizure; See <u>NYSCSH Seizure ECP with Medication</u> Information;
 - Asthma Asthma Action Plans should include medication orders along with directives. See NYSDOH Asthma Action Plan; and
 - o Allergies life threatening allergy care plans should specify what the patient is allergic to. See AAAI Sample Anaphylaxis Emergency Action Plan.
- Consider screening for T2DM if BMI% >85% and child has 2 or more risk factors: Family history of T2DM, Ethnicity, Symptoms of insulin resistance, History of gestational diabetes in the mother, and or pre-diabetes.
- Include hyperlipidemia and hypertension if diagnosed.
- Include mention of unpaired eye, kidney or testicle if relevant.
- Include mental health diagnoses where permitted by patient/family.
- Under allergies, List all allergies including medication, food, insects, latex, and other environmental allergens.
- Attach medication administration forms for medication which will be administered in school
- Past medical history must include any concussions with the dates of when they occurred.
- Height, weight, and BMI must be provided including percentile for each, as well as marking appropriate BMI category.
- Pulse and respiratory rate are to be documented for students with diagnosed respiratory or cardiac conditions.

Laboratory and Diagnostic Testing

- Tuberculosis screening, if indicated and performed, should specify type of testing (PPD or Interferon-gamma release assay), result, and test date.
 - Screening for vision and hearing in grades PreK or K, 1, 3, 5, 7, and 11, and for scoliosis in grades 5 and 7 for girls, grade 9 for boys that is not done or reported on the school form will be performed by the school.
- Vision screening should include the results of distance acuity testing in each eye (pass is 20/30 or better), an assessment of near vision acuity (pass is 20/40 or better). Color vision (pass/fail) is required if student is attending a new school. See NYSED Vision Screening Guidelines for Schools
- Hearing screening should be performed at 20 db and pass or fail noted for each frequency (500Hz, 1000Hz, 2000Hz, 4000Hz); children ≥11 years of age should be screened for high frequency hearing loss by testing at 6000Hz and 8000Hz. See NYSED Hearing Screening Guidelines for Schools
- Lead screening- indicate if screening done for students in PreK or K.

Physical Examination

- A complete physical exam must include the following systems: HEENT, Dental, Neck, Lymph nodes, Lungs, Abdomen, Back/Spine including screening for scoliosis (see above grade levels), Genitourinary, Extremities, Skin, Neurological, Speech/Language, Social-Emotional, and Musculoskeletal.
- Abnormal findings on review of systems and physical exam should be noted
- Tanner Staging (1-5) must be supplied ONLY for any student in Grades 7 or 8 to play sports at a high school level or Grades 9-12 to play middle school level sports.

Assessment and Recommendations

- State has no restrictions if applicable
- Please note any restrictions on physical activity including participation in physical education, sports, playground and work.
 Include applicable limitations on contact sports baseball, basketball, competitive cheerleading, field hockey, football, ice hockey, lacrosse, soccer, softball, volleyball, and wrestling, non-contact sports- archery, badminton, bowling, cross country, fencing, golf, gymnastics, riflery, skiing, swimming and diving, and track & field, or other specific restrictions.

- List any accommodations required for participation including but not limited to: Brace/Orthotic, Insulin pump/sensor,
 Protective equipment, Colostomy appliance, Medical/Prosthetic device, Sport safety goggles, Hearing aids,
 Pacemaker/Defibrillator, etc. Specific approval and associated documentation may be required if use of device will occur during
 athletic competitions, please check with athletic governing body for more information.
- Chronic medications should be listed- medication strength/concentration, formulation, dose, frequency, and timing should be noted for those medications to be administered during the school day.
- Providers may attach an immunization form or refer to NYSIIS registry if record available and complete.
- Referrals, such as those for abnormalities on vision or hearing screening should be noted.
- · Please include any additional information that may be useful to the school that is not otherwise solicited.

REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM TO BE COMPLETED BY PRIVATE HEALTH CARE PROVIDER OR SCHOOL MEDICAL DIRECTOR IF AN AREA IS NOT ASSESSED INDICATE NOT DONE

Note: NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).

			STUDE	NT INFORM	IATION			
Name						Sex: 🗆 M 🚨	F DOB:	
School:						Grade:	Exam Date:	
			HEA	ALTH HISTO	DRY	<u>i </u>		
Allergies 🗆 No	Type:			17 T				
☐ Yes, indicate ty	pe 🛮 Med	ication/Tr	eatment Orde	er Attached	☐ Anap	hylaxis Care Pl	an Attached	
Asthma □ No	☐ Inter	mittent	☐ Persister	nt 🗆 C)ther :			
☐ Yes, indicate ty	pe 🗆 Medi	cation/Tre	eatment Order	r Attached	☐ Asthr	na Care Plan Ai	ttached	
Seizures 🗆 No	Type:				Date of I	ast seizure:	A	
☐ Yes, indicate ty	pe 🗆 Med	ication/Tre	eatment Order	Attached	☐ Seizui	re Care Plan Att	ached	
Diabetes	Type:	01 0	2					
☐ Yes, indicate ty	pe 🛮 🗆 Med	ication/Tr	eatment Orde	r Attached	☐ Diabet	tes Medical M	gmt. Plan Attached	
Percentile (Weigh Hyperlipidemia:		es 🗀 No		Hyper		lo 🖸 Yes 🗆	98 th □ 99 th and> Not Done	
Height:	Weight		BP:		Pulse:		Respirations:	
Laboratory Testin	g Positive	Negative	Date	(e.g. c		ertinent Medica ntal health, one	<u>-</u>	
Sickle Cell Screen-PR	N 🗆							
Lead Level Required			Date					
☐ Test Done ☐ Le	ead Elevated > 5							
_							-	
	= -/···p·· ··· ··		☐ Abdomen		☐ Extremities	!	Speech	
	□ Cardiovascu □ Lungs	iigi			Skin Neurologica		☐ Social Emotional ☐ Musculoskeletal	
☐ Assessment/Abnormalities Noted/Recommendations:					Diagnoses/Problems (list) ICD-10 Code*			
☐ Additional Inform	mation Attache	d			*Required only	for students wit	th an IEP receiving Medicaid	

Name:	- Section				DOB:
		SCREEN	INGS		
Vision (w/correction if	f prescribed)	Right	Left	Referral	Not Done
Distance Acuity Near Vision Acuity		20/	20/	☐ Yes ☐ No	
		20/	20/		
Color Perception Screen	ing 🗆 Pass 🗀 Fail				
Notes					
	ates student can hear 20d also test at 6000 & 8000 l		ncies: 500, 100	0, 2000, 3000, 4000	Not Done
Pure Tone Screening	Right 🗆 Pass 🗖 Fail	l Left □ Pas	ss 🗆 Fail 🛭 I	Referral 🗆 Yes 🗀 No	
Notes					
Scoliosis Screen Boys	in grade 9, and Girls in	Negative	Positiv	e Referral	Not Done
grades 5 & 7				☐ Yes ☐ No	
_	rosse, Soccer, and Wrestlir t Sports: Baseball, Fencing	•	oilevbail.		·
☐ Limited Contact ☐ Non-Contact Spo ☐ Other Restriction Developmental Stage the high school interset Tanner Stage: ☐ 1 ☐ ☐ Other Accommodibelow to explain. *(t Sports: Baseball, Fencing orts: Archery, Badminton, Ins: a for Athletic Placement I cholastic sports level OR (II III IV V V Istions*: (e.g. Brace, orthocheck with athletic government)	Process ONLY r Grades 9-12 wh Age of Fin	equired for st o wish to play rst Menses (if mp, prostection	udents in Grades 7 & 8 at the modified intersolapplicable):	who wish to play at holastic sports level. ——— e additional space
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TUCKAHOE U.F.S.D. **EMERGENCY INFORMATION CARD**

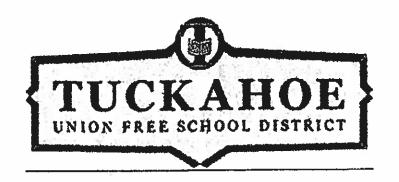
(PLEASE PRINT)

		Grad	
NAME		SIRTHDA	VIE V
ADDRESS	CITY/Z	IP PL	ONE
WHERE CAN PARENTS B	E REACHED IF NOT AT HOME?	111	ONE
MOTHER'S NAME	ADDRESS	PHONE	CELL/BEEPER
FATHER'S NAME	ADDRESS	PHONE	CELL/BEEPER
LIST below 2 neighbors/re	elatives to call in case of emergency.		
NAME	ADDRESS	PHONE	CELL/BEEPER
NAME	ADDRESS	PHONE .	CELL/BEEPER
	PLEASE FILL OUT AND SIGN THE	OTHER SIDE	
SIGNATURE OF PAR	RENT OR GUARDIAN		
edical Conditions:			
		•	DATE
ergies:			DATE
			DATE
edications:			
	·		
ease indicate any accidents,	illnesses or operations in the past 12	months:	
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cal Physician's Name:	illnesses or operations in the past 12	months:	

TUCKAHOE UNION FREE SCHOOL DISTRICT HEALTH OFFICE EASTCHESTER, NY 10707

Yame:_			Grade/Teacher:		D.O.B.	:	
							
	Guardian				_		
Please a	answer the following questions	by checking the YES or	NO box. If Yes, describe the	ne condition be	low:		
las you	r child experienced:						
	Any serious head injury or c	oncussion?		Yes	No		
2.				Yes	No		
3.	Any chronic illness:						
	Asthma	_ Bleeding disc	order	Diabete	28		
	High blood Pressure	Allergies_		Heart e	lisease		
	High cholesterol	Anemia		Other_			
4.	Any disease or injury of the	following					
7.	Eyes		agre		skin		
	Kidneys	liverjoints	earstesticles		314111		_
	Muscles	bones	nervous syst	tem			_
5.	Any injury or illness requirir	ng medical attention?				Yes	No
6.	Any illness lasting more than	5 days?				Yes	No
7.	Taking any medication or un	der a physicians care at t	his time?		•	Yes	No
8.	Wears orthodontic appliance	?				Yes	No
9.	Any teeth capped or replaced	1?				Yes	No
	Started taking a medication i					Yes	No
10.	Chicken Pox/or had infection					Yes	No
11.	Had any hospitalization surg	ery or fracture?				Yes	No
	Does your child wear contac					Yes	No
13.	Had a relative who died sudd	lenly before the age of 50	0?			Yes	No
	(i.e. Grandparent, mother, ft	ther, brother, or sister)					-
15.	Has your child recently pass	ed out during exercise or	stopped exercising because o	f dizziness or i	fatigue?	Yes	No
	Has your child ever suffered				_	Yes	No
17.	Does your child see a physic	ian regularly for a specif	ic problem?			Yes	No
18.		medications, bee-stings o	r other allergies?			Yes	No
19.	Chest pain or exertion?						
20.	Heart palpitations related to	exercise?				Yes	No
21.	History of Kawasaki Disease	:?				Yes	No
	History of Lime Disease?					Yes	No
23.	Diagnosis of Marfans syndro	me?				Yes	No
24.	Diagnosis of Turners syndro	me?				Yes	No
	History of malignancy?					Yes	No
26.	Any condition that may be e	xacerbated by playing sp	orts?			Yes	No
	Any change in cating habits?					Yes	No
	-						- · •
omme	nts:						
arent/(Guardian: I have reviewed t	he above health history.	I hereby certify that the abo	ve information	is accurat	e and eu	rrent e
nild do	es not have any medical condi	tion that would affect par	ticipation in sports activities	and/or Physica	l Education	r classes	viit ai
	4	Process Process			wwivi	. vienthi.	
irent/(Guardian Signature:						
				102 5.5 10208			
eact	's Signature:			5000 0000			

PLEASE NOTE: Personal appliances such as glasses, contact lenses, braces and/or hearing aids involve a certain degree of risk to your child, Parent/Guardian is responsible for loss or damage to such personal appliances.



HEALTH OFFICE

TO:

Parent/Guardians

FROM:

The School Nurse's Office

Re:

School Medication Administration

If your child needs to take medication, either prescription or non-prescription during school hours, you and your doctor must complete the form attached to this letter. Bring the form and the medication to the school nurse. The medication must be in a properly labeled bottle.

If medication is not properly labeled and we do not have signed parent/doctor consent, we cannot give the medication.

We must work together for the health and well being of our students and your children.

If you have any questions, please do not hesitate to call the Health Office.

Thank you for your cooperation.

Sincerely, W.E. Cottle Nurse

914-337-5376 ext 1282 914-337-5376 ext 1236

TMS/THS Nurse

<u>Reminders:</u>

Be sure that the doctor completes the form. (The doctor may attach an RX form.)

Prescriptions must be in the original container.

Do not send any pill or liquid to school with your child.

Over the counter drugs must be in original container and must follow the above.

Authorization for Medication(s) to be Taken During School Hours

The following section is to be completed by the PARENT:

School Name: Please circle on	e: W. E. Cottle TM	S THS Gr	ade:
Child's Name:			
Last	First	Sex	Date of Birth
I request that my child be assi authorized persons or permitt and myself (see below). Parent/Guardian Signature	ed to self-medicate her/h	imself as also auth	norized by the physician
Home Phone	Cell/Wo	rk Number:	
The following is to be comple REASON FOR MEDICATION NAME OF MEDICATION:	N:		
FORM:			
DOSE:			
If medication is give DAILY, a lf medicine to be given WHE	N NEEDED, describe inc		
How soon can it be repeated?	Jacob Wile		
Is child authorized to self-me	dicate her/himself?		
List significant side effects:			44.,
List significant side effects: _ Length of time this treatment	is recommended:		
OTHER INFORMATION:			
Date:	Physician Signature:		
Please print or use stamp. Physician Name: Address: Phone Number: The law allows any person nor recommendations, and the schrequest. This accommodation	nool recognizes the desirab on the part of the school i	oility of responding is not legally requi	g to the physician's red. Therefore, the persons
signing this form are agreeing might arise.	to noid the school and its	personnel tree froi	n any and an suits trat

Tuckahoe School District Health Offices

Tuberculosis Screening

Either A or B must be completed by a physician. If either is not completed, this form will be returned

Patient's Name		Date of Birth				
Patient's Name Date of Birth						
	······································					
		A).				
	PPD (N	Aantoux):				
Date placed	Date read	Result in mm _	M.D. initials			
B). Tuber		s <i>not</i> indicated at thi	s time			
Last PI	PD on record · Da	ate placed re	esult			
	If test re	sult is positive:				
		resultnoDate				
Additional co	omments:		A Commence of the Commence of			
Physician's sig	nature	Stam	p or Print			
Date						



Mr. Austin Goldberg Director of Health, PE & Athletics 65 Siwanoy Blvd. Eastchester, NY 10709 Tel: (914) 337-6600 ext. 1399 Fax: (914) 337-5236 Goldberga@tuckahoeschools.org www.tuckahoeschools.org

RELEASE TO EXCHANGE CONFIDENTIAL INFORMATION

I hereby authorize you to exchange all pertinent and confidential information regarding	
(Student Name)	
I also authorize a representative of the Tuckahoe School District to speak with ar exchange information with the person(s)/organization listed below:	ıd
The information may be exchanged with:	
Agency/Name:	
•	
This release has been authorized by:	
Signed:	
Relationship:	
Date:	
Refease	

Preparing Every Student for Excellence.

TUCKAHOE UNION FREE SCHOOL DISTRICT HEALTH OFFICE

DENTAL HEALTH CERTIFICATE

Parent/Guardian: New York State Law (Chapter 281) permits school's to request a dental examination in the following grades: school entry, K, 2, 4, 7, and 10. Please complete Section 1 and take the form to your dentist for an assessment. If your child had a dental check-up, ask your dentist to fill out section 2. Return the completed form to the school nurse as soon as possible. The date of the exam needs to be within 12 months of the start of the school year in which it is requested.

Section 1	. To be complet	ted by par	ent or Guardian	(Please Pri	nt)
Child's Name: Last		First		Middle	
Birth Date: month	day	_year	Sex: male	female	Grade:
Will this be your child's	first visit to a denti	st? Yes	. No		
	Section 2. To	be comp	leted by the Der	ntist	
The Dental Health cond	lition of	(name of st	(dant)	on	ote of evan)
attendance at t No, The st attendance at t Yes, All ne Yes, The st	udent listed above the public schools. sudent listed above the public schools. cessary dental wor tudent listed above	e is in fit con e is <i>not</i> in fit he for the ab e is presently	dition of dental he condition of denta cove student has be y undergoing denta	alth to permit il health to pe een <i>complete</i> al treatment.	his/her rmit his/her s/.
Note: Not in fit condition ability to chew, speak of evidence of open cavition at the public school does	r focus on school o es. The designation	ictivities incl i of not in fil	uding pain, swellin t condition of dent	g or infection al health to p	related to clinical
Dentist's name and addre	ss (please print or sto	amp)	Dentist's	Signature:	