

# menus for *May & June* 2021

Menus are subject to change.

**Monday, May 3**

**Breakfast**  
Cereal Kit

**Lunch**

Macaroni and Cheese  
Fruit Cup  
Broccoli  
Milk

**Tuesday, May 4**

**Breakfast**  
Cereal Kit

**Lunch**

Philly Cheese Steak  
Fruit Cup  
Carrots  
Milk

**Wednesday, May 5**

**Breakfast**  
Cereal Kit

**Lunch**

Chicken Nuggets  
Fruit Cup  
Cauliflower  
Milk

**Thursday, May 6**

**Breakfast**  
Cereal Kit

**Lunch**

Taco  
Fruit Cup  
Black Beans  
Milk

**Friday, May 7**

**Breakfast**  
Cereal Kit

**Lunch**

BBQ Pulled Pork Sandwich  
Fruit Cup  
Corn  
Milk

**Monday, May 10**

**Breakfast**  
Cereal Kit

**Lunch**

Spaghetti W/ Meat Sauce  
Fruit Cup  
Broccoli  
Milk

**Tuesday, May 11**

**Breakfast**  
Cereal Kit

**Lunch**

Ham and Cheese Sandwich  
Fruit Cup  
Carrots  
Milk

**Wednesday, May 12**

**Breakfast**  
Cereal Kit

**Lunch**

Chicken Patty  
Fruit Cup  
Celery  
Milk

**Thursday, May 13**

**Breakfast**  
Cereal Kit

**Lunch**

Calzone  
Fruit Cup  
Red Beans  
Milk

**Friday, May 14**

**Breakfast**  
Cereal Kit

**Lunch**

Sloppy Joe  
Fruit Cup  
Peas  
Milk

**Monday, May 17**

**Breakfast**  
Cereal Kit

**Lunch**

Chili  
Fruit Cup  
Broccoli  
Milk

**Tuesday, May 18**

**Breakfast**  
Cereal Kit

**Lunch**

Turkey and Cheese Sandwich  
Fruit Cup  
Carrots  
Milk

**Wednesday, May 19**

**Breakfast**  
Cereal Kit

**Lunch**

Cheeseburger  
Fruit Cup  
Cauliflower  
Milk

**Thursday, May 20**

**Breakfast**  
Cereal Kit

**Lunch**

Taco  
Fruit Cup  
Black Beans  
Milk

**Friday, May 21**

**Breakfast**  
Cereal Kit

**Lunch**

Bosco Stick  
Fruit Cup  
Corn  
Milk




**Your name is so big on this page because  
your influence is so big in our lives and  
your place is so big in our hearts.  
Mother's Day \* Sunday, May 9**

## Back to normal?

Not just yet. But eventually we will be, and we look forward to the day when we can serve our students again in the best possible environment. We have faith that that day isn't too far off. Until it gets here, we urge you to take advantage of free meals for all students through age 18, available at least until September 30, 2021!

**School Meals**  
*We serve education every day™*

<b>Monday, May 24</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Alfredo Pasta Fruit Cup Broccoli Milk	<b>Tuesday, May 25</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Meatballs and Breadsticks Fruit Cup Carrots Milk	<b>Wednesday, May 26</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Grilled Chicken Sandwich Fruit Cup Celery Milk	<b>Thursday, May 27</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Turkey and Gravy Fruit Cup Mashed Potato Milk	<b>Friday, May 28</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Sloppy Joe Fruit Cup Peas Milk
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<b>Monday, May 31</b> 	<b>Tuesday, June 1</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Chef's Choice	<b>Wednesday, June 2</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Chef's Choice	<b>Thursday, June 3</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Chef's Choice	<b>Friday, June 4</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Chef's Choice
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<b>Monday, June 7</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Chef's Choice	<b>Tuesday, June 8</b> <b>Breakfast</b> Cereal Kit  <b>Lunch</b> Chef's Choice
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## CURBSIDE CHOW

**Always delicious. Always FREE for all students.  
Always prepared for your family with love.**

### WHAT

A nutritious variety of ready-to-eat and heat-at-home meals, plus fresh fruit, veggies, milk, and lots more

### WHEN

Mondays from 8:00 AM until 10:00 AM all through the summer!

### WHERE

Columbia Central Middle School  
Door #9

### ?????

To order please call 708-753-4787  
or email [Schoollunch@sd194.org](mailto:Schoollunch@sd194.org)



**What's on  
YOUR  
plate?**



**Q:** In ancient Egypt, which vegetable did people place their hand on when they swore an oath?



**A:** This is one from the time of the pyramids! Ancient Egyptians swore on an onion, because they believed the onion's round shape represented eternity and truth.

Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

*"Two roads diverged  
in a wood, and I –  
I took the one  
less traveled by,  
And that has made  
all the difference."  
– Robert Frost*

Get outside. Keep your  
eyes open. And enjoy!

We look forward  
to serving you  
again next year!

