



Deli /Panini Sandwiches Made to Order Daily

Mahopac High School January 2024

Aramark is an equal Opportunity Employer

1

Happy New Year!

2

**Holiday
Recess
Schools
Closed**

3

Fish Patty on WG Bun
Baked Fries
Steamed Spinach
Apple Sauce
Milk

4

WG Pancakes w/
Syrup
Hash Brown
Chicken Sausage
Grape Tomato
Petite Banana
Milk

5

WG Pizza Sticks w/
Tomato Dipping
Sauce
WG Dinner Roll
Baked Beans
Red Pepper Strips
Sweet Raisins
Milk

8

WG Chicken Lo Mein
w/ Vegetables
Carrot Coins
Orange Smiles
Milk

9

Chicken Fajitas on
Soft WG Tortillas
Tomato Salsa
Black Beans
Red & Green Pepper
Strips
Raisins
Milk

10

WG Chicken Tenders
WG Bread Stick
Romaine Salad
Berry Cup
Milk

11

Beef Hot Dogs on
WG Bun
Baked Fries
Celery Sticks
Cantaloupe
Milk

12

****BBQ Pulled Pork
On WG Bun
Sweet Potato Fries
Mixed Vegetable
Apple Sauce
Milk**

15

**Martin Luther
King Day
Schools
Closed**

16

WG Bosco Cheese
Sticks
w/ Tomato Dipping
Sauce
Baked Fries
Baked Beans
Peach Cup
Milk

17

General Tso
Chicken
Brown Rice
Steamed Zucchini
Apple Slices
Milk

18

Brunch for Lunch
WG French Toast Sticks
Syrup
Chicken Sausage Patty
Carrots Coins
Strawberry Cup
Milk

19

WG Spaghetti &
Beef Meatballs
WG Dinner Roll
Green Beans
Orange Wedges
Milk

22

WG Macaroni &
Cheese
Breadstick
Steamed Carrots
Apple Sauce
Milk

23

WG Chicken Tenders
BBQ Sauce
WG Bread Stick
Roasted Cauliflower
Cucumber Slices
Orange Wedge
Milk

24

WG Rotini w/ Beef
Meat Sauce
WG Dinner Roll
Broccoli Florets
Red Apple
Milk

25

BBQ Baked Chicken
WG Dinner Roll
Mashed Potato
Baked Beans
Fresh Pear
Milk

26

Chicken & Cheese WG
Quesadilla
Tomato Salsa
Spanish Rice
Black Beans
Strawberry Cup
Milk

29

WG Grilled Cheese
w/ or w/o Ham**
Sweet Potato Fries
Green Beans
Red Apple
Milk

30

Cheesy Beef Nachos
Kickin Pinto Beans
Mexicali Corn
Petite Banana
Milk

31

Buffalo Chicken Patty on
WG Bun
Baked Fries
Baked Beans
Fresh Pear
Milk

1

Meatball Parm WG
Hero
Broccoli Florets
Orange Wedges
Milk

2

WG Pizza Sticks w/
Tomato Dipping Sauce
WG Dinner Roll
Red Pepper Strips
Sweet Raisins
Milk

More info...

Lunch Price - \$2.45 Adult meal \$5.02 +tax

If you have a food allergy, please speak to the nurse or food server about it

**** = Pork Product, WG = Whole Grain**

This institution is an equal opportunity provider.



Available Daily

Deli bar, Entrée Salad w/Chicken, cheese & WG roll, assorted WG pizza, yogurt parfait w/ granola, hummus veggie platters with cheese & tortilla chips. Hamburger or chicken patty on a WG bun. Carrot & celery sticks offered daily. Assorted breadbasket and fresh fruit. 100% Fruit Juice, Milk offered daily. Fat Free Chocolate, 1% & Skim Milk

Kathy Weinborg, Director of Food Service

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MENU SUBJECT TO CHANGE