

## Mahopac Elementary Schools March 2023

Austin Rd, Fulmar Rd & Lakeview

Beef Hot Dog-WG Bun Sweet Potato Fries Baked Beans Red Apple Milk Breakfast For LUNCH

WG French Toast Sticks Chicken Sausage Tater Tots Mixed Berry Cup Milk WG Rotini & Meat Sauce Broccoli Florets Orange Smiles Milk WG Chicken Tenders Honey Mustard Dipping Sauce Sweet Corn Fresh Banana Milk WG Cheese or Pepperoni Pizza Baked Fries Zucchini Mixed Berry Cup Milk

6

WG Pizza Sticks w/
Tomato Dipping
Sauce
Green Beans
Fresh Apple
Milk

WG Chicken
Nuggets
w/WG Dinner Roll
Oven Baked Fries
Romaine Salad
Petite Banana
Milk

WG Fluffy Pancakes
w/ syrup
Chicken Sausage
Tater Tots
Sliced Carrots
Blueberries
Milk

Chicken, Rice & Bean WG Burrito Salsa Black Bean Salad Peach Cup Milk Conference Day Schools Closed for Students

13

Chicken Patty on a WG Bun Sweet Potato Fries Broccoli Florets Red Apple Milk 14 WG So:

WG Soft Turkey
Tacos
Salsa
Cheddar Cheese
Campfire Beans
Tender Corn
Sweet Raisins
Milk

15

WG Macaroni & Cheese WG Dinner Roll Green Beans Petite Banana Milk 16

2

WG Mini Waffles w/syrup Tater Tots Sliced Cucumber Orange Wedge Milk WG- Cheese
OR \*\* Pepperoni
Pizza
Sliced Carrots
Strawberry Cup
Milk

20

Cheeseburger OR

Veggie Burger

WG Bun

Sweet Potato Fries

Baked Beans

Strawberry Cup

Milk

Hamburger,

21

WG Chicken
Nuggets
w/WG Dinner Roll
Oven Baked Fries
Romaine Salad
Raisins
Milk

22

WG Spaghetti & Meatballs Green Beans Blueberries Milk 23

Half day No Lunch Services 24

WG- Cheese
OR \*\* Pepperoni
Pizza
Cauliflower
Sliced Cantaloupe
Milk

27

Bosco Pizza Sticks w/Tomato Dipping Sauce Romaine Salad Peach Cup Milk 28

Half day No Lunch Services 29

French Toast w/
Syrup
Chicken Sausage
Patty
Baby Carrots
Applesauce
Milk

30

Beef Nachos w/ Cheese Sauce Plain Rice Salsa Baked Beans Milk - - -

WG Cheese or Pepperoni Pizza Butternut Squash Mixed Berry Cup Milk

## More info...

Lunch Price is\$2.35, Adult meal \$5.02 +tax

If you have a food allergy, please speak to the nurse or food server about it.

WG = Whole Grain \*\* = Pork Product

This institution is an equal opportunity provider.

## More info...

Available Daily. SANDWICHES all WG; Turkey& Cheese, \*\*Ham& Cheese, PBJ. Salad lunch W/ Grilled Chicken &WG dinner roll. Carrot sticks. Assorted fresh fruit,100% fruit juice

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