

December 2022 Breakfast Menu Elementary and Middle School



Student Breakfast - \$2.00
Adult Meals - \$2.71+tax)

Milk Choice:
Skim, 1% or Fat Free Chocolate
Hormone & Antibiotic Free

***Accommodations for Special
Dietary Needs are Available
Only to Students with an
annually completed
"Special Dietary Needs Medical
Stmt. Form"**

Any questions please email:
zadorin-jennifer@aramark.com

Menu is subject to Change

WG- Whole Grain
WW- Whole Wheat



This institution is an equal opportunity provider.

1

WG Apple
Cinnamon Muffin Served
with Graham Crackers
Banana
Orange Juice

2

Strawberry WG
Toaster Pastry
String Cheese
Orange Wedges
Apple Juice

5

Mini WW Bagel
String Cheese
Apple Slices
Orange Juice

6

Mini WG Waffles
Banana
Apple Juice

7

Assorted Cereal Bowl
(Cheerios, Trix Reduced
Sugar, Lucky Charms)
Orange Wedges
Apple Juice

8

WG Blueberry Muffin
Served with Graham
Crackers
Banana
Orange Juice

9

Yogurt Parfait
Apple Slices
Orange Juice

12

Apple Nutri Grain Bar WG
String Cheese
Banana
Orange Juice

13

Strawberry WG
Toaster Pastry
String Cheese
Orange Wedges
Apple Juice

14

Yogurt Parfait
Apple Slices
Orange Juice

15

WG Apple
Cinnamon Muffin Served
with Graham Crackers
Banana
Orange Juice

16

Assorted Cereal Bowl
(Cheerios, Trix Reduced
Sugar, Lucky Charms)
Orange Wedges
Apple Juice

19

Yogurt Parfait
Apple Slices
Orange Juice

20

WG Blueberry Muffin
Served with Graham
Crackers
Banana
Apple Juice

21

Mini WW Bagel
String Cheese
Apple Slices
Orange Juice

22

Apple Nutri Grain Bar
WG
String Cheese
Banana
Orange Juice

23

Mini WG Waffles
Banana
Apple Juice

26

Winter Recess
School Closed

27

Winter Recess
School Closed

28

Winter Recess
School Closed

29

Winter Recess
School Closed

30

Winter Recess
School Closed