

Mahopac Elementary Schools November 2022

31

1

Hot Dog on Bun Oven Baked Fries Baked Beans Mixed Dried Fruit Cup 2

Oven Baked WG-Pizza Sticks Marinara Dipping Sauce Celery Sticks Peach Cup BRUNCH FOR LUNCH

Maple Burst Mini WG Waffles w/ Chicken Sausage Tater Tots Fresh Orange OR

Hummus, Vegetable & Cheese Platter W/WG Crisps 4

WG- Cheese
or BBQ Chicken
Pizza
Romaine Salad
Steamed Broccoli
Strawberry Cup

7

MEATLESS MONDAY

WG- Cheese Pizza Sticks Roasted Cauliflower Romaine Salad Sliced Cantaloupe 8

Schools Closed 9

WG Chicken Tenders BBQ Dipping Sauce WG Dinner Roll Oven Baked Fries Green Beans Fresh Apple 10

WG- Cheese or BBQ Chicken Pizza Romaine Salad Strawberry Cup 11

Schools Closed

14 MEATLESS MONDAY

> Oven Baked WG-Pizza Sticks Marinara Dipping Sauce Sweet Corn Peach Cup

15

WG Chicken Nuggets Oven Baked Fries WG Dinner Roll Butternut Squash Fresh Pear 16

Roast Turkey w/ Gravy WG Dinner Roll Mashed Potatoes Steamed Baby Carrots Fresh Pear 17

BRUNCH FOR LUNCH

WG French Toast Sticks Chicken Sausage Tater Tots Mixed Berry Cup 18

WG- Cheese or BBQ Chicken Pizza Romaine Salad Strawberry Cup

21

MEATLESS MONDAY

WG Grilled Cheese Oven Baked Fries Steamed Broccoli Fresh Orange 22

WG Chicken Tenders w/ Honey Mustard Dipping Sauce WG Dinner Roll Baked Beans Romaine Salad Fresh Banana 23

½ DAY NO LUNCH SERVED 24

SCHOOLS CLOSED 25

SCHOOLS CLOSED

28

WG Chicken Nuggets w/WG Dinner Roll Oven Baked Fries Romaine Salad Fresh Apple 20

Burger Bar w WG Roll and Assorted Toppings Roasted Cauliflower Black Bean Salad Fresh Orange 30

Nachos w/ Chicken and Cheese WG Cilantro Lime Rice Black Bean Salad Fresh Pear

Daily Milk Choice 1% Skim Fat Free Chocolate

Call 845-628-3256 x11891 for info



Part Time Jobs

Paid Lunch Price is \$2.35, Adult meal \$5.02 +tax.

WG = Whole Grain ** = Pork Product

Questions

Available Daily:

SANDWICHES all WG; Turkey& Cheese, **Ham& Cheese, PBJ

Salad lunch W/ Grilled Chicken & WG Dinner Roll. Carrot
Sticks

Assorted Fresh Fruit,100% Fruit Juice
Milk, 1%, Skim & FF Chocolate offered with every meal