





NO

LUNCH

SERVED

Tuesday, December 4 **Breakfast Pancakes**

Lunch Beef and Bean Burrito

Turkey Roll Up

Italian Green Beans

luice

Milk



<u>Lunch</u>

Meatball Sub

OR

Ham Wrap

Sweet Potato Fries

Fruit

Milk



Friday, December 7 **Breakfast**

Cereal Bar

Egg and Cheese Mc Muffin

Lunch Lunch

Ham and Cheese Panini Cheese Pizza OR Turkey Wrap lammer

> **Turnip Greens** Green Peas luice Fruit Milk Milk





Breakfast Cereal Bar

Lunch Chicken Patty Ham and Cheese Plate

> Fries Fruit Milk

Tuesday, December II

Breakfast Waffles

Lunch Taco Pie OR

Turkey Sandwich

Side Salad luice Milk

Wednesday, December 12

Breakfast Breakfast Pizza

Lunch Mac N Cheese Chicken Ranch Wrap

Cauliflower Fruit Milk

Thursday, December 13

Breakfast Apple Bosco

Lunch

Grilled Cheese Turkey Wrap

> Navy Beans luice Milk

Friday, December 14

Breakfast Cereal Bar

Lunch

Peperoni Pizza OR lammer

Red Peppers Fruit Milk



Rachael Diehl, Director of School

Nutrition, 5

teger School District 194

Monday, December 17

Breakfast Cereal Bar

Lunch

Chicken Nuggets W/Roll Ham and Cheese Sandwich

> **Red Beans** Fruit Milk

Tuesday, December 18

Breakfast

Pancakes

Lunch

Cheese Quesadilla Turkey Roll Up

Green Beans luice Milk

Wednesday, December 19

Breakfast

Breakfast Pizza

Lunch

Meatloaf OR Ham Wrap

Collard Greens Fruit Milk

Thursday, December 20

Breakfast Omelet W/ Bagel

Lunch Hotdog Turkey Wrap

Mashed Sweet Potatoes luice Milk

Friday, December 21

Breakfast Cereal Bar

Lunch

NO

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SERVED