



refresh. refuel. relax.

# Pearl River Middle School Menu Sept. 2020

## Lunch Includes

3 of the 5 Components

Choice of Fruit, Vegetable, Grain,  
Meat or Meat Alternate and Milk

## Milk Choice:

Skim, 1% or Fat Free Chocolate  
Hormone & Antibiotic Free

**Gluten Free Meals are Available**

**Only to Students with  
Documented Restrictions**

## Available Daily:

Chicken Patty, Burgers, Pizza.

Lunch \$2.75 Reduced .00

**Please Practice Social Distancing  
Masks are Required in Food Service  
Areas**



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**Breakfast is Now  
Served Every Day  
7:00am – 7:30am  
Free/Red-\$0.00  
Paid-\$2.00**

**Welcome**

**Back**

**Students**

**& Staff!**

**Labor Day  
School Closed**

**See Pick Up  
Menus**

**See Pick Up  
Menus**

**See Pick Up  
Menus**

**See Pick Up  
Menus**

**14**  
**Chicken & Cheese  
Quesadilla**  
Salsa and Sour Cream  
  
Roasted Broccoli  
Fresh Apple

**15**  
**Chicken Nuggets**  
  
Breadstick  
  
Seasoned Green  
Beans  
Fresh Orange

**16**  
**See Pick Up  
Menus**

**17**  
**Breakfast for Lunch  
French Toast Sticks**  
  
Chicken Sausage  
Patty  
Hash Brown Patty  
Fruit Cup

**18**  
**Backyard Burger**  
Cheese, Curly Fries &  
BBQ Sauce  
  
Veggie Baked Beans  
Fruit Juice

**21**  
**Homemade  
Mac & Cheese**  
  
Breadstick  
  
Seasoned Carrots  
Fresh Apple

**22**  
**BBQ Pork  
Sandwich  
On a Roll**  
  
Roasted Broccoli  
Kick'n Pintos  
Fresh Orange

**23**  
**See Pick Up  
Menus**

**24**  
**Popcorn Chicken**  
  
Mashed Potatoes  
Gravy  
Breadstick  
Fruit Juice

**25**  
**Bacon  
Cheeseburger**  
  
Veggie Baked Beans  
Fruit Cup

**28**  
**Yom Kippur  
School Closed**

**29**  
**Chicken & Cheese  
Quesadilla**  
Salsa and Sour Cream  
  
Roasted Broccoli  
Veggie Baked Beans  
Fruit Juice

**30**  
**See Pick Up  
Menus**

**Breakfast is Now  
Served Every Day  
7:00am – 7:30am  
Free/Red-\$0.00  
Paid-\$2.00**

**Complete Lunch  
\$2.75  
  
Reduced Lunch  
\$0.00**