

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1

Cinnamon Swirlz

2

Breakfast Pizza

3

Ham and Cheese  
Sandwich

4

Chef's Choice

7

Cereal Bowl

8

Sausage and  
Cheese Bagel

9

Blueberry Pancakes

10

Breakfast Sliders

11

Chef's Choice

14

NO  
SCHOOL

15

Cereal Bowl

16

Egg and Cheese  
Sandwich

17

Sausage and Egg  
Taco

18

Chef's Choice

21

Cereal Bowl

22

Confetti Pancakes

23

Breakfast Tornado

24

French Toast

25

Chef's Choice

28

Cereal Bowl

29

Maple Pancakes

30

Breakfast Burrito

31

Cereal Bowl

# OCTOBER 2019

## Steger Primary Center

Menu is subject to change.

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

Beef and Cheese Taco  
OR  
Turkey and Cheese Wrap

**1**

Chicken Ranch Wrap  
OR  
Ham Sub

**2**

BBQ Chicken Sandwich  
OR  
Cottage Cheese Fruit Plate

**3**

Cheese Pizza  
OR  
Jammer

**4**

Black Eyed Peas  
Fruit  
Milk

Sliced Tomato  
Fruit  
Milk

Broccoli  
Fruit  
Milk

Corn  
Fruit  
Milk

Chicken Patty  
OR  
Chicken Rings

**7**

Nacho W/ Cheese  
OR  
Ham and Cheese Wrap

**8**

Chicken Ranch Flatbread  
OR  
Turkey Sub

**9**

Fish Shapes  
OR  
Cottage Cheese Fruit Plate

**10**

Pepperoni Pizza  
OR  
Jammer

**11**

Green Peas  
Fruit  
Milk

Black Beans  
Fruit  
Milk

Spinach Salad  
Fruit  
Milk

Sweet Potato Fries  
Fruit  
Milk

Cauliflower  
Fruit  
Milk

NO  
SCHOOL

**14**

Cheese Quesadilla  
OR  
Turkey and Cheese Wrap

**15**

Pasta W/ Meat Sauce  
OR  
Ham Sub

**16**

Toasted Cheese Sandwich  
OR  
Cottage Cheese Fruit Plate

**17**

Cheese Pizza  
OR  
Jammer

**18**

Pinto Beans  
Fruit  
Milk

Sliced Red Pepper  
Fruit  
Milk

Romaine Salad  
Fruit  
Milk

Corn  
Fruit  
Milk

Chicken Patty  
OR  
Chicken Rings

**21**

Chicken Roll-Up  
OR  
Turkey and Cheese Wrap

**22**

Meatballs and Breadsticks  
OR  
Turkey Sub

**23**

Macaroni and Cheese  
OR  
Cottage Cheese Fruit Plate

**24**

Pepperoni Pizza  
OR  
Jammer

**25**

Brussel Sprouts  
Fruit  
Milk

Black Beans  
Fruit  
Milk

Collard Greens  
Fruit  
Milk

Carrot Sticks  
Fruit  
Milk

Peas  
Fruit  
Milk

Chicken Nuggets  
OR  
Mini Corn Dogs

**28**

Chicken Taco  
OR  
Turkey and Cheese Wrap

**29**

Hamburger  
OR  
Ham Sub

**30**

Mashed Potato  
Fruit  
Milk

**31**

NO  
LUNCH  
SERVED

Broccoli  
Fruit  
Milk

Refried Beans  
Fruit  
Milk