



Pearl River Elementary School Menu November 2019

Lunch Includes

3 of the 5 Components
Choice of Fruit or Juice,
Vegetable, Grain, Meat or Meat
Alternate and Milk

Milk Choice:

1%, Skim or Chocolate Skim
(Hormone & Antibiotic Free)

Lunch Alternatives:

Garden Salad, Bagel Lunch
w/Yogurt or Cheese Stick

Sandwich Choices:

Turkey, Ham, Cheese, Bologna,
Salami or PB&J

**Gluten Free Meals are Available
Only to Students with
Documented Food Restrictions**

Lunch \$2.50 Reduced .00

Allergies or Dietary Needs
Email:

alberts-david@aramark.com



This institution is an equal opportunity provider.

**Complete Lunch
\$2.50**

**Reduced Lunch
\$0.00**



**Annual
Thanksgiving Feast
Franklin- 11/25**

Evans Park- 11/26

Lincoln- 11/27

**Promoting
Healthy
Living**

**1
Fresh Baked
Cheese or
Pepperoni Pizza**

Tossed Salad
Cucumber Wheels
Fruit Juice

**4
Turkey Nachos**
Seasoned Turkey
Cheese Sauce
Tortilla Chips

Kick'n Pintos
Fresh Apple

**5
Election Day

No School**

**6
Popcorn Chicken**
Dinner Roll

Mashed Potatoes
Fresh Orange

**7
Hamburger or
Cheeseburger**
On a WG Bun

Tomato Wedges
Fresh Apple

**8
Fresh Baked
Cheese or
Pepperoni Pizza**

Steamed Broccoli
Cucumber Wheels
Fruit Cup

**11
Veterans Day

No School**

**12
Homemade
Mac & Cheese**

Breadstick
Green Beans
Fresh Apple

**13
Breakfast for
Lunch
Waffle & Egg Patty**

Tater Tots
Fresh Orange

**14
Pirate Combo
Chicken Nuggets
&
Mozzarella Sticks**

Seasoned Corn
Baby Carrots
Fresh Apple

**15
Fresh Baked
Cheese or
Pepperoni Pizza**

Tossed Salad
Black Beans
Fruit Juice

**18
Chicken Nuggets**

Breadstick
Seasoned Corn
Fresh Apple

**19
Beef Sliders**

Baked French Fries
Baby Carrots
Fresh Orange

**20
Chicken Patty**
Over Spaghetti

Seasoned
Cauliflower
Fresh Apple

**21
Turkey Hot Dog**
On a WG Bun

Tater Tots
Grilled Garbanzos
Fresh Apple

**22
Fresh Baked
Cheese or
Pepperoni Pizza**

Steamed Broccoli
Fruit Cup

**25
Hamburger or
Cheeseburger**
On a WG Bun

Baked Fries
Fresh Apple

**26
Popcorn Chicken**

Dinner Roll
Mashed Potatoes
Fresh Orange

**27
Breakfast for Lunch
French Toast
Sticks**

Egg Patty
Hash Brown Patty
Fresh Apple

**2
Thanksgiving
Recess

No School**

**29
Thanksgiving
Recess

No School**