

Indian Parent Committee Newsletter

December 2021

The mission of the Charles City County Indian Parent Committee is to increase knowledge of cultural identity and awareness in order to improve students' community and the world while supporting the core values of integrity, heritage, learning, communication and respect.



What's Been Happening?

 Thank you to Troy Adkins of the Chickahominy Tribe for blessing the new Charles City High School kiln prior to its first use.



218 books and resources were purchased from the 2020-2021 Indian Student Grant to establish Native American Resource Centers in each school?

Governor Ralph Northam Celebrates Native American Heritage Month!

Governor Northam made the following statement on November 1: "Today marks the start of Native American Heritage Month, a month we have celebrated in the Commonwealth for the past 25 years. Native people were the first Virginians. To this day, many names of bodies of water and places across the Commonwealth originate from Indigenous languages. This month, we honor the peoples whose land we now call the Commonwealth of Virginia. Their stories continue today—we are proud to have 11 state-recognized tribes here in the Commonwealth, and countless other Native Americans and Indigenous people who call Virginia their home. Join us in celebrating Native American Heritage Month this

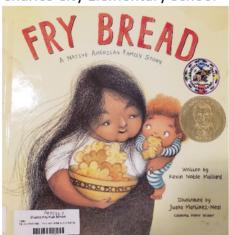
National Native American Heritage Month

The Indian Parent Committee (IPC) recognized National Native American Heritage Month in November. The IPC assisted in Charles City High School hosting Tanya Stewart as a guest speaker in art classes. She brought many examples of her own work as well as that of other tribal members. Items included leather work, beading and pottery. Tanya also shared stories about the past and modern-day tribes of Virginia and resources they had to make their crafts, which were decorative, yet practical. She also demonstrated and had my students participate in making an authentic Native American pinch pot

December's Highlight

Books are available to check out in the Native American Resource Centers in both school's Media Centers. In addition to these featured books, there are a variety of fiction and nonfiction books available at both schools.

Charles City Elementary School



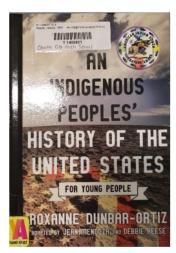
Title: Fry Bread: A Native
American Family Story

Author: Kevin Noble Maillard

Description: This book celebrates Native American culture while describing the importance of Fry Bread.

Source: Follett Destiny®

Charles City High School



Title: An Indigenous Peoples' History of the United States: For Young People

Author: Roxanne Dunbar-Ortiz

Adapted By: Jean Mendoza and Debbie

Reese

Description:

"A history of the United States for young people told from the perspective of Indigenous peoples, revealing how Native Americans, for centuries, actively resisted expansion of the U.S. empire."

Source: Follett Destiny®



Upcoming Plans for the Indian Parent Committee for 2021-2022

- 1) Increase membership
- 2) Create and distribute a survey to Native American students and families to gather data on Indian student needs
- 3) Initialize an "Indian School" after school club
- 4) Plan for a spring event





The Native American Heritage Month display outside of the CCHS library

Debora "Little Wing" Moore's Fry Bread ½ package of powdered milk 3 cups of unbleached flour 1 cup warm water

½ cup of whole milk

1 tablespoon baking powder

1 teaspoon salt

Use your hands to mix the above ingredients in a large bowl. You may have to add flour as you go if the dough gets too sticky. Mix until smooth. Do not over mix. Cover with a damp cloth. Let rest for at least 30 minutes up to 2 hours. Pinch off an egg-sized amount and stretch it out. Make sure it's stretched thin, especially the edges because you don't want it to puff too much.

Put at least 1" of oil in a pan and heat until hot. The oil is ready when a piece of dough sizzles and instantly starts to brown. Gently and slowly lay the pieces of dough in the hot oil. Fry until dough is a light, golden brown. Drizzle with honey, or sprinkle with powdered sugar.

Source: Waugaman, Sandra F., and Danielle Moretti-Langholtz. We're Still Here: Contemporary Virginia Indians Tell Their Stories. Palari Publishing, 2000.