

Section One

Boys Swimming & Diving Booklet

2021-2022



Co-Chairperson

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Committee Members

Conf 1 AD Matt Cameron, White Plains HS
Conf 2 AD Chris Serra, Clarkstown CSD
Conf 3 AD Mike McCoy, Woodlands HS

Conf 1 Coaches Rep Clare Carr, SHEDI
Conf 2 Coaches Rep Patti Gilmartin, White Plains HS
Conf 3 Coaches Rep Kirk Skoglund, Suffern HS

Official Association Reps

Patrick Flores - Westchester/Putnam
Margaret Stead - Rockland
Doug Olympia - Dutchess

Coaches Assoc. for All Counties

David Holmes, North Rockland HS

Additional Committee Members

Katrina Baker-DeSouza - Ossining
Tobey-Anne Saracino - SHEDI
Paul McClintock - NYS Rules Interpreter

IMPORTANT INFORMATION

Girls & Boys Swim Coaches Meeting TBD
Pre-Season Coaches Meeting TBD
First Practice permitted Nov. 15
First Scrimmage/Game Nov. 29
Last day to swim Jan. 27, 2022
Seeding Meeting Jan. 29, 2022
Coaches Awards Meeting TBD
All Section Dinner TBD

Maximum # of Games 16
Rules NFHS

CONFERENCE TOURNAMENT

<u>Round</u>	<u>Class</u>	<u>Date</u>	<u>Site</u>
Conference Diving	All	Thur Jan 27, 2022	SUNY Purchase
Conference Swimming	All	Sat Jan 29	Conf 1 - TBD Conf 2 - No. Rockland Conf 3 - Yonkers

SECTION ONE TOURNAMENT

<u>Round</u>	<u>Class</u>	<u>Date</u>	<u>Site</u>
Dive Trials	All	Mon Feb 7	TBD
Swim Trials	All	Tues & Wed Feb 8,9	TBD
Finals			
Make-Up Days		Thur & Fri Feb 10, 11	

Disclaimer: Section One tournament times and sites are tentative. The Sports Committee will finalize the tournament at the Seeding Meeting. Regional and State tournament dates may change due to weather, travel and site availability.

STATE COMPETITION

[NYSPHSAA Championships](#) March 4 & 5, 2022 Ithaca College

Section One

Boys Swimming & Diving Booklet

2021-2022



BOYS SWIM & DIVE RULES - NFHS

Please see the NYSPHSAA sports specific webpage for all applicable
[Boys Swimming Rules Updates 2021-2022](#)

ELIGIBILITY - Submit the Sport Verification form by: **SUNDAY, January 30, 2022**

NYSPHSAA Handbook

#26 Representation Rule

Minimum Number of Contests To be eligible for sectional, intersectional or state competition, a team must have completed in **six (6)** school scheduled contests which occurred on **six (6)** different dates during the season.

Team/Individual and Individual Sports: An individual must also have represented their school in **six (6)** scheduled contests during the season to be eligible. These required contests must occur on **six (6)** different dates and must be conducted prior to the conclusion of the team's regular schedule.

HOW TO QUALIFY FOR SECTIONAL CHAMPIONSHIPS

Championship Trials will be the fastest 32 competitors per event. If the number of qualified competitors exceeds 32, then additional swimmers will be added to complete the heat. If the number of qualified competitors falls below 32, additional swimmers with the next fastest time will be added until the field reaches a total of 32. A coach is able to enter a swimmer/diver into Sectional Championships at the Sectional Seed Meeting, having completed all necessary forms to have the School compete and each school utilizing an entry card for each entry. For the 2021-2022 season, we will automatically seed the first 2 alternates in the program. If you have a swimmer that has yet to make the cut, but is close, it is your responsibility to enter them electronically.

An individual is able to qualify for Sectional Championships via a Time Standard (See attached, which is the averaged time of 16th place over the past 5 (five) years from Section One Championships) and that individual must have participated in a minimum of 6 (six) meets during the regular season to be eligible for Section Championships. Each school may enter a maximum of 4 (four) swimmers/divers in each event, not to exceed the limit of 2 (two) relays/2 (two) individual events or 3 (three) relays/1 (one) individual event per person.

A School is able to enter 1 (one) relay team (4 (four) swimmers) per relay event no matter what the seed time is, allowing **each school participating in Section One Swimming to represent the Championships in at least 3 (three) events.** (200 Medley Relay, 200 Freestyle Relay, and 400 Freestyle Relay).

Championship Finals will be the top 16 competitors and places 9 – 16 in the Consolation Finals and places 1 – 8 in the Finals. A swimmer in consolations may not qualify/finish any higher than 9th place and a swimmer in finals may qualify/finish no lower than 8th place.

IN SEASON QUALIFYING REQUIREMENTS

1. All Schools are REQUIRED to participate in the Section One website which can be located at www.Section1swim.com. The Section will pay the fee for all 2021 – 2022 teams. Therefore there is no direct cost to your school or yourself personally. All team information which includes your school name, the head coach, assistance coach, team mascot is due to **John Coombs** at john@computeraide.com by **November 6th**, earlier would be preferred. Your final team roster is due to him with the full name of your swimmer/diver and their year in school by **November 24th**; i.e., Tom E. Smith no nicknames such as Tommy Smith.

Section One

Boys Swimming & Diving Booklet

2021-2022



IN SEASON QUALIFYING REQUIREMENTS (cont)

2. All schools must provide a representative head coach, assistant coach or athletic director to attend the Joint Mandatory coaches meeting held in the Fall. If a school is NOT represented, then they are INELIGIBLE to participate in In-Season Qualifying for the 2021 – 2022 school year.
3. Meet results must be put into the Section 1 website within 24 Hours of the meet start. Results are time stamped and if put in later than 24 hours, it will be flagged and any time which met the standard for in-season qualification will be nullified.
4. At the trials, a copy of ALL meet score sheets with the referee signature in place and if using FAT (fully automatic timing) a copy of the printout for the meet will be required for those who have qualified in-season only. Data will be kept for 7 years electronically.
5. If FAT is not available, the use of 3 hand-held watches will be allowed. 1 watch will come from the lane timer, and 1 watch each from the home and visiting team (person to be determined by coach and cannot be a team member). For timing purposes during the meets, there should be a single timer behind each lane, even when FAT is available. Home school should be placed on visitors' lanes and visitors should be placed on home lanes.
6. A swimmer can qualify for the 50 free and 100 free through swimming the lead off leg of the 200 Free or 400 Free relay IF all requirements of the start, stroke and finish are legal. Also, IF the relay team is disqualified, as long as it was not the lead off leg of the relay, then the time stands as valid.
7. The NYSPHSAA Protocol for Athletes to qualify must also be met for the athlete to be eligible for participation in the NYSPHSAA Meet without exception.

PROTOCOL FOR ATHLETES TO QUALIFY FOR THE STATE SWIMMING & DIVING CHAMPIONSHIPS

1. Swimmers will have the opportunity to qualify for the NYSPHSAA/NYS Federation Championship Meet if they meet the event qualifying standard during the regular season.
2. Swimmers who have qualified for the NYSPHSAA/NYS Federation Championship Meet are required to participate in their respective Sectional Championship Meet. Swimmers are not required to swim the event(s) in which they have met the qualifying standard. If circumstances out of the swimmer's control, such as injury or illness, prohibited participation in the Sectional Championship Meet, the school may appeal to the Section.
3. The Section champion in each event will represent the Section in the NYSPHSAA/NYS Federation Championship Meet. If the champion chooses not to attend the State Meet, the Section may replace the swimmer with the 2nd place finisher only if no other swimmer met the qualifying standard for that event.
4. FAT Timing (Fully Automatic Timing) or three (3) handheld watches must be used for the time to meet the qualifying standard. Divers must be scored by NFHS certified officials.

Section One

Boys Swimming & Diving Booklet

2021-2022



SECTION ONE BOYS SWIMMING AND DIVING 2021-2022 SECTIONAL QUALIFYING TIMES	
200 MEDLEY RELAY	ONE ENTRY PER TEAM
200 FREESTYLE	1:55.52
200 INDIVIDUAL MEDLEY	2:10.74
50 FREESTYLE	:23.99
DIVING (6)	180 POINTS (3 JUDGES)***
100 BUTTERFLY	:58.68
100 FREESTYLE	:52.62
500 FREESTYLE	5:19.27
200 FREESTYLE RELAY	ONE ENTRY PER TEAM
100 BACKSTROKE	:59.73
100 BREASTSTROKE	1:07.16
400 FREESTYLE RELAY	ONE ENTRY PER TEAM

2022 SECTION ONE BOYS SWIMMING AND DIVING NYSPHSAA CHAMPIONSHIP QUALIFYING STANDARDS	
EVENT	STANDARD
200 MEDLEY RELAY	1/SECTION (1:40.67)
200 FREESTYLE	1:47.60
200 IM	2:00.63
50 FREESTYLE	:22.19
DIVING (11)	450.00 POINTS
100 BUTTERFLY	:53.95
100 FREESTYLE	:48.76
500 FREESTYLE	4:52.52
200 FREESTYLE RELAY	1/ SECTION (1:30.12)
100 BACKSTROKE	:54.82
100 BREASTSTROKE	1:01.20
400 FREE RELAY	1/SECTION (3:18.87)

Section One Boys Swimming & Diving Booklet 2021-2022



SECTION ONE SWIMMING AND DIVING GUIDELINES FOR CONFERENCE CHAMPIONSHIP MEET THURSDAY, JANUARY 27 AND SATURDAY, JANUARY 29, 2022

1. ALL Conference Swimming Championship meets will take place on Saturday, January 29, 2022. Warm-up times will be at the discretion of each meet director. Sites for 2021-2022 are as follows:

Diving: All Divisions SUNY Purchase, January 27, 2022 3 PM warm up 4:30 PM start 6 Dives
Swimming: January 29, 2022
League 1 TBD
League 2 North Rockland
League 3 Yonkers

Entries for Conference Meet: NO ENTRIES – NO PARTICIPATION

Portal opens for entries on January 21, 2022

Portal closes on January 25 @ 8:00PM

Verification of Entries: January 26 at 12 noon

2. There are no cut off times for Conferences. Each team may enter up to four (4) contestants in individual events and one relay team, regardless of times. All Leagues are a true Championship meet.
3. Diving will be held on January 29, 2022, at SUNY Purchase, 3:00PM warm-up, 4:30PM start. Divers will complete 6 dives as per dual meet format and the required dive for the meet will be from the 100 group (forward).
4. Whether or not to prepare a program will be the decision of each meet director.
5. Seeding for this meet will be in advanced on-line as per meet director*. Packets should be available within 2-3 days prior to this championship.
6. Each meet committee will be responsible for coaches' and officials' refreshments. Section One nor the Sectional Coordinator is responsible for this expense. Please divide the cost with all the teams in your league.
7. It is required by Section One that admission be charged to cover meet expenses. The money is to be turned in to the Swimming Coordinator at the Sectional Seed Meeting. An admission fee will be charged for all Final games. **\$8.00 Admission, \$5 Children 12 & under and Senior Citizens (62 and over). \$5** per Conference Meet including diving. Please make sure you have a responsible individual taking admissions.
8. Each Conference will receive 30 "All-Conference" plaques. It will be up to each meet committee to determine the selection of their All-Conference athletes. Names of those chosen will be submitted to the Sectional Coordinator at the Sectional Trials. Each school has the All-Conference plaques and it then becomes the responsibility of each coach to provide the appropriate names to their respective Athletic Director. Please make sure that each school within your league receives at least one All-Conference Plaque as all teams represented have at least one person deserving of this award. Typically, the All-Conference plaques are distributed to any winner of an event, including relay teams and then the top finishers overall throughout the championship.
9. Medals are the responsibility of the Section and are awarded to the first, second and third place finishers. A plaque will be presented to the winning team in each League.
10. A completed copy of the meet results in each League, including All-Conference selections, shall be forwarded to the Sectional Coordinator at the Sectional Trials.

Section One

Boys Swimming & Diving Booklet

2021-2022



SECTION ONE SWIMMING AND DIVING GUIDELINES (cont)

11. Additional Guidelines will be established by each meet Director. Meet Directors must furnish Guidelines 3 weeks prior to the meet date to all Teams. Copies of additional guidelines will be given to the Swimming Coordinator prior to the Conference Championship Meet as well as mailed information to the coaches / teams in your Division.
12. Teams of one may participate in conference championships with Athletic Director's approval and notification to the Sectional Coordinator.

PROTEST PROCEDURES

1. Protests on judgment calls are not allowed! Only misapplication of the rules can be protested.
2. The head coach is the only person authorized to lodge a protest. (An assistant may assume the responsibility in the event the head coach is not available.)
3. Protests must be made to the Meet Referee within 1 event of the situation and recorded on the score sheet. Opposing Coach must be notified immediately.
4. All official protests **on the application of the rules** must be made in writing, from the HEAD COACH only, to the Section One Coordinator and AD, by 12 midnight of the day of the meet.
5. The Section One Coordinator and AD shall acknowledge receipt of a properly filed protest to both coaches and their AD's and will inform the Director of Interscholastic Athletics in a timely manner.
6. The protest committee shall review the circumstances and rule on the protest. Only the meet officials, AD's and head coaches, can be called to address the committee. *Five Members of the protest committee (with 2 alternates) will be chosen from the respective Sports Committees, at the joint meeting in September, each year.*
7. A written decision (to the coaches and AD's from both schools) will come from the AD and Sectional Coordinator within 48 hours of acknowledging the protest.
8. There will be no appeal of the protest committees' ruling. Their decision shall be final.

SECTION ONE SWIMMING & DIVING

Diving-Group of the Week

Consult www.SportYou.com or www.section1swim.com website for specific group of the week

First dive shall be the voluntary dive from the required group Maximum Degree of Difficulty will be 1.8

Divisional championship required Group Number is 100

Sectional Diving Qualifying Score is 180 PTS

Section One
Boys Swimming & Diving Booklet
2021-2022



LEAGUE ALIGNMENT

**Cross Conference
2021-2022**

LEAGUE A

Ardsley/Hastings/Edgemont/Irvington
B'Cliff/Byram Hills/P'Ville/Valhalla/Westlake
Clarkstown
Fox Lane/Brewster/John Jay/No. Salem
Horace Greeley
Lakeland/Panas/Put Valley
New Rochelle / Bronxville
Scarsdale
Suffern
White Plains

LEAGUE B

Arlington
Blind Brook/Rye/Rye Neck
Croton/Hen Hud/Peeckskill
Mamaroneck
North Rockland
Ossining
Tappan Zee
Wappingers
Yorktown/Somers

LEAGUE C

Eastchester
Harrison
Mt. Vernon
Nyack
OLL
Pelham
Port Chester
Poughkeepsie
Woodlands
Yonkers Schools

Section One
Boys Swimming & Diving Booklet
2021-2022



Individual Sport Verification

Due: JANUARY 30, 2022
submit to Section 1 Chair via email:
camelot93@optonline.net

Please verify below that each person listed on this roster has met the 6 contest minimum this sports season. *This form must be submitted to the Sports Chair prior to the seeding meeting.

School _____

Sport _____

Coach _____
(Name, Email, Cell)

Athletes Names

Athletes Names

1. _____

11. _____

2. _____

12. _____

3. _____

13. _____

4. _____

14. _____

5. _____

15. _____

6. _____

16. _____

7. _____

17. _____

8. _____

18. _____

9. _____

19. _____

10. _____

20. _____

Each athlete has participated in at least 6 contests during the regular season, which meets the NYSPHSAA minimum number of contests required.

Coach's Signature/Date

Athletic Director Signature/Date

Section One
Boys Swimming & Diving Booklet
2021-2022



TEAM OF ONE VERIFICATION FORM

SWIMMER/DIVERS NAME: _____

SWIMMER/DIVERS SCHOOL: _____

SCHOOL BOARD APPOINTED COACH: _____

ATHLETIC DIRECTOR: _____

SCHOOL ADDRESS: _____

SCHOOL PHONE NUMBER: _____

DATE/SITE	EVENT/TIME	EVENT/TIME	REFEREE SIGNATURE

This form must be completed for six dual meet competitions throughout the regular season and turned in with the Athletic Directors signature. Once the form is completed with the Athletic Director's signature, it must be submitted to the Section One Sports Chair at the Sectional Seeding meeting. Without a completed form, postseason competition will not be permitted.

ATHLETIC DIRECTOR Signature: _____

Section One

Boys Swimming & Diving Booklet

2021-2022



Dive Order		NYSPHSAA Diving Championship										Place	
Name _____		School _____				Section _____							
	NO. of Dive	Description of the Dive	Pos	Degree of Diff	Judges Score							Judges Net Score	Total Score
					1	2	3	4	5	6	7		
P R E L I M S	1	Forward _____SS Back _____Twist Reverse _____ Inward _____											
	2	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
	3	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
	4	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
	5	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
S E M I S	6	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
	7	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
	8	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
F I N A L S	9	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
	10	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
	11	Forward _____SS Back _____Twist Reverse _____ Inward _____										+	
												Final Score	

Championship Diving Requirements (5 Voluntary/6 Optional)

The five voluntary Dives shall come from each of the five groups with their assigned dd and have a sum total of 9.0 or less.

The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through semi-finals.

All five groups must be represented in the first eight rounds.

Coach's Signature	Diver's Signature	Referee
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