

Gluten Free Menu January 2020

Daily Lunch Offerings

Sandwiches on Gluten Free Bread

- Tuna Salad
- Turkey & American Cheese Sandwich
- American Cheese Sandwich

Grab n Go Packs

- Cinnamon Raisin Toast w/ 2 Mozzarella String Cheese, Baby Carrots, Fruit, Milk

Side Salad

- Dark Leafy Greens

Assorted Fresh Fruit

or 100% Fruit Juice.

All Meals served with Milk: 1% White, Fat Free White, Fat Free Flavored. (All hormone and antibiotic free)

The Foods on This Menu are Available Only to Students with Documented Food Restrictions

6	<u>Gluten Free Chicken Patty On a GF Bun</u> Seasoned Corn Fresh Fruit Milk	7	<u>Gluten Free Turkey & Cheese Wrap</u> Seasoned Spinach Fresh Fruit Milk	8	<u>Gluten Free Grilled Cheese Sandwich</u> Baby Carrots Fresh Fruit Milk	9	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread Celery Sticks Fresh Fruit Milk	10	<u>Gluten Free Pizza Margherita</u> Grilled Garbanzos Fruit Milk
13	<u>Gluten Free Chicken Patty On a GF Bun</u> Seasoned Corn Fresh Fruit Milk	14	<u>Gluten Free Turkey & Cheese Wrap</u> Seasoned Spinach Fresh Fruit Milk	15	<u>Gluten Free Grilled Cheese Sandwich</u> Baby Carrots Fresh Fruit Milk	16	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread Celery Sticks Fresh Fruit Milk	17	<u>Gluten Free Pizza Margherita</u> Grilled Garbanzos Fruit Milk
20	ML King Jr. Day No School	21	<u>Gluten Free Turkey & Cheese Wrap</u> Seasoned Spinach Fresh Fruit Milk	22	<u>Gluten Free Grilled Cheese Sandwich</u> Baby Carrots Fresh Fruit Milk	23	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread Celery Sticks Fresh Fruit Milk	24	<u>Gluten Free Pizza Margherita</u> Grilled Garbanzos Fruit Milk
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