



BREAKFAST

JUNE 2021

Child Nutrition Pre K

BIC MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Yogurt 4 oz.
with Granola **1**
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

French Toast Sticks **2**
w/Maple Syrup
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted **3**
Muffin Loaves
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted Low Sugar **4**
Cereal w/Cheese Stick
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted **7**
Muffin Loaves
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Warm Pancakes **8**
w/Maple Syrup
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Egg & Melted **9**
Cheese Sandwich
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Yogurt 4 oz.
with Granola **10**
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted Low Sugar **11**
Cereal w/Cheese Stick
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Yogurt 4 oz.
with Granola **14**
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

French Toast Sticks **15**
w/Maple Syrup
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Egg & Melted **17**
Cheese Sandwich
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted **18**
Muffin Loaves
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted Low Sugar **19**
Cereal w/Cheese Stick
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted **21**
Muffin Loaves
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Warm Pancakes **22**
w/Maple Syrup
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Egg & Melted **23**
Cheese Sandwich
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Yogurt 4 oz.
with Granola **24**
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted Low Sugar **25**
Cereal w/Cheese Stick
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Yogurt 4 oz.
with Granola **28**
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

French Toast Sticks **29**
w/Maple Syrup
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Egg & Melted **30**
Cheese Sandwich
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk



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