



Mahopac Elementary Schools-June 2022



This year, there is such a thing as
FREE LUNCH
FOR ALL STUDENTS #eatwellk12



1 BREAKFAST FOR LUNCH

WG French Toast
Sticks/Syrup
Chicken Sausage
Steamed Zucchini
Peach Cup

2 Chicken Nachos W/
WG Tostito Scoops
Brown Rice
Baked Beans
Mixed Berry Cup

3 WG- Cheese
OR
BBQ Chicken
Pizza
Steamed Broccoli
Sliced Pineapple

8 WG- Cheese
OR Pepperoni **
Pizza
Steamed Broccoli
Sliced Cantaloupe

9 WG Chicken Tenders
Honey Mustard
Dipping Sauce
WG Dinner Roll
Sliced Cucumbers
Fresh Pear

10 Hamburger/
Cheeseburger-
WG Bun
Baked Fries
Roasted Cauliflower
Mixed Berry Cup

15 BREAKFAST FOR LUNCH
WG French Toast
Sticks/Syrup
Chicken Sausage
Butternut Squash
Mixed Berry Cup

16 Turkey Nachos W/
WG Tostito Scoops
Brown Rice
Baked Beans
Red Pepper Strips
Fresh Orange

17 WG- Cheese
OR Pepperoni**
Pizza
Steamed Broccoli
Tomato Salad
Sliced Watermelon

6 MEATLESS MONDAY
WG Grilled Three
Cheese Sandwich
Sweet Corn
Fresh Orange

7 Beef Hot Dog
WG Bun
Sweet Potato Fries
Baked Beans
Strawberry Cup

13 MEATLESS MONDAY
Oven Baked WG-Pizza
Sticks
Marinara Dipping
Sauce
Green Beans
Peach Cup

14 Oven Baked
WG Chicken Nuggets
Tater Tots
WG Dinner Roll
Fresh Apple

20 CLOSED
Juneteenth

21 $\frac{1}{2}$ Day
No Lunch

22 $\frac{1}{2}$ Day
No Lunch

23 $\frac{1}{2}$ Day
No Lunch

24 $\frac{1}{2}$ Day
No Lunch



28 Enjoy
Summer!



More info...

Lunch Price is \$2.35 **FREE**, Adult meal \$5.02 +tax
If you have a food allergy, please speak to the
nurse or food server about it.
WG = Whole Grain ** = Pork Product

More info...

Available Daily. SANDWICHES all WG; Turkey&
Cheese, **Ham& Cheese, Sunflower butter & jelly.
Grilled chicken salad lunch W/ WG dinner roll.
Carrot sticks. Assorted fresh fruit, 100% fruit juice
Milk, 1%, Skim and FF Chocolate offered with
every meal