






Island Park Union Free School District				
FRANCIS X. HEGARTY ELEMENTARY SCHOOL				
APRIL 2024 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
	Chicken Nuggets (S,W) Carrots (-) Fresh Fruit/Fruit Cup	Turkey Taco (-) Tostitos (-) Vegetarian Beans (-) Shredded Cheese (M) Fresh Fruit/Fruit Cup	Brunch For Lunch French Toast Sticks (E,M,S,W,SM) Canadian Ham (-) Fries (S) Fresh Fruit/Fruit Cup	Pizza (M,S,W) Tossed Salad (-) Fresh Fruit/Fruit Cup
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
Chicken Tenders (S,W) Sweet Potato Fries (S) Fresh Fruit/Fruit Cup	Hamburger (s) on a Bun (S,W) Fiesta Bean Salad (S) Fresh Fruit/Fruit Cup	Mozzarella Sticks (M,W) Marinara Sauce (-) Green Beans (-) Fresh Fruit /Fruit Cup	Brunch For Lunch Egg Pattie (E,M,S) on a Roll (W) Sausage Pattie (-) Fries (S) Fresh Fruit/Fruit Cup	Pizza (M,S,W) Tossed Salad (-) Fresh Fruit/Fruit Cup
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
Oven Roasted Chicken (-) Sweet Potatoes (-) Bean Salad (S) Fresh Fruit/Fruit Cup	Mac & Cheese (M,W) Carrots (-) Fresh Fruit/Fruit Cup	Meatball (s,w) Hero (w) Broccoli (-) Fresh Fruit/Fruit Cup	Brunch For Lunch Pancakes (E,M,S,W) Sausage Pattie (-) Fries (S) Fresh Fruit/Fruit Cup	Pizza (M,S,W) Tossed Salad (-) Fresh Fruit/Fruit Cup
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
				
29-Apr	30-Apr			
				
BREAKFAST AND LUNCH ARE FREE				
ALL MEALS SERVED WITH A CHOICE OF 1% LOWFAT, FAT FREE OR FAT FREE CHOCOLATE MILK				
LUNCH PRICE - FREE		BREAKFAST PRICE - FREE		
A La Carte items available for purchase:		Water, Juice, Bagged Chips, Ice Cream		
A COMPLETE MEAL INCLUDES:				
Whole Grain Bread/Grain, Meat/Meat Alternative, Choice of Vegetable, Choice of Fruit, Choice of Milk A minimum of THREE components must be chosen, ONE must be a fruit or vegetable				
Sandwiches available DAILY - Turkey, PBJ, Cheese, Tuna Salad, Egg Salad Weekly rotating alternate choices - Ham, Bologna, Salami				
Menu Key references for specific Allergens: M-Milk, SF-Seafood, P-Peanut, E-Egg, T-Treenut, S-Soybean, F-Fish, W-Wheat,SM-Sesame				
Menu subject to change without notice		This institution is an equal opportunity provider and employer		