

# Pearl River High School

## JUNE 2021

### Lunch Includes:

3 of the 5 Components  
Choice of Fruit, Vegetable,  
Grain, Meat or Meat  
Alternate and Milk

### Milk Choice:

Skim, 1% or Fat Free  
Chocolate  
Hormone & Antibiotic Free

### Daily Options:

Made to Order Deli and  
Salads

### Pizza:

Cheese, Pepperoni, and  
Specialty Pies

### Also Available:

Spicy and Plain Chicken  
Patties, Burgers, Black Bean  
Burgers, Chicken Tenders

All School Meals Are Free to  
All Students Until 6/30/21

Gluten Free Meals are Available  
Only to Students with  
Documented Food Restrictions  
Please See Separate Gluten  
Free Menu



1

### Pulled Pork Sandwich

Corn  
Fresh Apple  
Choice of Milk

2

### Buffalo Chicken Wrap

Steamed Broccoli  
Apple Sauce  
Choice of Milk

3

### Philly Cheese Steak

Baked Veggie Beans  
Fresh Orange  
Choice of Milk

4

### Chicken Quesadilla

Roasted Carrots  
Fruit Juice  
Choice of Milk

7

### Buffalo Chicken Fingers

WG Breadstick  
Steamed Broccoli  
Apple Slices  
Choice of Milk

8

### B.L.T Sandwich

Steamed Green Bean  
Fresh Apple  
Choice of Milk

9

### Popcorn Chicken Bowl

Mashed Potatoes  
And Corn  
Fruit Cup in Juice  
Choice of Milk

10

### Beef Nachos

Salsa and Sour Cream  
Black Beans  
Apple Slices  
Choice of Milk

12

### Corn Dog

Steamed Carrots  
Fruit Cup  
Choice of Milk

14

### Grilled Cheese

Tomato Soup  
Steamed Broccoli  
Fruit Cup in Juice  
Choice of Milk

15

### Breakfast for Lunch French Toast Sticks

Sausage Patty  
Tater Tots  
Fruit Cup  
Choice of Milk

16

### Bacon Cheeseburger

Veggie Baked Beans  
Fresh Apple  
Choice of Milk

17

### Potato Pierogis

A Potato Filled Dumpling  
With Grilled Onions  
Seasoned Carrots  
Fruit Juice  
Choice of Milk

18

### Grilled Chicken Sandwich

Steamed Green Beans  
Fresh Orange  
Choice of Milk

21

### Popcorn Chicken

WG Dinner Roll  
Steamed Broccoli  
Apple Slices  
Choice of Milk

22

### Mexican Beef Bowl

Black Beans and Rice  
Fruit Juice  
Choice of Milk

23

### Early Dismissal

No Lunches Served

24

### Early Dismissal

No Lunches Served

25

### Early Dismissal

No Lunches Served

Please Practice Social  
Distancing  
Masks are Required in  
Food Service Areas