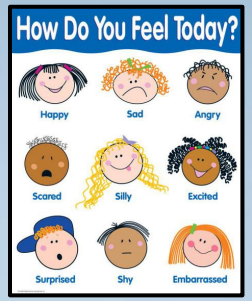
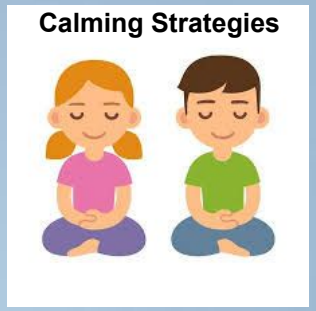

I CAN MAKE FRIENDS
A SOCIAL NARRATIVE


Helping Hands


How Do You Feel Today?
Happy
Sad
Angry
Scared
Silly
Excited
Surprised
Shy
Embarrassed


Think About It


Calming Strategies


Preschool
Choice Boards
Fine Motor
Pre-writing
Sensory


CALM
MY FRIENDS
MIS AMIGOS
THE ANGRY DRAGON
MICHAEL GORDON
MARGARET AND MARGARITA
MARGARITA Y MARGARET
by LYNN REISER

Friendship Skills/Habilidades de Amistad

Elmo and Rosita Teach Friendship Skills



Helping Hands/Manos que ayudan

Friend in Need Deeds

This is a great way to teach children about the value of helping those less fortunate than them. While spring cleaning, ask each child to find at least two toys they want to give away to someone they know that doesn't have much. Not only does this cut down on clutter, but your family will be doing a wonderful thing by helping others.



Amigo necesitado

Esta es una excelente manera de enseñar a los niños sobre el valor de ayudar a los menos afortunados que ellos. Durante la limpieza de primavera, pida a cada niño que encuentre al menos dos juguetes que quieran regalar a alguien que conozcan que no tenga mucho. Esto no solo reduce el desorden, sino que su familia hará algo maravilloso al ayudar a los demás.

Feelings/Sentimientos





Think about it.../Piénsalo

Click on the story and share with your child



Click here for tips on how to help your child adapt to and practice wearing a mask.

Haga clic en la portada del cuento para leerlo con su hijo(a)

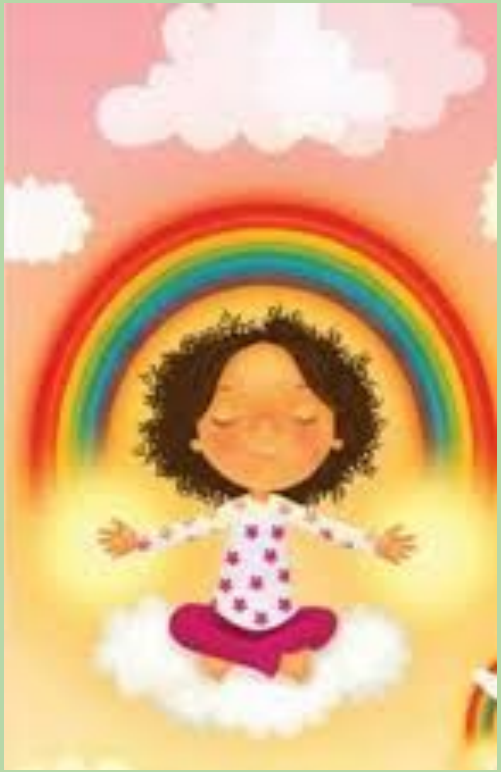


Haga clic aquí para obtener consejos sobre cómo ayudar a su hijo(a) adaptarse y practicar el use de una máscara.

Calming Strategy/Estrategia de Calma

Rainbow Breathing

Video Demonstration



Respiración de Arcoiris

Video