5th Grade - November/December Lesson Focus:

Caring for our Community

CASEL Alignment: Social-Awareness Topic: Giving back

For the month of November, consider creating a regular Gratitude Challenge in your classroom or school.

Ideas: Thankful Thursdays, Gratitude BINGO, Thank you letters, etc.

Lesson Topic	Lesson Objective	Related Literature	Common Language	Practice / Activities	Other Ideas
1. Perspective Taking	Students will look at or understand a concept from an alternate point of view	Tale of Two Beasts The True Story of the 3 Little Pigs THE TRUE STORY OF THE 3 LITTLE PIGS! AS TOLD TO JOHN SCHEETA ALLOSTRAYED BY LAME BANTH	Perspective - a particular attitude toward or way of regarding something; a point of view	Discussion: If even our eyes/brains see things differently, can we interpret situations differently? Role play - Here are some scenarios to use to explore perspective. Consider allowing students to create their own.	NASA activity - "Matter of Perspective" *Note - It is likely you don't have time to complete this entire lesson. Skip ahead to the images on pages 8-21. Work as a whole group or small groups to discover the real images. Video: Taking Turns Speaking and

					Listening
2. Showing Compassion for Others	Treat each other with courtesy and kindness	Don't Say a Word, Mama Don'T SAY A WORD, Manual Ma	Compassion - a feeling of wanting to help someone who is sick, hungry, in trouble, etc. Courtesy - politeness, respect, and consideration for others	Design a T-chart. Step 1: On one side, make a list of all of the people in your life who help you. On the other side, list all the people you know that might need help. Step 2: Make your chart actionable. Place a check mark by each person on the left who you have said "thank you" to. Write a note or make a plan to say thanks to anyone without a checkmark. On the right side of your chart, brainstorm a realistic way you can help someone in need. Brainstorm with your teacher/friends.	
3. Understanding and Expressing Gratitude	Identify reasons to be grateful and ways to appropriately show gratitude.	Read and discuss: <u>Last Stop on Market</u> <u>Street</u>	Gratitude - a feeling of appreciation or thanks	Kid President's 25 Reasons to be Thankful! Work as a class or in small groups to	Choose a way to incorporate daily gratitude in your daily meet-ups through the year.

		LAST STOP ON MARKET STREET		brainstorm what you are grateful for in your school environment. Take action: How can you express gratitude to a person at your school who helps make your environment positive, healthy, or safe? Make a plan and follow-through.	
4. Giving Back	Students will begin to understand that giving to others not only benefits them, but also themselves. Students will begin to understand that there are many ways to give back to others.	Read and discuss: The Giving Tree (selfless nature of giving) Silver Packages (holiday spirit of giving)	Generosity - the quality of being kind, understanding, and not selfish	Discuss ways that students have felt the generosity of others (what others have done for them). How did it make them feel? Then brainstorm and list ways that students can show generosity to their families, friends, and classmates. Have students choose one or two things they are willing to try in the next week or so. At the end of the time period, have students share what they did to show generosity to others and how that made them feel. How did the other person feel?	Students could keep a "gratitude journal" of what's been done for them and what they've done for others and how both made them feel.

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