

Monday

Tuesday

Wednesday

Thursday

Friday

Grilled Cheese Sandwich
Steamed Carrots, $\frac{1}{2}$ cup
French Fries, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

Penne Pasta with
Beef Meatballs
Marinara Sauce 2oz
Green Beans, $\frac{3}{4}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

Breaded
Chicken Smackers
with Brown Rice
Steamed Broccoli, $\frac{3}{4}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

Cheese Pizza
Steamed Spinach, $\frac{1}{2}$ cup
Chickpea Salad, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

Breaded Chicken Pieces
WG Breadstick
Brown Rice $\frac{1}{2}$ cup
Kidney Beans, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

[Beef Cheeseburger on Bun
Celery Sticks, $\frac{1}{2}$ cup
Potato Wedges $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

Baked Macaroni
& Cheese
Carrot Coins, $\frac{1}{2}$ cup
Steamed Broccoli, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

Tacos on
a Soft Tortilla Shell
Shredded Lettuce
Green Pepper Strips, $\frac{1}{2}$ cup
Sweet Potato Fries, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

Sicilian Pizza
Steamed Zucchini, $\frac{3}{4}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

Brunch for Lunch
Egg & Cheese on a
WG English Muffin
Hash Browns $\frac{1}{2}$ cup
Green Pepper Strips, $\frac{1}{2}$ cup
Assorted Fruit, $\frac{1}{2}$ cup
Choice of Milk

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